

# HEALTH PSYCHOLOGY

1	Course Title:	HEALTH PSYCHOLOGY
2	Course Code:	PSİ4081
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	4
6	Semester:	7
7	ECTS Credits Allocated:	6.00
8	Theoretical (hour/week):	3.00
9	Practice (hour/week):	0.00
10	Laboratory (hour/week):	0
11	Prerequisites:	none
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Öğr. Gör. Dr. BANU DİKEÇ
15	Course Lecturers:	
16	Contact information of the Course Coordinator:	Öğr.Gör. Dr. Banu Elmastaş Dikeç banudikec@uludag.edu.tr Tel:02242941875 Bursa Uludağ Üniversitesi, Fen- Edebiyat Fakültesi, Psikoloji Bölümü,16059 Görükle Kampüsü / Bursa, Türkiye
17	Website:	
18	Objective of the Course:	To introduce the field of Health Psychology and to provide information about its scope
19	Contribution of the Course to Professional Development:	Recognizing the field of Health Psychology and providing information about study subjects
20	Learning Outcomes:	
	1	To be informed about the duty and application areas of the health psychologist.
	2	Sağlık psikolojisi alanında temel kuram ve yaklaşımlar hakkında bilgilenmek
	3	To be informed about patient psychology, communication and evaluation techniques with patients and their relatives
	4	To obtain information about health psychologists' approach to addiction, cancer, eating behaviors, pain issues
	5	
	6	
	7	
	8	
	9	
	10	
21	Course Content:	
	Course Content:	
Week	Theoretical	Practice

1	What is health psychology? The aims and scope of health psychology, the role and fields of application of the health psychologist			
2	Basic theories and approaches in health psychology			
3	Patient psychology, communication with patients and their relatives. To increase compliance with medical treatment in patients			
4	Interview and evaluation techniques with patients and their relatives as a health psychologist			
5	Coronavirus and what health psychologist can do in terms of health psychology			
6	Formation of addictions, alcohol, smoking, caffeine and exercise addiction			
7	Eating behavior			
8	How should bad news (illness, death) be given to patients and their relatives?			
9	Approach and application examples to cancer patients			
10	Coping with pain and pain in terms of health psychology			
11	Old age, biological losses and psychological adjustment to losses.			
12	Healty Aging			
13	Subject summary and repetitions			
Activites		Number	Duration (hour)	Total Work Load (hour)
22	Theoretical Materials:	14	3.00	42.00
Practicals/Labs		0	0.00	0.00
Self study and preperation		Ülgen H. Okyayuz	5.00	70.00
Homeworks		0	0.00	0.00
23	Projects	0	0.00	0.00
TERM LEARNING ACTIVITIES		NUMBER	WEIGHT	
Field Studies		0	0.00	0.00
Midterm Exams		1	40.00	1.00
Others		3	23.00	69.00
Final Exam		0	1.00	1.00
Total Work Load				184.00
Total work load/ 30 hr		2	100.00	6.10
ECTS Credit of the Course				6.00
Success Grade				
Contribution of Final Exam to Success Grade		60.00		
Total		100.00		
Measurement and Evaluation Techniques Used in the Course		Multiple-choice tests, true-false tests and short-answer questions are used as assessment and evaluation approaches.		
24	ECTS / WORK LOAD TABLE			

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	4	0	4	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK2	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK3	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK4	0	0	4	0	0	0	0	0	0	0	0	0	0	0	0	0
LO: Learning Objectives    PQ: Program Qualifications																
Contribution Level:	1 very low		2 low			3 Medium			4 High			5 Very High				