

# PSYCHOLOGY OF AFFILIATION

1	Course Title:	PSYCHOLOGY OF AFFILIATION
2	Course Code:	RPD0027
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	4
6	Semester:	7
7	ECTS Credits Allocated:	4.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	0.00
10	Laboratory (hour/week):	0
11	Prerequisites:	none
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Arş. Gör. MUSTAFA ÖZKAN
15	Course Lecturers:	Dr. Mustafa Özkan
16	Contact information of the Course Coordinator:	ozkanm@uludag.edu.tr +90 (0224) 294 21 82
17	Website:	
18	Objective of the Course:	Mastering the dynamics of interpersonal relationships facilitates the psychological counseling services offered by students in the guidance and psychological counseling department to couples.
19	Contribution of the Course to Professional Development:	The psychological theories and models of close relationships provide students with a comprehensive understanding of how relationships develop and are maintained. This theoretical framework allows students to assess relationship dynamics in the counseling process and shape their interventions accordingly.
20	Learning Outcomes:	
	1	Can comprehend the psychological theories, models, and concepts of close relationships.
	2	Can analyze various types of relationships (romantic, familial, friendship, etc.) and the effects of these relationships on health, happiness, and individual development.
	3	Gains knowledge about healthy communication techniques, effective listening skills, and conflict resolution strategies, and can apply them.
	4	Develops the ability to understand individuals' emotional needs and experiences in different relationship contexts.
	5	Upon entering the profession, they can approach their clients in a more empathetic and understanding manner.
	6	Acquires the skill to review current research on relationships, and to evaluate these studies using critical thinking and scientific approaches.
	7	Can evaluate their own relationships and emotional reactions.
	8	Can effectively intervene in relationship problems and conflicts.
	9	Thanks to the knowledge acquired, one can effectively use this information in psychological counseling and therapy processes.

		10	They effectively cope with relational problems in their professional lives.		
21	Course Content:				
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Week	Theoretical		Practice		
1	Information about the course, an overview of the psychology of close relationships.				
2	The importance of close relationships; the impact on individuals' physical and emotional health, children, society, and the universality of close relationships.				
3	Intimate relationships and love, the chemistry of love, the main components of love.				
4	According to theories on close relationships (evolutionary perspective, attachment theory).				
5	According to theories on close relationships (social models: social exchange theory; social learning theory; social ecological models).				
6	Conflict, Dispute, and Argument in Close Relationships.				
7	Infidelity and Violence in Close Relationships.				
8	Sexuality in Close Relationships.				
9	Attraction in Close Relationships.				
10	Effective communication in close				
Activites			Number	Duration (hour)	Total Work Load (hour)
12	Theoretical: Gottman Therapy: The Seven Principles for Making Marriage Work.		14	2.00	28.00
Practicals/Labs			0	0.00	0.00
13	Self study and preparation: Gottman Therapy: The Seven Principles for Making Marriage Work.		14	3.00	42.00
Homeworks			4	8.00	32.00
Projects			1	1.00	1.00
Field Studies			1	1.00	1.00
Midterm exams			1	6.00	6.00
Others			1	2.00	2.00
Final Exams			2	10.00	10.00
Total Work Load					122.00
Total work load/ 30 hr			Feeling Good Together: Dr. David Burns		4.07
ECTS Credit of the Course					4.00
			The Seven Principles for Making Marriage Work: John Gottman, Nan Silver, 2017.  Course notes.		
23	Assesment				
TERM LEARNING ACTIVITIES		NUMBE R	WEIGHT		
Midterm Exam		1	40.00		
Quiz		0	0.00		
Home work-project		0	0.00		
Final Exam		1	60.00		
Total		2	100.00		
Contribution of Term (Year) Learning Activities to Success Grade			40.00		

Contribution of Final Exam to Success Grade	60.00
Total	100.00
Measurement and Evaluation Techniques Used in the Course	multiple choice test, portfolio
<b>24</b>	<b>ECTS / WORK LOAD TABLE</b>

<b>25</b>	<b>CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS</b>															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	3	3	3	2	3	2	4	5	4	3	2	1	2	3	2	2
ÖK2	3	3	2	3	3	4	2	3	4	2	3	4	1	1	3	3
ÖK3	2	2	2	1	3	3	4	4	1	1	1	1	1	2	3	3
ÖK4	2	2	3	3	1	4	4	2	2	1	2	4	3	4	4	2
ÖK5	2	1	1	2	3	5	5	3	3	4	3	3	3	2	3	2
ÖK6	4	2	2	5	1	2	4	2	4	0	0	0	2	3	0	0
ÖK7	0	2	0	0	0	0	3	0	0	0	2	0	3	0	4	0
ÖK8	0	0	2	0	3	0	3	0	0	3	0	2	2	3	2	0
ÖK9	0	1	0	0	0	0	3	0	3	0	0	3	3	0	2	4
ÖK10	0	0	1	1	1	1	1	0	0	0	2	2	2	3	1	0
<b>LO: Learning Objectives    PQ: Program Qualifications</b>																
<b>Contribution Level:</b>	<b>1 very low</b>			<b>2 low</b>			<b>3 Medium</b>			<b>4 High</b>			<b>5 Very High</b>			