

# FOOTBALL I

1	Course Title:	FOOTBALL I
2	Course Code:	AEB3101
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	3
6	Semester:	5
7	ECTS Credits Allocated:	6.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	2.00
10	Laboratory (hour/week):	0
11	Prerequisites:	NONE
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Dr. Öğr. Üyesi Tonguç VARDAR
15	Course Lecturers:	Dr.Öğr. Üyesi TONGUÇ VARDAR
16	Contact information of the Course Coordinator:	tongucvardar@uludag.edu.tr
17	Website:	
18	Objective of the Course:	Practice and apply basic skills in football. To apply and implement basic defense and attack tactics in football with functional group exercises and narrow field games.
19	Contribution of the Course to Professional Development:	
20	Learning Outcomes:	
	1	To be able to develop the professional competences and to develop the professional competences, develop the knowledge, skills and attitudes required by the profession of coaching.
	2	To be able to reveal the abilities of different sports branches by using the skills of screening and selection
	3	To be able to apply and evaluate field and laboratory tests developed to determine the performance levels of athletes in all ages, sex and level and to reflect the test results to the training plans
	4	To establish annual and long-term performance goals for each age, gender and level athlete and to create a training plan and program appropriate to general and special education principles.
	5	
	6	
	7	
	8	
	9	
	10	
21	Course Content:	
	Course Content:	
Week	Theoretical	Practice



<b>Contribution Level:</b>	<b>1 very low</b>	<b>2 low</b>	<b>3 Medium</b>	<b>4 High</b>	<b>5 Very High</b>
----------------------------	-------------------	--------------	-----------------	---------------	--------------------