

# COMMUNITY MENTAL HEALTH

<b>1</b>	Course Title:	COMMUNITY MENTAL HEALTH
<b>2</b>	Course Code:	PSİ3054
<b>3</b>	Type of Course:	Optional
<b>4</b>	Level of Course:	First Cycle
<b>5</b>	Year of Study:	3
<b>6</b>	Semester:	6
<b>7</b>	ECTS Credits Allocated:	5.00
<b>8</b>	Theoretical (hour/week):	3.00
<b>9</b>	Practice (hour/week):	0.00
<b>10</b>	Laboratory (hour/week):	0
<b>11</b>	Prerequisites:	yok
<b>12</b>	Language:	Turkish
<b>13</b>	Mode of Delivery:	Face to face
<b>14</b>	Course Coordinator:	Öğr.Gör. BANU DİKEÇ
<b>15</b>	Course Lecturers:	
<b>16</b>	Contact information of the Course Coordinator:	Öğr.Gör. Banu Elmastaş Dikeç banudikec@uludag.edu.tr Tel:02242941875 Uludağ Üniversitesi,Fen- Edebiyat Fakültesi, Psikoloji Bölümü,16059 Görükle Kampüsü / Bursa, Türkiye
<b>17</b>	Website:	
<b>18</b>	Objective of the Course:	Since there are several critical implications of mental illness reflected in the community life, this course is about impacts and consequences of mental health concept, including community psychology perspective. The aim of the course is to examine influence of mental health in individual and his/her environment and to help students consider these implications
<b>19</b>	Contribution of the Course to Professional Development:	
<b>20</b>	Learning Outcomes:	
	<b>1</b>	Be able to evaluate definitions and consequences of mental health and illness for individual.
	<b>2</b>	Be able to describe basic principles and methods of community psychology.
	<b>3</b>	Be able to exemplify applications of community psychology in mental health area.
	<b>4</b>	Be able to criticize medical/biological model of mental health.
	<b>5</b>	Be able to explain definitions and impacts of mental illness.
	<b>6</b>	Be able to describe impact of mental illness on family and expressed emotions.
	<b>7</b>	Be able to explain intervention strategies designed for decrease negative effect of mental illness on family.
	<b>8</b>	Be able to discuss attitudes of community towards mental illness.
	<b>9</b>	
	<b>10</b>	

<b>21</b>	Course Content:	
	<b>Course Content:</b>	
<b>Week</b>	<b>Theoretical</b>	<b>Practice</b>
<b>1</b>	Discussion of general aims of the course, introduction to the course, and community psychology	
<b>2</b>	Basic concepts of community psychology	
<b>3</b>	Values and principles of community psychology	
<b>4</b>	Intervention methods of community psychology	
<b>5</b>	Intervention methods of community psychology on gender	
<b>6</b>	Intervention methods of community psychology on mental illness and disability	
<b>7</b>	Antipsychiatry approach, criteria of psychiatric diagnosis, DSM critiques	
<b>8</b>	Definition of stigma	
<b>9</b>	Formation and maintenance processes, interventions for stigma	
<b>10</b>	Impacts of psychiatric diagnosis on family	
<b>11</b>	Family interventions	
<b>12</b>	Expressed emotions and psychological burden	
<b>13</b>	Psycho-education and support programs	
<b>14</b>	Patient rights and sociology of mental health	
<b>22</b>	Textbooks, References and/or Other Materials:	Nelson, G., & Prilleltensky, I. (2005). Community Psychology: In Pursuit of Liberation and Well-Being. New York: Palgrave and McMillan Inc.  Sayar, K. (2001). Ruh Hastalığını Anlamak. 2.basım. İstanbul: Kaknüs Yayınları
<b>23</b>	Assesment	
<b>TERM LEARNING ACTIVITIES</b>		<b>NUMBE R</b>
		<b>WEIGHT</b>
Midterm Exam		1
Quiz		0
Home work-project		1
Final Exam		1
Total		3
Contribution of Term (Year) Learning Activities to Success Grade		40.00
Contribution of Final Exam to Success Grade		60.00
Total		100.00
Measurement and Evaluation Techniques Used in the Course		
<b>24</b>	<b>ECTS / WORK LOAD TABLE</b>	

Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical	14	3.00	42.00
Practicals/Labs	0	0.00	0.00
Self study and preperation	14	3.00	42.00
Homeworks	1	18.00	18.00
Projects	0	0.00	0.00
Field Studies	0	0.00	0.00
Midterm exams	1	16.00	16.00
Others	14	3.00	42.00
Final Exams	1	20.00	20.00
Total Work Load			196.00
Total work load/ 30 hr			6.00
ECTS Credit of the Course			5.00

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	0	0	0	0	0	3	0	0	0	4	5	4	0	0	0	0
ÖK2	4	5	0	4	0	0	0	0	0	0	0	0	0	0	0	0
ÖK3	0	4	5	0	0	3	0	0	4	0	0	0	0	0	0	0
ÖK4	0	4	5	0	0	4	0	0	5	0	0	0	0	0	0	0
ÖK5	0	0	0	0	4	0	0	0	4	3	5	0	0	0	0	0
ÖK6	0	0	0	0	0	5	0	4	4	4	0	0	0	0	0	0
ÖK7	0	0	0	0	0	4	0	4	4	0	4	0	0	0	0	0
ÖK8	0	0	4	4	0	4	0	0	0	3	0	0	0	0	0	0
<b>LO: Learning Objectives PQ: Program Qualifications</b>																
<b>Contribution Level:</b>	<b>1 very low</b>		<b>2 low</b>			<b>3 Medium</b>			<b>4 High</b>			<b>5 Very High</b>				