

PSYCHOLOGICAL HEALTH OF CHILDREN AND ADOLESCENT

1	Course Title:	PSYCHOLOGICAL HEALTH OF CHILDREN AND ADOLESCENT
2	Course Code:	HEM3220
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	3
6	Semester:	6
7	ECTS Credits Allocated:	3.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	0.00
10	Laboratory (hour/week):	0
11	Prerequisites:	None
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Doç. Dr. BURCU ARKAN
15	Course Lecturers:	-----
16	Contact information of the Course Coordinator:	Doç. Dr. Burcu Arkan Bursa Uludağ Üniversitesi Sağlık Bilimleri Fakültesi Hemşirelik Bölümü Psikiyatri Hemşireliği Anabilim Dalı arkanburcu@yahoo.com 02242942477
17	Website:	https://uludag.edu.tr/saglikbilimleri
18	Objective of the Course:	The objective is to examine the philosophy of child and adolescent psychiatry nursing, the relationship between basic human sciences and child and adolescent psychiatry nursing, current practices and the compliance of theories and practices with the child and adolescent psychiatry nursing in parallel to the developments in the world and in our country.
19	Contribution of the Course to Professional Development:	The objective is to examine the philosophy of child and adolescent psychiatry nursing, the relationship between basic human sciences and child and adolescent psychiatry nursing, current practices and the compliance of theories and practices with the child and adolescent psychiatry nursing in parallel to the developments in the world and in our country.
20	Learning Outcomes:	
	1	Knowing the basic concepts related to the child and adolescent development
	2	Knowing the epidemiology of child and adolescent psychiatry
	3	Comprehending and realizing disorders related to the child and adolescent psychiatry
	4	Planning, implementing and evaluating effective nursing care in childhood and adolescence
	5	Conveying the knowledge to the child and adolescent during care
	6	Using the effective communication techniques and acting within the team spirit
	7	Acquiring sufficient knowledge about and insight into planning and conducting the researches that will play a key role in the development of child and adolescent nursing
	8	Complying with ethical rules in providing care for children and adolescents

		9	Following the policies of child and adolescent psychiatry		
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21	Course Content:				
	Course Content:				
Week	Theoretical		Practice		
1	Child and Adolescent Development				
2	Epidemiology of Child and Adolescent Psychiatry				
3	Common Developmental Disorders in Childhood and Adolescence				
4	Disruptive Behaviour Disorders in Childhood and Adolescence				
5	Communication and Speech Disorders				
6	Anxiety Disorders in Childhood and Adolescence				
7	Mood Disorders in Childhood and Adolescence				
8	Schizophrenia in Childhood and Adolescence				
9	Alcohol and Drug Addiction				
10	Eating Disorders in Childhood and Adolescence				
11	Abuse and neglect				
12	Suicide				
Activites			Number	Duration (hour)	Total Work Load (hour)
14 Being a child in a pandemic			14	2.00	28.00
Theoretical					
Practicals/Labs			0	0.00	0.00
Self study and preperation			14	2.00	28.00
Homeworks			0	0.00	0.00
Projects			0	0.00	0.00
Field Studies			0	0.00	0.00
Midterm exams			1	20.00	20.00
Others			0	0.00	0.00
Final Exams			1	20.00	20.00
Total Work Load					96.00
Total work load/ 30 hr					3.20
ECTS Credit of the Course					3.00

22	Textbooks, References and/or Other Materials:	<ol style="list-style-type: none"> 1. Akay, A., Ercan, E. (2021). Çocuk ve Ergen Ruh Sağlığı ve Hastalıkları. Türkiye Çocuk ve Genç Psikiyatrisi Derneği. Ankara 2. Köroğlu, E. (çev).DSM-5 Tanı Ölçütleri. (2014). Amerikan Psikiyatri Birliği. 3. Ercan ve ark. (2020). Çocuk ve Ergen Psikiyatrisi. Ankara: Akademisyen Yayınevi. 4. Çam, O., Engin, E. (2014). Ruh Sağlığı ve Hastalıkları Hemşireliği Bakım Sanatı. İstanbul: İstanbul Tıp Kitabevi. 5. Çıtak, E., Hiçdurmaz, D. (2020). Psikiyatri Hemşireliği Akıl Notları. Ankara: Güneş Tıp Kitabevleri. 6. Buket Şimşek Arslan & Kadriye Buldukoğlu (2015). Çocukla Terapötik Görüşmenin Hemşirelik Sürecine Göre İncelenmesi, Hacettepe University Faculty of Health Sciences Journal, s:657-663. 7. Karabekiroğlu K (2012). Bebek Ruh Sağlığı (0-4 yaş) Temel Kitabı, Ankara. 8. Yankı Yazgan & Elif Akın (2014). Çocuk ve Ergenlerde Klinik Psikiyatrik Değerlendirme, Türkiye Psikiyatri Derneği Sürekli Eğitim/Sürekli Mesleki Gelişim Dergisi, s:1-4. 9. UNICEF (2020a). COVID-19 Ebeveyni Olmak, COVID-19 Hakkında Konuşmak. https://868b1700-4f92-4143-a9e1-4d615770397f.filesusr.com/ugd/d13cc0_2da2137f5a394f77a9686aa13be024b7.pdf 10. Özçevik D. Ocakçı A. F. (2020). COVID-19 ve Ev Hapsindeki Çocuk: Salgının Psikolojik Etkileri ve Hafifletme Yolları. ASHD. 13-17 11. Saygılı, S. (2007). Ruhen ve Bedenen Sağlıklı Çocuk Yetiştirmek, Hayat Yayınları, 1. Baskı, İstanbul. 12. Ögel K. (2007). Riskli davranışlar gösteren çocuk ve ergenler alanda çalışanlar için bilgiler. İstanbul,Yeniden Sağlık ve Eğitim Derneği.
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23	Assesment		
TERM LEARNING ACTIVITIES		NUMBE R	WEIGHT
Midterm Exam		1	30.00
Quiz		0	0.00
Home work-project		1	10.00
Final Exam		1	60.00
Total		3	100.00
Contribution of Term (Year) Learning Activities to Success Grade		40.00	
Contribution of Final Exam to Success Grade		60.00	
Total		100.00	
Measurement and Evaluation Techniques Used in the Course		Homework, midterm exam, final exam	
24	ECTS / WORK LOAD TABLE		

[illegible]

ÖK3	5	5	5	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK4	5	5	5	5	5	0	0	5	0	0	5	5	0	0	0	0
ÖK5	5	5	5	5	5	0	0	0	0	0	5	5	5	0	0	0
ÖK6	0	0	0	5	0	0	0	0	0	0	0	0	0	0	0	0
ÖK7	0	5	0	0	0	5	5	0	0	5	5	0	0	0	0	0
ÖK8	0	0	0	0	0	0	0	5	0	0	5	0	0	0	0	0
ÖK9	0	0	0	0	0	0	0	5	5	0	5	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			