

INTRODUCTION TO SPORT SCIENCES

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| 1 | Course Title: | INTRODUCTION TO SPORT SCIENCES | |
| 2 | Course Code: | AEB1003 | |
| 3 | Type of Course: | Compulsory | |
| 4 | Level of Course: | First Cycle | |
| 5 | Year of Study: | 1 | |
| 6 | Semester: | 1 | |
| 7 | ECTS Credits Allocated: | 5.00 | |
| 8 | Theoretical (hour/week): | 3.00 | |
| 9 | Practice (hour/week): | 0.00 | |
| 10 | Laboratory (hour/week): | 0 | |
| 11 | Prerequisites: | | |
| 12 | Language: | Turkish | |
| 13 | Mode of Delivery: | Face to face | |
| 14 | Course Coordinator: | Öğr.Gör. FARUK KORKMAZ | |
| 15 | Course Lecturers: | | |
| 16 | Contact information of the Course Coordinator: | Faruk KORKMAZ fkorkmaz@uludag.edu.tr | |
| 17 | Website: | | |
| 18 | Objective of the Course: | | |
| 19 | Contribution of the Course to Professional Development: | | |
| 20 | Learning Outcomes: | | |
| | | 1 | Be able to comprehend basic concepts of physical education and sport |
| | | 2 | Be able to follow the developments in sport |
| | | 3 | Be able to contract between disciplines of physical education and sport |
| | | 4 | Be able to explain the recruitment areas in sport science |
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| 21 | Course Content: | | |
| | | Course Content: | |
| Week | Theoretical | Practice | |
| 1 | Historical development of sport science | | |
| 2 | Basic concepts in physical education and sport | | |
| 3 | Basic foundations of sport science | | |
| 4 | Philosophy of physical education and sport | | |
| 5 | Contracts between sport science and other disciplines | | |

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| 6 | Institutionalization in sport and physical education | |
| 7 | Pedagogical foundations of sport education | |
| 8 | Choice of profession and recruitment areas in sport | |
| 9 | Psychological foundations of sport science | |
| 10 | Sociological foundations of sport | |
| 11 | Sport Management | |
| 12 | Recreation | |
| 13 | Health in sport | |
| 14 | Ethic in sport | |

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| 22 | Textbooks, References and/or Other Materials: | |
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| 23 | Assesment |
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| TERM LEARNING ACTIVITIES | NUMBER | WEIGHT |
|--------------------------|--------|--------|
| Midterm Exam | 1 | 40.00 |
| Quiz | 0 | 0.00 |
| Home work-project | 0 | 0.00 |
| Final Exam | 1 | 60.00 |
| Total | 2 | 100.00 |

| Activites | Number | Duration (hour) | Total Work Load (hour) |
|----------------------------|--------|-----------------|------------------------|
| Theoretical | 14 | 3.00 | 42.00 |
| Practicals/Labs | 0 | 0.00 | 0.00 |
| Self study and preparation | 3 | 10.00 | 30.00 |
| Homeworks | 5 | 10.00 | 50.00 |
| Projects | 1 | 20.00 | 20.00 |
| Field Studies | 0 | 0.00 | 0.00 |
| Midterm exams | 1 | 2.00 | 2.00 |
| Others | 0 | 0.00 | 0.00 |
| Final Exams | 1 | 5.00 | 5.00 |
| Total Work Load | | | 149.00 |
| Total work load/ 30 hr | | | 4.97 |
| ECTS Credit of the Course | | | 5.00 |

| 25 | CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS | | | | | | | | | | | | | | | |
|---|---|-----|-----|-----|-----|-----|-----|-----|-----|------|------|------|------|------|------|------|
| | PQ1 | PQ2 | PQ3 | PQ4 | PQ5 | PQ6 | PQ7 | PQ8 | PQ9 | PQ10 | PQ11 | PQ12 | PQ13 | PQ14 | PQ15 | PQ16 |
| ÖK1 | 5 | 0 | 0 | 0 | 5 | 0 | 0 | 5 | 0 | 0 | 4 | 0 | 0 | 5 | 0 | 0 |
| ÖK2 | 5 | 0 | 0 | 0 | 5 | 0 | 0 | 5 | 0 | 0 | 0 | 0 | 0 | 5 | 0 | 0 |
| ÖK3 | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| ÖK4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| LO: Learning Objectives PQ: Program Qualifications | | | | | | | | | | | | | | | | |

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| Contribution Level: | 1 very low | 2 low | 3 Medium | 4 High | 5 Very High |
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