

DISASTER AND TRAUMA PSYCHOLOGY

1	Course Title:	DISASTER AND TRAUMA PSYCHOLOGY
2	Course Code:	PSİ3090
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	3
6	Semester:	6
7	ECTS Credits Allocated:	6.00
8	Theoretical (hour/week):	3.00
9	Practice (hour/week):	0.00
10	Laboratory (hour/week):	0
11	Prerequisites:	None
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Dr. Öğr. Üyesi BURCU KORKMAZ YAYIN
15	Course Lecturers:	Dr. Öğr. Üyesi Burcu Korkmaz Yayın
16	Contact information of the Course Coordinator:	Dr. Öğr. Üyesi Burcu Korkmaz Yayın burcukorkmaz@uludag.edu.tr Ofis Numarası: 0224 275 50 89 Bursa Uludağ Üniversitesi Fen-Edebiyat Fakültesi Psikoloji Bölümü Nilüfer/Bursa
17	Website:	
18	Objective of the Course:	To learn about natural disasters and human-made traumatic experiences, to define clinical features that occur after any traumatic events, to differentiate the symptoms of posttraumatic stress disorder, to learn about etiology of traumatic responses, to provide psychological first-aid after the natural disasters, to learn the treatment approaches.
19	Contribution of the Course to Professional Development:	To learn about experiences that can have traumatic effects and the reactions that can be given after these experiences; to recognize interventions for psychological symptoms associated with traumatic experiences.
20	Learning Outcomes:	
	1	To define traumatic experiences.
	2	To know the symptoms that occur after any traumatic event.
	3	To learn the types and the characteristics of individual and massive traumatic events.
	4	To get knowledge about the psychosocial interventions after the natural disasters.
	5	To evaluate different theories in the trauma literature.
	6	To understand the approaches of the intervention to the post-traumatic disorders.
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21	Course Content:	
	Course Content:	

Week	Theoretical	Practice
1	Introduction to the trauma psychology	
2	Definition of trauma and PTSD	
3	The Psychological History and the Etiology of Trauma (1)	
4	The Psychological History and the Etiology of Trauma (2)	
5	Types of Trauma - Natural Disasters (1)	
6	Types of Trauma - Sexual Assault (2)	
7	Types of Trauma - Wars and Other Traumas (3)	
8	Loss and Grief	
9	Post-Traumatic Growth	
10	Resilience	
11	The Fundamental Issues in Trauma Treatment	
12	Psychotherapeutic Intervention to PTSD (1)	
13	Psychotherapeutic Intervention to PTSD (2)	
14	PTSD in Children	

22	Textbooks, References and/or Other Materials:	- Van Der Kolk, B. A., McFarlane, A. C. ve Weisaeth, L. (2006). Traumatic stress: The effects of overwhelming experience on mind, body and society. NY: Guilford Press.
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Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical	- Van der Kolk (Çev. Nurgün MARAL) (2019) - Boşun Kayıt Tutar: Travmanın İyileşmesinde Beyin, Zihin ve Beden	4.00	40.00
Practicals/Labs	0	0.00	0.00
Self study and preperation	15	4.00	60.00
Homeworks	1	25.00	25.00
Projects	0	0.00	0.00
TERM LEARNING ACTIVITIES	NUMBER	WEIGHT	
Field Studies	0	0.00	0.00
Midterm Exams	1	25.00	25.00
Others	0	0.00	0.00
Home-work project	1	30.00	30.00
Final Exams	1	25.00	25.00
Total Work Load			182.00
Total work load/ 30 hr	3	100.00	6.07
ECTS Credit of the Course			6.00

Success Grade	
Contribution of Final Exam to Success Grade	60.00
Total	100.00
Measurement and Evaluation Techniques Used in the Course	Exam and homework

24	ECTS / WORK LOAD TABLE
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25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	0	0	0	0	0	0	0	0	3	0	0	0	0	0	0	0

ÖK2	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK3	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0
ÖK4	0	0	0	0	0	0	4	3	0	3	0	0	0	0	0	0
ÖK5	2	3	0	0	0	0	0	0	4	0	0	0	0	0	0	0
ÖK6	0	0	0	0	0	0	2	0	0	3	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			