

SNOWBOARD II

1	Course Title:	SNOWBOARD II
2	Course Code:	AEB2108
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	2
6	Semester:	4
7	ECTS Credits Allocated:	5.00
8	Theoretical (hour/week):	1.00
9	Practice (hour/week):	2.00
10	Laboratory (hour/week):	0
11	Prerequisites:	
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Dr. OKAN GÜLTEKİN
15	Course Lecturers:	
16	Contact information of the Course Coordinator:	
17	Website:	
18	Objective of the Course:	
19	Contribution of the Course to Professional Development:	
20	Learning Outcomes:	
	1	What is Snowboarding? Snowboard parts (components), Linking, defines the basic concepts of the seat belt
	2	Length, General information about design, Understanding nose and tail sections
	3	Side cuts, Basic internal structure Stretching, Bombe, Symmetry factors
	4	The posture on the snowboard, the width of the posture of the leg, the posture can explain the slip, Slip, to ensure balance. Using edges. Weight point, Walk towards the mountain, Can apply skating features.
	5	Turning right and left on axis, Sliding in vertical direction, Falling understanding. It can apply the balancing features to get up to the feet, to get the positions of the foot and the heel,
	6	It rotates in the direction of the foot and heel. Directional rotation, Stop (Stop) Connected rotations (Full slalom), Speed control. It can apply the properties of understanding slip properties.
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21	Course Content:	
	Course Content:	
Week	Theoretical	Practice

1	What is snowboarding? Snowboard parts (components), Linking, Seatbelt			
2	Snowboard selection, snowboard boots, snowboard styles, freestyle boards, free style boards, Competitors style (alpine boards)			
3	Length, general information about the design, the nose and tail sections			
4		Effective edge (Ray), reciprocating weight		
5		Stance on snowboard, leg width stance, posture angles		
6		Slip, Balance provides. Using edges. Gravity, walk towards the mountains.,		
7		Left to right on the axis of rotation, shear in the vertical direction, Falling		
8		Left to right on the axis of rotation, shear in the vertical direction, Falling		
9		Standing up, the foot and the heel side edge to gain position, balancing		
10		Toward the toe and heel turns. Directing rotation, Stop		
11		Mountains parallel to the slope shift (cross slip) Embroidered turns. (Half slalom)		
12		Mountains parallel to the slope shift (cross slip) Embroidered turns. (Half slalom)		
13		Connected turns (Full slalom), Speed ??control. The gracefully., sliding rotation by		
14		Connected turns (Full slalom), Speed ??control. The		
Activites		Number	Duration (hour)	Total Work Load (hour)
Theoretical	2	The Art of Snowboarding Kickers, Carving, Off-Pipe, and More by Jim Smith (Sep 19, 2006)	4.00	
Practicals/Labs		14	2.00	28.00
Self study and preperation		Schultz (Nov 29, 2012)	5.00	100.00
Homeworks		0	0.00	0.00
Projects		5	The Snowboard Book A Guide for All Boarders by Lowell Hart (Dec 17, 1998)	0.00
Field Studies		0	0.00	0.00
Midterm exams		1	1.00	1.00
TERM LEARNING ACTIVITIES		NUMBER	WEIGHT	
Others		0	0.00	0.00
Midterm Exam		1	40	1.00
Final Exams				
Total Work Load				144.00
Home work project		0	0	4.80
Total work load/ 30 hr				
ECTS Credit of the Course				5.00
Total		2	100.00	
Contribution of Term (Year) Learning Activities to Success Grade		40.00		
Contribution of Final Exam to Success Grade		60.00		
Total		100.00		
Measurement and Evaluation Techniques Used in the Course				
24	ECTS / WORK LOAD TABLE			

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	4	2	0	3	0	2	0	0	0	0	0	0	0	0	0	0
ÖK2	2	2	3	0	1	0	3	0	0	0	0	0	0	0	0	0
ÖK3	4	3	2	3	3	0	0	0	3	0	3	3	3	0	2	0
ÖK4	0	3	0	2	3	4	0	1	0	2	0	0	0	0	0	0
ÖK5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			