

BASIC OF PHYSICAL EDUCATION AND SPORT

1	Course Title:	BASIC OF PHYSICAL EDUCATION AND SPORT	
2	Course Code:	BED1009	
3	Type of Course:	Compulsory	
4	Level of Course:	Second Cycle	
5	Year of Study:	1	
6	Semester:	1	
7	ECTS Credits Allocated:	2.00	
8	Theoretical (hour/week):	2.00	
9	Practice (hour/week):	0.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:	none	
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Öğr.Gör. AYGÜL AKÇA	
15	Course Lecturers:		
16	Contact information of the Course Coordinator:	aygulakca@hotmail.com 0 532 78284 33	
17	Website:		
18	Objective of the Course:	The aim of this course, sports science, historical, philosophical, scientific basis, the factors affecting the learning of these developments and ensure that developments in sports science, the basic disciplines of sport science, vocational preparation and occupational choice to interpret and analyze areas of sports science related employment.	
19	Contribution of the Course to Professional Development:		
20	Learning Outcomes:		
		1	To understand the basic concepts of physical education and sport.
		2	To follow the developments in sport science.
		3	Establish a relationship between physical education and sport disciplines.
		4	Explain the areas of sports sciences and related employment.
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21	Course Content:		
		Course Content:	
Week	Theoretical	Practice	
1	Historical development of sports sciences.		
2	Basic concepts in physical education and sport.		

3	Scientific foundations of sport	
4	Philosophy of physical education and sport.	
5	Relationship with other areas of sports sciences.	
6	Institutionalization of physical education and sport.	
7	Sport educational (pedagogical) fundamentals.	
8	Areas of career choice and sport science professionals.	
9	General repetition	
10	Psychological bases of sports sciences.	
11	Sociological foundations of sport.	
12	Sports management.	
13	Recreation.	
14	Health foundations of sport. Disability and sport.	
22	Textbooks, References and/or Other Materials:	Spor bilimlerine giriş; bağırğan yayınevi Ankara 2003. Beden eğitimi ve spor bilimlerine giriş. Nobel yayın dağıtım 2003 Aygul akça ders notları.
23	Assesment	
TERM LEARNING ACTIVITIES		NUMBER
Midterm Exam		1
Quiz		0
Home work-project		0
Final Exam		1
Total		2
Contribution of Term (Year) Learning Activities to Success Grade		40.00
Contribution of Final Exam to Success Grade		60.00
Total		100.00
Measurement and Evaluation Techniques Used in the Course		
24	ECTS / WORK LOAD TABLE	

Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical	14	2.00	28.00
Practicals/Labs	0	0.00	0.00
Self study and preperation	2	10.00	20.00
Homeworks	1	3.00	3.00
Projects	0	0.00	0.00
Field Studies	0	0.00	0.00
Midterm exams	1	4.00	4.00
Others	0	0.00	0.00
Final Exams	1	5.00	5.00
Total Work Load			64.00
Total work load/ 30 hr			2.00
ECTS Credit of the Course			2.00

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	0	0	0	0	0	0	3	0	4	0	0	0	0	0	0	0
ÖK2	0	0	0	0	0	0	0	0	0	3	0	0	0	0	0	0
ÖK3	0	0	0	0	0	0	0	0	0	0	0	0	4	0	0	0
ÖK4	0	0	3	0	5	0	0	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contrib ution Level:	1 very low		2 low		3 Medium		4 High		5 Very High							