

# FUNDAMENTALS OF NURSING

<b>1</b>	Course Title:	FUNDAMENTALS OF NURSING
<b>2</b>	Course Code:	HEM1002
<b>3</b>	Type of Course:	Compulsory
<b>4</b>	Level of Course:	First Cycle
<b>5</b>	Year of Study:	1
<b>6</b>	Semester:	2
<b>7</b>	ECTS Credits Allocated:	13.00
<b>8</b>	Theoretical (hour/week):	5.00
<b>9</b>	Practice (hour/week):	8.00
<b>10</b>	Laboratory (hour/week):	4
<b>11</b>	Prerequisites:	None
<b>12</b>	Language:	Turkish
<b>13</b>	Mode of Delivery:	Face to face
<b>14</b>	Course Coordinator:	Öğr. Gör. Dr. DİLEK YILMAZ
<b>15</b>	Course Lecturers:	Öğr. Gör. Dr. Aylin PALLOŞ Öğr. Gör. Dr. Hava GÖKDERE ÇINAR
<b>16</b>	Contact information of the Course Coordinator:	Öğr. Gör. Dr. Dilek YILMAZ Bursa Uludağ Üniversitesi, Sağlık Bilimleri Fakültesi, Hemşirelik Esasları AD, Görükle Kampüsü, Nilüfer/Bursa e-mail: dilekk@uludag.edu.tr Telefon: 0224 294 24 54
<b>17</b>	Website:	
<b>18</b>	Objective of the Course:	According to requirements of the country; to teach basic concepts and principles related to the healthy /unhealthy individual's care and to gain knowledge and skills about improving health of individual / family / society, diagnosing health problems, planning appropriate nursing intervention, implementing of nursing intervention and evaluating of nursing intervention.
<b>19</b>	Contribution of the Course to Professional Development:	
<b>20</b>	Learning Outcomes:	
	<b>1</b>	To have knowledge of basic concept of profession and to establish the relationship between nursing, environment, health / disease and human concepts
	<b>2</b>	To have ability to apply the nursing process on healthy / patient care effectively
	<b>3</b>	To have ability of applying the techniques of medical and surgical asepsis and implementing nursing interventions in order to prevent infections
	<b>4</b>	To have ability of recognizing patient's hygiene requirements, and meeting care requirements of the individual by taking into consideration hygienic habits
	<b>5</b>	To help patient mobilise by using the principles of body mechanics correctly
	<b>6</b>	To have ability measuring vital signs correctly, and to apply appropriate nursing care when the findings are abnormal
	<b>7</b>	To have ability to determine problems about activities of living, and to have ability about planning and implementing nursing interventions, and evaluating the results of nursing care related to these problems
	<b>8</b>	To have ability giving oral, local ve parenteral drugs

	<b>9</b>	To have ability of meeting enteral and parenteral nutrition requirements of the individual
	<b>10</b>	To have ability of giving health care to the person approaching death and giving health care to the individual / family after death
<b>21</b>	Course Content:	
	<b>Course Content:</b>	
<b>Week</b>	<b>Theoretical</b>	<b>Practice</b>
<b>1</b>	Nursing process	
<b>2</b>	Activity of communication	
<b>3</b>	Activity of maintaining a safe environment (Elements of safe environment, admission and discharge of patients, perioperative patient care, basic principles of medical and surgical asepsis of nursing practices)	
<b>4</b>	Activity of maintaining a safe environment (applying oral, local ve parenteral drugs)	
<b>5</b>	Activity of mobilising (body mechanics and movement principles, appropriate lying position)	
<b>6</b>	Activity of personal cleansing and dressing (maintenance of skin integrity, pressure sore prevention and care, bath types)	
<b>7</b>	Activity of breathing (nursing interventions to assist in maintaining the activity of breathing)	
<b>8</b>	Activity of controlling body temperature (vital signs, hot and cold applications)	
<b>9</b>	Activity of nutrition (enteral and parenteral nutrition)	
<b>10</b>	Activity of eliminating (bowel elimination, fluid monitoring, urinary elimination)	
<b>11</b>	Activity of expressing sexuality	
<b>12</b>	Activity of working and playing	
<b>13</b>	Activity of sleeping	
<b>14</b>	Activity of dying	

