

INTEGRATIVE METHODS AND NURSING

1	Course Title:	INTEGRATIVE METHODS AND NURSING	
2	Course Code:	SHİ5025	
3	Type of Course:	Optional	
4	Level of Course:	Second Cycle	
5	Year of Study:	1	
6	Semester:	1	
7	ECTS Credits Allocated:	4.00	
8	Theoretical (hour/week):	2.00	
9	Practice (hour/week):	0.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:	None	
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Doç. Dr. Öznur ERBAY DALLI	
15	Course Lecturers:		
16	Contact information of the Course Coordinator:	E-mail: oznurerbay@uludag.edu.tr Telefon: 0224 294 06 64 Bursa Uludağ Üniversitesi Sağlık Bilimleri Fakültesi İç Hastalıkları Hemşireliği Anabilim Dalı	
17	Website:		
18	Objective of the Course:	The objective of this course is to provide students with theoretical knowledge of integrative methods commonly used in health care and to develop nursing skills in the integration of these methods into nursing care from a holistic perspective.	
19	Contribution of the Course to Professional Development:	Increasing knowledge and awareness of evidence-based integrative methods and improving the nursing quality of care by implementing integrative methods into patient care.	
20	Learning Outcomes:		
		1	Students can identify evidence-based integrative methods
		2	Students can understand the development of integrative methods in our country and in the world
		3	Students can explain the ethical and legal issues associated with integrative methods
		4	Students can understand the importance of integrative methods in nursing care
		5	Students can include integrative methods in nursing care
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21	Course Content:		
		Course Content:	
Week	Theoretical	Practice	
1	General Concepts of Integrative Methods		
2	Development of Integrative Methods in Turkey and the World		

3	Ethical and Legal Issues with Integrative Methods	
4	The Importance of Integrative Care in Nursing	
5	Traditional Health Interventions/Alternative Medical Systems (Acupuncture, Homeopathy)	
6	Mind-Body Based Interventions (Music Therapy, Animal Therapy, Art Therapy)	
7	Mind-Body Based Interventions (Hypnosis, Mindfulness, Breath Therapy)	
8	Mind-Body Based Interventions (Meditation, Yoga, Tai Chi, Creative Imagery)	
9	Manipulative and Body Based Interventions (Hot-Cold Therapy, Massage)	
10	Manipulative and Body Based Interventions (Osteopathy, Reflexology)	
11	Manipulative and Body-Based Interventions (Exercise, Chiropractic, Hydrotherapy)	
12	Energy Based Interventions (Qigong, Biofeedback)	
13	Energy Based Interventions (Therapeutic Touch, Reiki)	
14	Biological Based Interventions (Aromatherapy, Phytotherapy)	

22	Textbooks, References and/or Other Materials:	-Başer M, Taşcı S. Kanıta Dayalı Rehberleriyle Tamamlayıcı ve Destekleyici Uygulamalar. Akademisyen		
Activites		Number	Duration (hour)	Total Work Load (hour)
Theoretical	Publishing, 2018.	1	2.00	28.00
Practicals/Labs		0	0.00	0.00
Self study and preperation	Nursing Practice, 5th ed. Pearson, 2021.	14	5.00	70.00
Homeworks		0	0.00	0.00
Projects	Kullanılan Geleneksel Tamamlayıcı ve Nonfarmakolojik Yöntemler. Nobel Akademik Yavıncılık 2022	0	0.00	0.00
Field Studies		0	0.00	0.00
Midterm exams	-Sevil U, Ozbaş N, Çolakoglu Kurt B. Hemşirelikte Tamamlayıcı ve Alternatif Tedaviler. Akademisyen	0	0.00	0.00
Others		0	0.00	0.00
Final Exams	-Ayvancı N. Geleneksel ve Tamamlayıcı Tedavi (Gefat)	1	22.00	22.00
Total Work Load				120.00
Total work load/ 30 hr				4.00
ECTS Credit of the Course				4.00

23	Assesment		
TERM LEARNING ACTIVITIES		NUMBER	WEIGHT
Midterm Exam		0	0.00
Quiz		0	0.00
Home work-project		0	0.00
Final Exam		1	100.00
Total		1	100.00
Contribution of Term (Year) Learning Activities to Success Grade		0.00	
Contribution of Final Exam to Success Grade		100.00	
Total		100.00	

24	ECTS / WORK LOAD TABLE
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25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	4	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK2	3	0	0	0	1	1	0	0	0	0	0	0	0	0	0	0
ÖK3	0	0	0	0	0	4	0	0	0	0	0	0	0	0	0	0
ÖK4	4	2	2	2	1	0	0	0	0	0	0	0	0	0	0	0
ÖK5	4	4	5	4	3	1	0	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			