

LIFE SPAN DEVELOPMENT AND ADJUSTMENT

1	Course Title:	LIFE SPAN DEVELOPMENT AND ADJUSTMENT	
2	Course Code:	RPD2004	
3	Type of Course:	Compulsory	
4	Level of Course:	First Cycle	
5	Year of Study:	2	
6	Semester:	4	
7	ECTS Credits Allocated:	2.00	
8	Theoretical (hour/week):	2.00	
9	Practice (hour/week):	0.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:	None	
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Doç. Dr. RAHŞAN SİVİŞ ÇETİNKAYA	
15	Course Lecturers:		
16	Contact information of the Course Coordinator:		
17	Website:		
18	Objective of the Course:	Teaching prospective counselors about developmental theories of young adulthood, middle ages and older years.	
19	Contribution of the Course to Professional Development:		
20	Learning Outcomes:		
		1	Knowing about developmental problems at different adulthood stages
		2	Making effective referrals
		3	Knowing theories and following literature related to adult development
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21	Course Content:		
		Course Content:	
Week	Theoretical	Practice	
1	Course introduction		
2	Life span development and stages of adult development.		
3	Theories of adulthood: Levinsonian Theory, Bühler, Jung, Erikson. Levinson'ın Yaşam Yapısı Kuramı		
4	Young adulthood and maturation		

5	Class discussion on Benjamin Button	
6	Young adulthood (physical and cognitive development)	
7	Young adulthood (Social development)	
8	Review	
9	Middle ages (Physical and cognitive development)	
10	Middle ages (Social development)	
11	Older years of life (physical and cognitive development)	
12	Theories of aging, biopsychosocial risks	
13	Retirement	
14	Course evaluation	

22	Textbooks, References and/or Other Materials:	Bekir Onur (2006). Gelişim Psikolojisi-Yetişkinlik, Yaşlılık, 7. Baskı. İmge Kitabevi.
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23	Assesment	
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TERM LEARNING ACTIVITIES	NUMBER	WEIGHT
Midterm Exam	1	35.00
Quiz	0	0.00
Home work-project	14	15.00
Final Exam	1	50.00

Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical	14	3.00	42.00
Contribution of Final Exam to Success Grade	50.00		
Practicals/Labs	0	0.00	0.00
Total	100.00		
Self study and preperation	15	2.00	30.00
Homeworks	14	3.00	42.00
Projects	0	0.00	0.00

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24 ECTS / WORK LOAD TABLE			
Field Studies	0	0.00	0.00
Midterm exams	1	3.00	3.00
Others	0	0.00	0.00
Final Exams	1	3.00	3.00
Total Work Load			120.00
Total work load/ 30 hr			4.00
ECTS Credit of the Course			2.00

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	0	0	0	0	0	0	0	0	0	0	5	0	0	0	0	0
ÖK2	0	0	0	0	0	0	0	0	0	0	5	0	0	0	0	0
ÖK3	0	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0

LO: Learning Objectives PQ: Program Qualifications

Contribution Level:	1 very low	2 low	3 Medium	4 High	5 Very High
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