

VOLLEYBALL

1	Course Title:	VOLLEYBALL
2	Course Code:	AEB0019
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	1
6	Semester:	2
7	ECTS Credits Allocated:	5.00
8	Theoretical (hour/week):	1.00
9	Practice (hour/week):	2.00
10	Laboratory (hour/week):	0
11	Prerequisites:	NONE
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Öğr. Gör. FARUK KORKMAZ
15	Course Lecturers:	Ayşegül doğan
16	Contact information of the Course Coordinator:	Faruk KORKMAZ fkorkmaz@uludag.edu.tr
17	Website:	
18	Objective of the Course:	The aim of this course to students; To teach the history of volleyball, knowledge of the field and materials and basic game rules and to teach the athletes who are new to volleyball to get used to the ball, educational games and basic techniques (cuff, finger pass, service, block, ground defence, spike) techniques.
19	Contribution of the Course to Professional Development:	o gain basic knowledge and skills that will help with coaching training and related sports branch.
20	Learning Outcomes:	
	1	Explaining the history of volleyball.
	2	Gaining court and equipment knowledge, expressing basic playing rules.
	3	Preparing educational games related with novice players and making the players to perform these games.
	4	Preparing exercises including ball handling, basic playing postures and foot works related with novice players and making the novice players to perform these exercises. To be able to understand the stepped teaching of finger pass by jumping back and forth, understanding the stepped teaching of side finger pass;
	5	By understanding the cascading teaching of the back and forth, side passer pass, it grasps the cascading teaching of the passer pass. Understands the cascading learning of bottom service, tennis service and other service types.
	6	Yer savunma türlerinin basamaklama öğrenimini kavrar.
	7	2x2-3x3-4x4- comprehend the value of feature of reduced game forms. Using the technical skills learned in the game, gains basic technical demonstration skill.
	8	Understands the stepping learning of spike types
	9	Understands the cascading learning of block types.

		10	Learns 6x6 game formation and team building and player duties.		
21	Course Content:				
	Course Content:				
Week	Theoretical		Practice		
1	Introduction of volleyball The history of volleyball		Court movements and ball warm-up in volleyball		
2	Introduction to playing rules, court and equipment knowledge		Pedagogical approaches and mini volleyball training in basic volleyball education.		
3	Educational games related with novice players		Execution of Educational Games		
4	Basic body postures and foot works related with novice players		Field applications		
5	Progressive teaching of front overhead pass		Field applications		
6	Step teaching of understand pass		Field applications		
7	Progressive teaching of underhand serve		Field applications		
8	block teaching technique		Field applications		
9	Progressive teaching of tennis serve		Field applications		
10	Progressive teaching of simple dive		Field applications		
11	Volleyball attack(static and jumping)		Field applications		
12	Groups of players in volleyball. Team organizations in volleyball		Placement and game philosophies of Team Players on the playing field.		
12	Training observation in volleyball attack and		Sahada taktik uygulamalar		
Activites			Number	Duration (hour)	Total Work Load (hour)
Theoretical			14	1.00	14.00
Practicals/Labs			14	2.00	28.00
Self study and preperation			14	3.00	42.00
Homeworks			0	0.00	0.00
Projects			0	0.00	0.00
Field Studies			14	1.00	14.00
Midterm exams			1	2.00	2.00
Others			5	10.00	50.00
Final Exams			1	1.00	1.00
Total Work Load					153.00
Total work load/ 30 hr					5.03
ECTS Credit of the Course					5.00

