

BEACH VOLLEYBALL

1	Course Title:	BEACH VOLLEYBALL
2	Course Code:	AEB0012
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	1
6	Semester:	2
7	ECTS Credits Allocated:	5.00
8	Theoretical (hour/week):	1.00
9	Practice (hour/week):	2.00
10	Laboratory (hour/week):	0
11	Prerequisites:	None
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Öğr.Gör. FARUK KORKMAZ
15	Course Lecturers:	
16	Contact information of the Course Coordinator:	fkorkmaz@uludag.edu.tr
17	Website:	
18	Objective of the Course:	Objectives of this course are to understand playing rules and also to teach them ball handling exercises, educational games and basic skills (underhand pass, overhead pass, serve, receiving serve, defense, block, and dive) related with novice beach volley players, to make them master team formation, game systems in volleyball, setting front-back court defense and offense system, skill of reading game related with child, youth, young beach volley players
19	Contribution of the Course to Professional Development:	
20	Learning Outcomes:	
	1	Gaining court and equipment knowledge, expressing basic playing rules.
	2	Mastering beach volleyball specific warm-up methods
	3	Preparing exercises including ball handling, basic playing postures and foot works related with novice players and making the novice players to perform these exercises.
	4	Understanding the progressive teaching of front, back, jump and lateral overhead pass.
	5	Understanding the progressive teaching of front, back, lateral and high-low, long-short underhand pass
	6	Understanding the progressive teaching of underhand and tennis serve.
	7	Understanding the progressive teaching of spiking.
	8	Understanding the progressive teaching of spectacular defence
	9	Understanding the training exercises of receiving service and defense for spike
	10	Learning the information of team formation, offence and defense systems, and game movements during the match
21	Course Content:	
	Course Content:	

Week	Theoretical	Practice		
1	Beach Volley specific general and specific warm-up methods, volleyball specific educational games	Execution of Educational Games		
2	Exercises including ball handling, basic playing postures and foot works	Execution of Educational Games		
3	Understanding the progressive teaching of front overhead pass; showing body posture, touching and hitting the ball, drills with one –two-three players, wall drills, net drills.	Execution of Educational Games		
4	Understanding the progressive teaching of back, jump and lateral overhead pass; showing body posture, touching and hitting the ball, drills with one –two-three players, wall drills, and net drills.	Execution of Educational Games		
5	Progressive teaching of front underhand pass; showing body posture, touching and hitting the ball, drills with one –two-three players, wall drills, net drills	Execution of Educational Games		
6	Understanding the progressive teaching of back, jump and lateral underhand pass; showing body posture, touching and hitting the ball, wall drills, and net drills.	Execution of Educational Games		
7	Progressive teaching of underhand serve; parallel and cross court serve, showing body posture, hitting the ball, wall drills with one player, net drills with two players	Execution of Educational Games		
Activites		Number	Duration (hour)	Total Work Load (hour)
9	Progressive teaching of spike; parallel and cross court spike, showing body posture and arm swing, timing, hitting the ball with stable feet and jumping	14	2.00	28.00
Practicals/Labs		14	2.00	28.00
Self study and preparation		14	2.00	28.00
Homeworks		1	16.00	16.00
10	Understanding the progressive teaching of diving; (with rolling, tumbling, chest, to front	0	0.00	0.00
Field Studies		0	0.00	0.00
Midterm exams		1	8.00	8.00
11	Receiving the serve and defense for spike	Execution of Educational Games		
Others		0	0.00	0.00
12	Beach Volley playing rules, team formation, setting offence and defense systems for	Execution of Educational Games		
Total Work Load				128.00
Total work load of 36 hr				4.00
ECTS Credit of the Course				5.00
14	Beach Volleyball playing rules, applying basic and intermediate training programmes	Execution of Educational Games		
22	Textbooks, References and/or Other Materials:	Korkmaz F. Voleybol-teknik, taktik, Ekim Kitabevi, 2003 *TVF Voleybol Resmi oyun Kuralları, Sim matbaacılık, Ankara, 2001 *Orkunoğlu O. Voleybolda Takım Gelişimi ve Taktik, Neyir Ofset, Ankara, 1988 *Chiappini A, Polidori F. Mini Voleybol El Kitabı, TVF Yayınları, Ankara, 2009 *Onay C. Voleybol Antrenman Drilleri, Özbiçer Ofset, Mersin, 2008 *Baacke H. (Çev: E. Pekünlü) Voleybol Antrenmanı I., VAD, İstanbul. *Neville WJ. Coaching Volleyball Successfully, USVBA, 1990, USA *Viera BL, Ferguson BJ. Teaching Volleyball, Leisure Press, 1989, Canada		
23	Assesment			

TERM LEARNING ACTIVITIES		NUMBER	WEIGHT
Midterm Exam		1	40.00
Quiz		0	0.00
Home work-project		0	0.00
Final Exam		1	60.00
Total		2	100.00
Contribution of Term (Year) Learning Activities to Success Grade			40.00
Contribution of Final Exam to Success Grade			60.00
Total			100.00
Measurement and Evaluation Techniques Used in the Course			
24	ECTS / WORK LOAD TABLE		

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	5	0	0	5	3	0	0	0	0	0	3	0	0	3	0	0
ÖK2	4	0	0	5	3	0	0	0	0	0	3	0	0	3	0	0
ÖK3	4	0	0	5	3	0	0	0	0	0	3	0	0	3	0	0
ÖK4	4	0	0	5	3	0	0	0	0	0	3	0	0	3	0	0
ÖK5	4	0	0	5	3	0	0	0	0	0	3	0	0	3	0	0
ÖK6	4	0	0	5	3	0	0	0	0	0	3	0	0	3	0	0
ÖK7	4	0	0	5	3	0	0	0	0	0	3	0	0	3	0	0
ÖK8	4	0	0	5	3	0	0	0	0	0	3	0	0	3	0	0
ÖK9	4	0	0	5	3	0	0	0	0	0	3	0	0	3	0	0
ÖK10	4	0	0	5	3	0	0	0	0	0	3	0	0	3	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low		2 low		3 Medium		4 High		5 Very High							