

TABLE TENNIS II

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| 1 | Course Title: | TABLE TENNIS II | |
| 2 | Course Code: | BED3136 | |
| 3 | Type of Course: | Optional | |
| 4 | Level of Course: | First Cycle | |
| 5 | Year of Study: | 1 | |
| 6 | Semester: | 2 | |
| 7 | ECTS Credits Allocated: | 2.00 | |
| 8 | Theoretical (hour/week): | 2.00 | |
| 9 | Practice (hour/week): | 0.00 | |
| 10 | Laboratory (hour/week): | 0 | |
| 11 | Prerequisites: | | |
| 12 | Language: | Turkish | |
| 13 | Mode of Delivery: | Face to face | |
| 14 | Course Coordinator: | Öğr.Gör. FARUK KORKMAZ | |
| 15 | Course Lecturers: | | |
| 16 | Contact information of the Course Coordinator: | FARUK KORKMAZ korkmaz@uludag.edu.tr | |
| 17 | Website: | | |
| 18 | Objective of the Course: | | |
| 19 | Contribution of the Course to Professional Development: | | |
| 20 | Learning Outcomes: | | |
| | | 1 | To Learn the rules of table tennis game |
| | | 2 | Table Tennis war up tecnic |
| | | 3 | To learn the steps to shift For new table tennis racket grip, ball familiarization, basic postures and be able to learn the steps to shift |
| | | 4 | To learn Forhand and backhand straight shots |
| | | 5 | To learn strokes Fh. and Bh. cut from the bottom (Backspin) |
| | | 6 | To learn Bh Fh and side kicks (Sidespin) |
| | | 7 | To learn Kick the ball from the top (topspin) |
| | | 8 | To learn Blocks and Bh to Fh |
| | | 9 | To prepare Match fixtures |
| | | 10 | Learning to Match |
| 21 | Course Content: | | |
| | | Course Content: | |
| Week | Theoretical | Practice | |
| 1 | History of table tennis, knowledge of materials, racket holding positions and studies of ball susceptibility. | | |
| 2 | Rules of table tennis game, learning of forhand straight services and forhand straight kicks. | | |

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| 3 | Rules of table tennis game, learning of backhand straight services and backhand straight kicks. | |
| 4 | Strengthening of straight services with forhand and backhand, practice of mutual play. | |
| 5 | Leraning of forhand backspine service techniques and learning of return that services . | |
| 6 | Leraning of forhand backspine service techniques and learning of return that services . | |
| 7 | Mutual play with stright kick with backhand, forhand and backspine kicks. | |
| 8 | Learning of return backspine ball with forhand and backhand. | |
| 9 | Learning of return backspine ball with forhand and backhand. | |
| 10 | Learning of competition regulation , learning technic of side service. | |
| 11 | Learning technic of sidespine service and retuned that service. | |
| 12 | Learning of competition rules, review the match schedules. | |
| 13 | Construction of schedule. | |
| 14 | Organization of match in class. | |

| Activites | Number | Duration (hour) | Total Work Load (hour) |
|---------------------------------|---------------|-----------------|------------------------|
| Assesment | | | |
| Theoretical | | | |
| TERM LEARNING ACTIVITIES | NUMBRE | WEIGHT | |
| Practicals/Labs | | | |
| Self study and preparation | | | |
| Homeworks | | | |
| Project-work-project | | | |
| Field Studies | | | |
| Mid term exams | | | |
| Others | | | |
| Success Grade | | | |
| Final Exams | | | |
| Total Work Load | | | |
| Total work load/ 30 hr | | | |
| ECTS Credit of the Course | | | 2.00 |
| Course | | | |

24 ECTS / WORK LOAD TABLE

| 25 | CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS | | | | | | | | | | | | | | | |
|---|---|-----|-----|--------------|-----|-----|-----------------|-----|-----|---------------|------|------|--------------------|------|------|------|
| | PQ1 | PQ2 | PQ3 | PQ4 | PQ5 | PQ6 | PQ7 | PQ8 | PQ9 | PQ10 | PQ11 | PQ12 | PQ13 | PQ14 | PQ15 | PQ16 |
| LO: Learning Objectives PQ: Program Qualifications | | | | | | | | | | | | | | | | |
| Contrib ution Level: | 1 very low | | | 2 low | | | 3 Medium | | | 4 High | | | 5 Very High | | | |