

# INTRODUCTION TO NUTRITION AND DIETETICS

1	Course Title:	INTRODUCTION TO NUTRITION AND DIETETICS	
2	Course Code:	BES1001	
3	Type of Course:	Compulsory	
4	Level of Course:	First Cycle	
5	Year of Study:	1	
6	Semester:	1	
7	ECTS Credits Allocated:	2.00	
8	Theoretical (hour/week):	1.00	
9	Practice (hour/week):	0.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:	None	
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Prof. Dr. Nalan Hakime NOĞAY	
15	Course Lecturers:	Prof. Dr. Nalan Hakime NOĞAY	
16	Contact information of the Course Coordinator:	Prof.Dr. Nalan Hakime Noğay e-posta: nalanhakime@uludag.edu.tr Tlf: 02242942473 Bursa Uludağ Üniversitesi, Sağlık Bilimleri Fakültesi, Bursa	
17	Website:		
18	Objective of the Course:	To provide students with knowledge and skills about the department, departments, professional education and practice standards and professional ethics.	
19	Contribution of the Course to Professional Development:	Recognizes the working areas of the dietitian profession, knows basic information about professional ethics.	
20	Learning Outcomes:		
		1	Recognizes the Faculty of Health Sciences and the Department of Nutrition and Dietetics.
		2	Recognizes the dietitian profession and working areas.
		3	Learns basic information about professional ethics and deontology.
		4	Gains the skills to define and apply the behaviors and activities required by the profession.
		5	Gains the ability to access the resources to obtain information about the profession of dietetics.
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21	Course Content:		
		<b>Course Content:</b>	
Week	Theoretical	Practice	
1	Introduction of faculty, department and student regulations		
2	Introduction of faculty, department and student regulations		

3	Development of Nutrition and Dietetics from past to present-I	
4	Development of Nutrition and Dietetics from past to present-II	
5	Nutrition and Dietetics Education and Training	
6	Introduction of Dietitian Professional Organization-I	
7	Introduction of Dietitian Professional Organization-II	
8	The place, definition and duties of the dietitian in official documents-I	
9	The place, definition and duties of the dietitian in official documents-II	
10	Code of ethics for the dietitian profession-I	
11	Code of ethics for the dietitian profession-II	
12	Dietitian Profession Practice Area Example	
13	Introduction of basic resources and transportation routes related to their professions	
14	Introduction of basic resources and transportation routes related to their professions	

22	Textbooks, References and/or Other Materials:	1-Bursa Uludağ University Regulations 2- Journal of Nutrition and Diet 3- Dietician Education and Professional Ethics Prof. Dr.
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Activites		Number	Duration (hour)	Total Work Load (hour)
<b>THEORETICAL LEARNING ACTIVITIES</b>		<b>NUMBER</b>	<b>WEIGHT</b>	
Practicals/Labs		0	0.00	0.00
Self study and preparation		14	3.00	42.00
Homeworks		0	0.00	0.00
Home work-project		0	0.00	0.00
Projects		4	0.00	0.00
Field Studies		0	0.00	0.00
Total		18	100.00	100.00
Midterm exams		2	1.00	1.00
Others		0	0.00	0.00
Final Exams		1	1.00	1.00
Contribution of Final Exam to Success Grade		60.00		
Total Work Load				58.00
Total work load/ 30 hr				1.93
ECTS Credit of the Course				2.00

Undergraduate Education Regulation.

24	<b>ECTS / WORK LOAD TABLE</b>
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25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	2	2	2	2	5	2	2	2	2	0	0	0	0	0	0	0
ÖK2	2	2	2	2	5	2	2	2	2	0	0	0	0	0	0	0
ÖK3	2	2	2	2	5	2	2	2	2	0	0	0	0	0	0	0

ÖK4	2	2	2	2	5	2	2	2	2	0	0	0	0	0	0	0
ÖK5	2	2	2	2	5	2	2	2	2	0	0	0	0	0	0	0
LO: Learning Objectives    PQ: Program Qualifications																
Contribution Level:	1 very low		2 low		3 Medium		4 High		5 Very High							