

## PERSONAL DEVELOPMENT

1	Course Title:	PERSONAL DEVELOPMENT	
2	Course Code:	ÇCKS224	
3	Type of Course:	Optional	
4	Level of Course:	Short Cycle	
5	Year of Study:	2	
6	Semester:	4	
7	ECTS Credits Allocated:	3.00	
8	Theoretical (hour/week):	2.00	
9	Practice (hour/week):	0.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:		
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Öğr.Gör. EMRE BOZDEMİR	
15	Course Lecturers:		
16	Contact information of the Course Coordinator:	Öğr. Gör. Emre BOZDEMİR 0224 294 26 65 - 61734 bozdemre@uludag.edu.tr	
17	Website:		
18	Objective of the Course:	This course aims to contribute to personal and professional development by providing students with a better understanding of what they are and what they are, their development, the factors and issues that affect them, and their obstacles.	
19	Contribution of the Course to Professional Development:		
20	Learning Outcomes:		
		1	To understand the concept of personality and self and its development
		2	To understand self-theories
		3	Understanding their own characteristics and needs
		4	Be able to bring creativity to professional practice
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21	Course Content:		
		<b>Course Content:</b>	
Week	Theoretical	Practice	
1	Definition and scope of personality and self		



<b>Contribution Level:</b>	<b>1 very low</b>	<b>2 low</b>	<b>3 Medium</b>	<b>4 High</b>	<b>5 Very High</b>
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