

INTRODUCTION TO NUTRITION AND DIETETICS

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| 1 | Course Title: | INTRODUCTION TO NUTRITION AND DIETETICS | |
| 2 | Course Code: | BES1001 | |
| 3 | Type of Course: | Compulsory | |
| 4 | Level of Course: | First Cycle | |
| 5 | Year of Study: | 1 | |
| 6 | Semester: | 1 | |
| 7 | ECTS Credits Allocated: | 2.00 | |
| 8 | Theoretical (hour/week): | 1.00 | |
| 9 | Practice (hour/week): | 0.00 | |
| 10 | Laboratory (hour/week): | 0 | |
| 11 | Prerequisites: | None | |
| 12 | Language: | Turkish | |
| 13 | Mode of Delivery: | Face to face | |
| 14 | Course Coordinator: | Prof. Dr. Nalan Hakime NOĞAY | |
| 15 | Course Lecturers: | Prof. Dr. Nalan Hakime NOĞAY | |
| 16 | Contact information of the Course Coordinator: | Prof.Dr. Nalan Hakime Noğay e-posta: nalanhakime@uludag.edu.tr Tlf: 02242942473 Bursa Uludağ Üniversitesi, Sağlık Bilimleri Fakültesi, Bursa | |
| 17 | Website: | | |
| 18 | Objective of the Course: | To provide students with knowledge and skills about the department, departments, professional education and practice standards and professional ethics. | |
| 19 | Contribution of the Course to Professional Development: | Recognizes the working areas of the dietitian profession, knows basic information about professional ethics. | |
| 20 | Learning Outcomes: | | |
| | | 1 | Recognizes the Faculty of Health Sciences and the Department of Nutrition and Dietetics. |
| | | 2 | Recognizes the dietitian profession and working areas. |
| | | 3 | Learns basic information about professional ethics and deontology. |
| | | 4 | Gains the skills to define and apply the behaviors and activities required by the profession. |
| | | 5 | Gains the ability to access the resources to obtain information about the profession of dietetics. |
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| 21 | Course Content: | | |
| | | Course Content: | |
| Week | Theoretical | Practice | |
| 1 | Introduction of faculty, department and student regulations | | |
| 2 | Introduction of faculty, department and student regulations | | |

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| 3 | Development of Nutrition and Dietetics from past to present-I | |
| 4 | Development of Nutrition and Dietetics from past to present-II | |
| 5 | Nutrition and Dietetics Education and Training | |
| 6 | Introduction of Dietitian Professional Organization-I | |
| 7 | Introduction of Dietitian Professional Organization-II | |
| 8 | The place, definition and duties of the dietitian in official documents-I | |
| 9 | The place, definition and duties of the dietitian in official documents-II | |
| 10 | Code of ethics for the dietitian profession-I | |
| 11 | Code of ethics for the dietitian profession-II | |
| 12 | Dietitian Profession Practice Area Example | |
| 13 | Introduction of basic resources and transportation routes related to their professions | |
| 14 | Introduction of basic resources and transportation routes related to their professions | |
| 22 | Textbooks, References and/or Other Materials: | 1-Bursa Uludağ University Regulations 2- Journal of Nutrition and Diet 3-Dietician Education and Professional Ethics. Prof. Dr. Muhittin Tayfur, Uzm. Dyt Olcay Barış, Dyt. Naciye Nazan Bastas |
| 23 | Assesment | |
| TERM LEARNING ACTIVITIES | | NUMBE R |
| Midterm Exam | | 1 |
| Quiz | | 0 |
| Home work-project | | 0 |
| Final Exam | | 1 |
| Total | | 2 |
| Contribution of Term (Year) Learning Activities to Success Grade | | 40.00 |
| Contribution of Final Exam to Success Grade | | 60.00 |
| Total | | 100.00 |
| Measurement and Evaluation Techniques Used in the Course | | Measurement and evaluation is carried out according to the priciples of Bursa uludag University Associate and Undergraduate Education Regulation. |
| 24 | ECTS / WORK LOAD TABLE | |

| Activites | Number | Duration (hour) | Total Work Load (hour) |
|----------------------------|--------|-----------------|------------------------|
| Theoretical | 14 | 1.00 | 14.00 |
| Practicals/Labs | 0 | 0.00 | 0.00 |
| Self study and preperation | 14 | 3.00 | 42.00 |
| Homeworks | 0 | 0.00 | 0.00 |
| Projects | 0 | 0.00 | 0.00 |
| Field Studies | 0 | 0.00 | 0.00 |
| Midterm exams | 1 | 1.00 | 1.00 |
| Others | 0 | 0.00 | 0.00 |
| Final Exams | 1 | 1.00 | 1.00 |
| Total Work Load | | | 58.00 |
| Total work load/ 30 hr | | | 1.93 |
| ECTS Credit of the Course | | | 2.00 |

| 25 | CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS | | | | | | | | | | | | | | | |
|--|---|-----|-----|--------------|-----|-----|-----------------|-----|-----|---------------|------|------|--------------------|------|------|------|
| | PQ1 | PQ2 | PQ3 | PQ4 | PQ5 | PQ6 | PQ7 | PQ8 | PQ9 | PQ10 | PQ11 | PQ12 | PQ13 | PQ14 | PQ15 | PQ16 |
| ÖK1 | 2 | 2 | 2 | 2 | 5 | 2 | 2 | 2 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| ÖK2 | 2 | 2 | 2 | 2 | 5 | 2 | 2 | 2 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| ÖK3 | 2 | 2 | 2 | 2 | 5 | 2 | 2 | 2 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| ÖK4 | 2 | 2 | 2 | 2 | 5 | 2 | 2 | 2 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| ÖK5 | 2 | 2 | 2 | 2 | 5 | 2 | 2 | 2 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| LO: Learning Objectives PQ: Program Qualifications | | | | | | | | | | | | | | | | |
| Contribution Level: | 1 very low | | | 2 low | | | 3 Medium | | | 4 High | | | 5 Very High | | | |