22	Textbooks, References and/or Other Materials:	<ul style="list-style-type: none"> <li>• Atabek Aştı T, Karadağ A (Ed). Hemşirelik Esasları Hemşirelik Bilimi ve Sanatı. Akademi Basın ve Yayıncılık, İstanbul, 2012.</li> <li>• Atabek Aştı T, Karadağ A (Ed). Klinik Uygulama Becerileri ve Yöntemleri. Nobel Tıp Kitabevleri, Adana, 2011.</li> <li>• Dikmen Y, Korhan EA.(ed). Hemşirelik Esasları Klinik Uygulama Rehberleri. Akademisyen Kitabevi. 2016.</li> <li>• Sabuncu N ve ark. Hemşirelik Esasları- Temel Beceriler Rehberi. İstanbul Medikal Yayıncılık, 2015.</li> <li>• Sabuncu N, Ay F (Ed). Klinik Beceriler, Sağlığın Değerlendirilmesi, Hasta Bakım ve Takibi. Nobel Tıp Kitabevleri, İstanbul, 2010.</li> <li>• Perry AG, Potter PA. Fundamentals of Nursing, 7th Edition, Mosby, 2009.</li> <li>• Babadağ K, Atabek Aştı T. (Ed). Hemşirelik Esasları Uygulama Rehberi, İstanbul Medikal Yayıncılık, İstanbul, 2008.</li> <li>• Carpenito-Moyet LJ. Handbook of Nursing Diagnosis, 11th Edition, Lippincott Williams &amp; Wilkins, 2005.</li> <li>• Nettina SM. Lippincott Manual of Nursing Practice, 8th edition, Lippincott Williams &amp; Wilkins, 2005.</li> <li>• Ackley BJ, Ladwig GB. Nursing Diagnosis Handbook: A Guide to Planning Care, 7th Edition, Mosby, 2005.</li> <li>• Ochs G. Study Guide &amp; Skills Performance Checklists to accompany Fundamentals of Nursing, 6th Edition, Mosby, 2004.</li> <li>• White L. Foundations of Basic Nursing, 2 Edition, Thomson Delmar Learning, 2004.</li> <li>• Kozier B, Erb G, Berman AJ, Snyder S, Berman A. Fundamentals of Nursing: Concepts, Process, and Practice, 7th Edition, Prentice Hall, 2003.</li> <li>• Johnson M, Bulechek G, Dochterman JM, Maas M, Moorhead S. Nursing Diagnoses, Outcomes, and Interventions: NANDA, NOC and NIC Linkages, 1st edition, C.V. Mosby, 2001.</li> <li>• Taylor C, Lillis, C, Le Mone P. Fundamentals of Nursing The Art &amp; Science of Nursing Care. Lippincott Co., Philadelphia, 2001.</li> <li>• Timby BK. Fundamental Skills and Concept in Patient Care. 7th Edition, Lippincott Co., Philadelphia, 2001.</li> <li>• Craven RF, Hirnle CJ. Fundamentals of Nursing Human Health and Function. 3rd Edition, Lippincott Co., Philadelphia, 2000.</li> <li>• Roper N, Logan W, Thierney AJ. The Elements of Nursing. Churchill Livingstone, London, 1996.</li> </ul>
----	---	---

23	Assesment	
<b>TERM LEARNING ACTIVITIES</b>	<b>NUMBE R</b>	<b>WEIGHT</b>
Midterm Exam	2	30.00
Quiz	1	10.00
Home work-project	0	0.00
Final Exam	1	60.00
Total	4	100.00
Contribution of Term (Year) Learning Activities to Success Grade	40.00	
Contribution of Final Exam to Success Grade	60.00	
Total	100.00	
Measurement and Evaluation Techniques Used in the Course		
24	<b>ECTS / WORK LOAD TABLE</b>	

Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical	14	5.00	70.00
Practicals/Labs	14	12.00	168.00
Self study and preperation			
Homeworks			
Projects			
Field Studies			
Midterm exams	2		
Others			
Final Exams	1		
Total Work Load			
Total work load/ 30 hr			
ECTS Credit of the Course			13.00

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	5	4	0	0	3	0	0	0	0	0	0	0	0	0	0	0
ÖK2	0	4	0	5	4	0	0	0	0	0	0	0	0	0	0	0
ÖK3	5	0	5	0	0	4	0	5	4	0	0	0	0	0	0	0
ÖK4	5	0	5	0	0	4	0	5	4	0	0	0	0	0	0	0
ÖK5	5	0	5	0	0	4	0	5	4	0	0	0	0	0	0	0
ÖK6	5	0	5	0	0	4	0	5	4	0	0	0	0	0	0	0
ÖK7	5	0	5	0	0	4	0	5	4	0	0	0	0	0	0	0
ÖK8	5	0	5	0	0	4	0	5	4	0	0	0	0	0	0	0
ÖK9	5	0	5	0	0	4	0	5	4	0	0	0	0	0	0	0
ÖK10	5	0	5	0	0	4	0	5	0	0	0	0	0	0	0	0
<b>LO: Learning Objectives    PQ: Program Qualifications</b>																
<b>Contribution Level:</b>	<b>1 very low</b>			<b>2 low</b>			<b>3 Medium</b>			<b>4 High</b>			<b>5 Very High</b>			