22	Textbooks, References and/or Other Materials:	1.LETZELTER, M. : “Trainingsgrundlagen”, Training Technik-Taktik, Hamburg, 1982. 1. AÇIKADA, C. ,ERGEN,E.: “Bilim ve Spor”, Büro-tek Ofset Matbaacılık, Ankara, 1990. 2.ÇOLAKOĞLU, H. : “Antrenman Bilgisi Ders Notları”, D.E.Ü.B.E.F.B.E.S.B. , Manisa, 1983. 3.DÜNDAR, U. : “Antrenman Teorisi”, 2. Baskı, Bağırman Yayınevi, Ankara,1995. 4.FİDELUS, K. , KOCJASZ, J. : “Antrenman Alıştırmaları Derlemi”, Çeviri: Tanju Bağırman, Bağırman Yayınevi, Ankara, 1991 5. FİŞEK, K. : “Spor Yönetimi”, A.Ü.S.B.F.B.Y.Y.O. Basımevi, Ankara, 1980. 7.GÜNDÜZ, N. : “Antrenman Bilgisi”, 2. Baskı, Saray Kitapevleri, Bassaray Basımevi, İzmir, 1997. 8.MAROTZKE, H. : “Üst Düzeyde Antrenman Programlarının Hazırlanmasında Metodolojinin Önemi”, 9.MURATLI, S. , SEVİM, Y. : “Antrenman Bilgisi ve Testler”, Ofset Matbaacılık, Ankara, 1977. 10.MURATLI, S. : “Çocuk ve Antrenman”, Kültür Matbaası, Ankara, 1997. 11.ÖZMEN, Ö. : “Çağdaş Sporda Eğitim Üçgeni”, Yılmaz Matbaası, İstanbul,1976. 12.B.T.G.M.: “Sporda İnsan Gücü Geliştirme Simpozyumu” Güven Matbaası, Ankara, 1972. 13.ÇETİN, H. N. : "Teknik Analizi ve Teknik Antrenman", Spor Bilim II, Ankara, 1997. 14.GÜNDÜZ, N. : “Antrenman Bilgisi”,Saray Kitapevleri, Bassaray Basımevi, İzmir, 1997. 15.MURATLI, S. , SEVİM, Y. : “Antrenman Bilgisi ve Testler”, Ofset Matb. Ankara, 1977. 16.T.VF. : “Oyun Kuralları Kitabı” 17.Voleybol Bilim ve Teknoloji Dergileri Sayı 1-23 Hacettepe Üniversitesi 18GONCA, Gülçin “Voleybol Alıştırmaları 1” 19GONCA, Gülçin “Voleybol Alıştırmaları 2” 20.KORKMAZ, F., Voleybol Ders Notları” 2001 22.ANUAL,Coach, Antrenman Ve Alıştırmalar. 23.DİNÇER.,M.Hakan, “Koç Rehberi” 1999,İzmir 24.BENGÜ,Mehmet.,”Adam Voleybol” İstanbul 25.VURAT, M., “Voleybol Teknik”Ankara,2000 26.KORKMAZ,F. Yayınlanmamış ders notları 27. DOĞAN,A; Yayınlanmamış ders notları 28.ORKUNOĞLU,O. “Voleybol Öğretimi” Şahin Matbaası,Ekim 1997,ANKARA 29.TENNAT,M.,”Taktik Açısından Voleybol Takım Oyunu”1986 29.DİNÇER.,M.Hakan, “Koç Rehberi” 1999,İzmir
----	---	---

23	Assesment		
TERM LEARNING ACTIVITIES		NUMBER	WEIGHT
Midterm Exam		1	40.00
Quiz		0	0.00
Home work-project		0	0.00
Final Exam		1	60.00
Total		2	100.00
Contribution of Term (Year) Learning Activities to Success Grade			40.00
Contribution of Final Exam to Success Grade			60.00
Total			100.00
Measurement and Evaluation Techniques Used in the Course			Question-answer-test-application
24	ECTS / WORK LOAD TABLE		

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK2	5	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK3	5	0	5	0	0	0	3	0	0	0	0	0	0	0	0	0
ÖK4	5	0	4	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK5	5	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK6	5	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK7	5	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK8	5	0	5	0	4	0	0	0	0	0	0	0	0	0	0	0
ÖK9	5	4	5	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK10	5	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			