

PERSONAL DEVELOPMENT

1	Course Title:	PERSONAL DEVELOPMENT	
2	Course Code:	ÇCKS224	
3	Type of Course:	Optional	
4	Level of Course:	Short Cycle	
5	Year of Study:	2	
6	Semester:	4	
7	ECTS Credits Allocated:	3.00	
8	Theoretical (hour/week):	2.00	
9	Practice (hour/week):	0.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:		
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Öğr.Gör. EMRE BOZDEMİR	
15	Course Lecturers:		
16	Contact information of the Course Coordinator:	Öğr. Gör. Emre BOZDEMİR 0224 294 26 65 - 61734 bozdemre@uludag.edu.tr	
17	Website:		
18	Objective of the Course:	This course aims to contribute to personal and professional development by providing students with a better understanding of what they are and what they are, their development, the factors and issues that affect them, and their obstacles.	
19	Contribution of the Course to Professional Development:		
20	Learning Outcomes:		
		1	To understand the concept of personality and self and its development
		2	To understand self-theories
		3	Understanding their own characteristics and needs
		4	Be able to bring creativity to professional practice
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21	Course Content:		
		Course Content:	
Week	Theoretical	Practice	
1	Definition and scope of personality and self		

2	Features of compatible person	
3	Self-recognition	
4	Factors affecting personal development	
5	Cognitive development and creativity	
6	Factors that inhibit creativity	
7		
8	creavity thinging	
9	critical thinking	
10	Reflective thinking	
11	Personal training and methods	
12	Emotional intelligence and personal development	
13	Presentation of original products and discussion	
14		
22	Textbooks, References and/or Other Materials:	
23	Assesment	
TERM LEARNING ACTIVITIES		NUMBE R
		WEIGHT
Midterm Exam		1
Quiz		0
Home work-project		0
Final Exam		0
Total		2
Contribution of Term (Year) Learning Activities to Success Grade		40.00
Contribution of Final Exam to Success Grade		60.00
Total		100.00
Measurement and Evaluation Techniques Used in the Course		
24	ECTS / WORK LOAD TABLE	

Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical	14	2.00	28.00
Practicals/Labs	0	0.00	0.00
Self study and preperation	0	0.00	0.00
Homeworks	0	0.00	0.00
Projects	4	15.00	60.00
Field Studies	0	0.00	0.00
Midterm exams	0	20.00	0.00
Others	0	0.00	0.00
Final Exams	0	50.00	0.00
Total Work Load			88.00
Total work load/ 30 hr			2.93
ECTS Credit of the Course			3.00

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK2	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK3	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK4	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contrib ution Level:	1 very low		2 low		3 Medium		4 High		5 Very High							