PERSONAL DEVELOPMENT									
1	Course Title:	PERSONAL DEVELOPMENT							
2	Course Code:	ÇCKS224							
3	Type of Course:	Optional							
4	Level of Course:	Short Cycle							
5	Year of Study:	2							
6	Semester:	4							
7	ECTS Credits Allocated:	3.00							
8	Theoretical (hour/week):	2.00							
9	Practice (hour/week):	0.00							
10	Laboratory (hour/week):	0							
11	Prerequisites:								
12	Language:	Turkish							
13	Mode of Delivery:	Face to f	face						
14	Course Coordinator:	Öğr.Gör.	EMRE BOZDEMİR						
15	Course Lecturers:								
16	Contact information of the Course	Öğr. Gör. Emre BOZDEMİR							
	Coordinator:	0224 294 26 65 - 61734							
17	Website:	bozdemre@uludag.edu.tr							
18	Objective of the Course:								
		This course aims to contribute to personal and professional development by providing students with a better understanding of what they are and what they are, their development, the factors and issues that affect them, and their obstacles.							
19	Contribution of the Course to Professional Development:								
20	Learning Outcomes:								
		1	To understand the concept of personality and self and its development						
		2	To understand self-theories						
		3	Understanding their own characteristics and needs						
			Be able to bring creativity to professional practice						
		5 6							
		7							
		8							
		9							
		10							
21	Course Content:								
		Co	ourse Content:						
Week	Theoretical		Practice						
1	Definition and scope of personality a	and self							

2	Features	s of co	mpatik	ole pe	rson												
3	Solf room	Colf recognition					Τ										
4		elf-recognition actors affecting personal development															
5		Cognitive development and creativity															
6		Factors that inhibit creativity															
7																	
8	creavity	creavity thinging															
9	critical th	hinking															
10	Reflectiv																
11	Persona	Personal training and methods															
12	Emotional intelligence and personal development																
13	Presentation of original products and discussion																
14																	
22	Textbooks, References and/or Other Materials:																
23	Assesm																
Activit	ctivites							Number			Dura	Duration (hour)			Total Work Load (hour)		
P Heore	Zoretical 0 (0.	99			2.00	2.00			28.00	
Practic	ticals/Labs								0		0.00	0.00		0.00			
	Transformation 0 6							6	ა <mark>ი</mark> 00			0.00				0.00	
	neworks								0			0.00				0.00	
Succes	oss Grado							4	4 0 400			15.00				60.00	
	Studies Induition of Final Exam to Success Grade								0 0000			_	0.00 20.00			0.00	
Others									0							0.00	
	s The ment and Evaluation Techniques Used in the							ne	0		50.00			0.00			
Total W	Work Load															88.00	
Total w	ork load/ 30 hr							-				-			2.93		
ECTS (Credit of the Course													3.00			
25	5 CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS																
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ	8 PQ9	PQ1 0	PQ11	PQ12	PQ1 3	PQ14	PQ15	PQ16	
ÖK1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
ÖK2	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
ÖK3	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
ÖK4	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
		ı	LO: L	earr	ning C	bjec	tive	s	PQ: P	rogra	ım Qu	alifica	tions	5			
					-	-				-							

Contrib ution	1 very low	2 low	3 Medium	4 High	5 Very High
Level:					