

# POSTTRAUMATIC PSYCHOLOGICAL COUNSELING

1	Course Title:	POSTTRAUMATIC PSYCHOLOGICAL COUNSELING	
2	Course Code:	RPD4004	
3	Type of Course:	Compulsory	
4	Level of Course:	First Cycle	
5	Year of Study:	4	
6	Semester:	8	
7	ECTS Credits Allocated:	3.00	
8	Theoretical (hour/week):	2.00	
9	Practice (hour/week):	0.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:	None	
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Prof. Dr. FİGEN AKÇA	
15	Course Lecturers:		
16	Contact information of the Course Coordinator:	Prof. Dr. Figen Akça U.Ü. Eğitim Fakültesi 16056 Nilüfer Bursa E Mail: figenakca@uludag.edu.tr Tel: +902942278	
17	Website:		
18	Objective of the Course:	Recognize post-traumatic disorder, child, adolescent, family, and to learn about ways to study	
19	Contribution of the Course to Professional Development:	It strengthens professional competence by having the necessary knowledge and skills about the reflections of crisis and trauma on children, adolescents, family and society. He / she can plan individual or psycho-education programs by making observations and case studies especially in school practices regarding trauma and crisis intervention.	
20	Learning Outcomes:		
		1	To define the trumatic experiences and reaction to traumatic experience
		2	to explain the post-traumatic reactions in children
		3	to explain the post-traumatic reactions in adolescence
		4	to explain the post-traumatic reactions in adulth
		5	to explain Determining Factors of traumatic experiences
		6	to discuss properties of the trauma-resistant individuals
		7	to explain post-traumatic psychological counseling services
		8	to explain outline of the study with children
		9	to explain outline of the study with family
		10	
21	Course Content:		
		<b>Course Content:</b>	
Week	Theoretical	Practice	
1	Introduction to trauma		

2	Conceptual Framework in Trauma Counseling			
3	Purpose, Principles and Counselor Competencies of Trauma Counseling			
4	Trauma Counseling Intervention and Approachess			
5	Trauma, Vulnerability and Risk Factors			
6	Coping with Trauma, Protective Factors and Intervention Methods			
7	Loss and Grief Counseling Approaches			
8	Study week			
9	relief workers in the post-traumatic stress disorder			
10	Crisis Counseling and Crisis Intervention			
11	Psychological Evaluation in Trauma: Method, Tools and Practice			
12	Post Traumatic Clinical Evaluation and Intervention Process			
13	Working with Children with Trauma			
14	Secondary Trauma, Post-Traumatic Growth, and Self-Care			
22	Textbooks, References and/or Other	Savi Çakar, F. (2019). Travma Psikolojik Danışmanlığı.		
Activites		Number	Duration (hour)	Total Work Load (hour)
Theoretical		14	2.00	28.00
Practicals/Labs		0	0.00	0.00
Self study and preperation		5	2.00	10.00
Homeworks		2	10.00	20.00
Projects		1	0.00	0.00
Field Studies		0	0.00	0.00
Midterm exams		1	14.00	14.00
Others		0	0.00	0.00
Final Exams		1	18.00	18.00
Total Work Load				104.00
Total work load/ 30 hr				3.00
ECTS Credit of the Course				3.00
		Travma sonrası normal tepkiler psiko eğitim el kitabı (2. Baskı). Ankara: MEB Yayınları. Yarbık, Ö., Türkbay, T., Ekmen, M., Demirkan, S. Ve Söhmen, T. (1999). Çocuk ve ergenlerde travma sonrası stres bozukluğu belirtilerinin araştırılması. Çocuk ve Gençlik Ruh Sağlığı Dergisi, 6, 158–164.		
23	Assesment			
TERM LEARNING ACTIVITIES		NUMBE R	WEIGHT	
Midterm Exam		1	40.00	
Quiz		0	0.00	
Home work-project		0	0.00	
Final Exam		1	60.00	

Total	2	100.00
Contribution of Term (Year) Learning Activities to Success Grade	40.00	
Contribution of Final Exam to Success Grade	60.00	
Total	100.00	
Measurement and Evaluation Techniques Used in the Course	Midterm	

**24 ECTS / WORK LOAD TABLE**

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	1	2	2	1	4	3	3	5	2	2	1	1	4	3	1	1
ÖK2	1	1	1	1	2	5	2	5	5	4	1	2	3	4	1	1
ÖK3	1	2	1	4	1	1	3	4	2	1	4	1	3	3	1	1
ÖK4	1	4	1	1	3	1	3	1	1	1	2	1	1	1	1	1
ÖK5	1	3	1	2	1	1	1	3	1	1	1	1	1	1	1	1
ÖK6	1	3	1	2	1	3	1	1	1	1	1	1	1	1	1	1
ÖK7	1	4	1	3	1	4	1	1	2	1	1	1	1	1	1	1
ÖK8	1	3	1	2	1	1	1	1	3	1	1	1	1	1	1	1
ÖK9	1	1	2	1	2	3	1	1	1	1	1	1	1	4	1	1
LO: Learning Objectives    PQ: Program Qualifications																
Contribution Level:	1 very low		2 low		3 Medium		4 High		5 Very High							