

GESTALT THERAPY

1	Course Title:	GESTALT THERAPY
2	Course Code:	RPD6112
3	Type of Course:	Optional
4	Level of Course:	Third Cycle
5	Year of Study:	1
6	Semester:	2
7	ECTS Credits Allocated:	4.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	0.00
10	Laboratory (hour/week):	0
11	Prerequisites:	None
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Doç. Dr. FİGEN AKÇA
15	Course Lecturers:	
16	Contact information of the Course Coordinator:	U.Ü. Eğitim Fakültesi 16056 Nilüfer Bursa E Mail: Figen_akca@hotmail.com Tel: +90 224 2942157
17	Website:	
18	Objective of the Course:	The purpose of this course, the concepts in Gestalt Therapy approach when working with clients to gain skills on how to address
19	Contribution of the Course to Professional Development:	
20	Learning Outcomes:	
	1	Explain the contents of the concepts of Gestalt approach
	2	Gestalt psychology and Gestalt approach explain how it developed
	3	Gestalt therapist can explain the characteristics required to be
	4	Gestalt approach can explain the differences of other therapeutic approaches
	5	Applications of Gestalt therapy and evaluate its relationship with psychopathology
	6	Addressed as part of the Gestalt approach disclose the receipt of personal development
	7	Guidance and counseling practices may apply in accordance with the principles of Gestalt awareness work.
	8	Gestalt principles of personal development and application environment in the process of self-recognition can.
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21	Course Content:	
	Course Content:	
Week	Theoretical	Practice
1	Gestalt approach and its history	
2	Relationship with other psychotherapy approaches	

3	Application areas, Gestalt therapist characteristics			
4	The concept of Needs			
5	Needs cycle			
6	Awareness			
7	Forms of contact and contact.			
8	Repeating courses and midterm exam			
9	The Poles			
10	Resistance			
11	Creative adaptation and impasse			
12	Gestalt therapy and body language			
13	Gestalt therapy and dreams			
14	Introduction to Gestalt practice and techniques General evaluation			
22	Textbooks, References and/or Other Materials:	Daş, Ceylan (2006), Bütünleşmek ve Büyümek, Hekimler Yayın Birliği, Ankara. Clarkson, P. & Mackewn, J. (1993). Fritz Perls. London: Sage Publications. Corey, Gerald, (2005), Psikolojik Danışma, Psikoterapi Kuram ve Uygulamaları, (Bölüm 8;Gestalt Terapi 210-215)		
Activites		Number	Duration (hour)	Total Work Load (hour)
Theoretical		Development: Volume 1: Adolescence, G. Wheeler and M. McConville (eds.). Hillsdale, NJ: Gestalt Press. pp. 26-53.	2.00	28.00
Practicals/Labs		0	0.00	0.00
Self study and preperation		Perls, Frederick, Ralph Hefferline, & Paul Goodman. (1951) Gestalt Therapy: Excitement and Growth in the Human Existence. New York: World Books.	2.00	12.00
Homeworks		1	12.00	12.00
Projects		Paperbacks.	4.00	4.00
Field Studies		0	0.00	0.00
TERM LEARNING ACTIVITIES		NUMBE	WEIGHT	12.00
Others		3	2.00	6.00
Midterm Exam		1	16.00	16.00
Final Exams		1	16.00	16.00
Total Work Load				90.00
Home work-project		1	20.00	
Total work load/ 30 hr		1	50.00	3.00
Final Exam		1	16.00	
ECTS Credit of the Course				4.00
Total		4	100.00	
Contribution of Term (Year) Learning Activities to Success Grade		50.00		
Contribution of Final Exam to Success Grade		50.00		
Total		100.00		
Measurement and Evaluation Techniques Used in the Course				
24	ECTS / WORK LOAD TABLE			

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	4	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK2	5	0	3	0	2	0	0	0	0	0	0	0	0	0	0	0
ÖK3	4	4	0	3	0	0	0	2	0	0	0	0	0	0	0	0
ÖK4	4	4	3	0	0	0	2	0	2	0	0	0	0	0	0	0
ÖK5	5	2	0	3	0	0	0	0	0	0	2	0	0	0	0	0
ÖK6	4	0	2	0	0	0	2	0	0	0	2	0	0	0	0	0
ÖK7	4	4	0	0	3	0	0	2	0	0	0	0	0	0	0	0
ÖK8	4	0	3	0	0	0	2	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low		2 low			3 Medium			4 High			5 Very High				