

TABLE TENNIS II

1	Course Title:	TABLE TENNIS II
2	Course Code:	BED3136
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	1
6	Semester:	2
7	ECTS Credits Allocated:	2.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	0.00
10	Laboratory (hour/week):	0
11	Prerequisites:	
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Öğr.Gör. FARUK KORKMAZ
15	Course Lecturers:	
16	Contact information of the Course Coordinator:	FARUK KORKMAZ korkmaz@uludag.edu.tr
17	Website:	
18	Objective of the Course:	
19	Contribution of the Course to Professional Development:	
20	Learning Outcomes:	
	1	To Learn the rules of table tennis game
	2	Table Tennis warm up technique
	3	To learn the steps to shift For new table tennis racket grip, ball familiarization, basic postures and be able to learn the steps to shift
	4	To learn Forehand and backhand straight shots
	5	To learn strokes Fh. and Bh. cut from the bottom (Backspin)
	6	To learn Bh Fh and side kicks (Sidespin)
	7	To learn Kick the ball from the top (topspin)
	8	To learn Blocks and Bh to Fh
	9	To prepare Match fixtures
	10	Learning to Match
21	Course Content:	
	Course Content:	
Week	Theoretical	Practice
1	History of table tennis, knowledge of materials, racket holding positions and studies of ball susceptibility.	
2	Rules of table tennis game, learning of forehand straight services and forehand straight kicks.	

3	Rules of table tennis game, learning of backhand straight services and backhand straight kicks.	
4	Strengthening of straight services with forhand and backhand, practice of mutual play.	
5	Leraning of forhand backspine service techniques and learning of return that services .	
6	Leraning of forhand backspine service techniques and learning of return that services .	
7	Mutual play with stright kick with backhand, forhand and backspine kicks.	
8	Learning of return backspine ball with forhand and backhand.	
9	Learning of return backspine ball with forhand and backhand.	
10	Learning of competition regulation , learning technic of side service.	
11	Learning technic of sidespine service and retuned that service.	
12	Learning of competition rules, review the match schedules.	
13	Construction of schedule.	
14	Organization of match in class.	

Activites	Number	Duration (hour)	Total Work Load (hour)
23 Assessment			
Theoretical			
TERM LEARNING ACTIVITIES	NUMBER	WEIGHT	
Practicals/Labs			
Self study and preparation			
Homeworks			
Project work-project			
Field Studies			
Mid term exams			
Others			
Success Grade			
Final Exams			
Total Work Load			
Total work load/ 30 hr			
ECTS Credit of the Course			2.00
Course			

24	ECTS / WORK LOAD TABLE
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25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
LO: Learning Objectives PQ: Program Qualifications																
Contrib ution Level:	1 very low		2 low		3 Medium		4 High		5 Very High							