

COMPLEMENTARY AND ALTERNATIVE TREATMENTS

1	Course Title:	COMPLEMENTARY AND ALTERNATIVE TREATMENTS
2	Course Code:	HEM2211
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	2
6	Semester:	3
7	ECTS Credits Allocated:	3.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	0.00
10	Laboratory (hour/week):	0
11	Prerequisites:	
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Doç. Dr. HAVA GÖKDERE ÇINAR
15	Course Lecturers:	Dr. Öğr. Üyesi Hava GÖKDERE ÇINAR
16	Contact information of the Course Coordinator:	Dr. Öğr. Üyesi Hava GÖKDERE ÇINAR e-posta : havagokdere@uludag.edu.tr Telefon:02242942459 Adres: Bursa Uludağ Üniversitesi Sağlık Bilimleri Fakültesi Görükle Kampüsü-Bursa e-mail: havagokdere@uludag.edu.tr Phone number: 02242942459 Bursa Uludağ University Faculty of Health Sciences/ Bursa.
17	Website:	http://bilgipaketi.uludag.edu.tr/Ders/Index/1110011
18	Objective of the Course:	Today widespread, popular used as a complementary treatment methods and theoretical knowledge, complementary therapy, using care to gain skills and holistic (mind-body relationship and the treatment of diseases and care) with a view maintenance planning, methods, risks and benefits of evaluating applications integration would be like to explore.
19	Contribution of the Course to Professional Development:	The nurses, who are a member of the health system, are In the evaluation of complementary and alternative treatment methods, the purpose, effects, usage patterns of these methods, contributes to the correct explanation of the risks.
20	Learning Outcomes:	
	1	Complementary Therapies and Role of the Nurse to Know
	2	Today Widespread And Popular Complementary Therapies Used in Related to Methods of Theoretical Knowledge, Skills Winning Maintenance Using Complementary Treatment Methods
	3	Complementary And Alternative Treatment Methods Based on selected information to develop and Selected Treatment Methods for Evaluating the Risks and Benefits of Using Evidence-Based Criteria

		4	Complementary And Alternative Treatment Methods in Health Care Role of Selected Clinical examination and Conditions for Complementary and Alternative Treatment Methods for Identification of Effects		
		5	Mind-Body Medicine, Biology-Based Therapies, Manipulative and Body-Based Methods Energy Therapies in Nursing Practice of the Learning and Understanding Importance of Using		
		6	Complementary Therapies in Nursing Research to understand how things can be given		
		7	Understanding and interpreting the Ethical Dimensions of Complementary Therapies		
		8	Awareness of Legislation in Complementary Therapies		
		9			
		10			
21	Course Content:				
	Course Content:				
Week	Theoretical		Practice		
1	Complementary Therapies and the Nurse's Role				
Activites			Number	Duration (hour)	Total Work Load (hour)
Theoretical			14	2.00	28.00
Practicals/Labs			0	0.00	0.00
Self study and preparation			0	0.00	0.00
5	Maddot Therapy		14	1.00	14.00
6	Phytotherapy		0	0.00	0.00
Field Studies			0	0.00	0.00
Midterm exams			1	15.00	15.00
Others			1	10.00	10.00
Final Exams			1	20.00	20.00
9	Physical interventions are of -Zih				
Total Work Load					87.00
10	Physical interventions are of -Zih				2.90
ECTS Credit of the Course					3.00
11	Complementary Therapies in Nursing Research				
12	Complementary Therapies in Nursing Research				
13	Ethical Dimensions of Complementary Therapies				
14	Legislation in Complementary Therapie				

22	Textbooks, References and/or Other Materials:	<ol style="list-style-type: none"> 1. Öztürk R, Şatır DG, Sevil Ü, Jinekolojik kanserli hastaların tamamlayıcı ve alternatif tedavi kullanım durumları ve tutumlarının incelenmesi. Gaziantep Med J 2016;22(3):141-147 2. Ovayolu O, Ovayolu N. Semptom yönetiminde kanıt temelli tamamlayıcı yöntemler. Erciyes Üniversitesi Sağlık Bilimleri Fakültesi Dergisi 2013;1(1):83-98. 3. Uysal H, Kardiyovasküler Hastalıklarda Tamamlayıcı ve Alternatif Tıp Konusunda Güncel Yaklaşımlar, Journal of Cardiovascular Nursing 2016;7(Sup 2):69-83. 4. Mollahaliloglu et al. Geleneksel ve Tamamlayıcı Tıp Uygulamalarında Yeni Dönem. Ankara Med J, 2015, 15(2):102-105 5. Şahin S. Geleneksel, tamamlayıcı, alternatif tıp uygulamalarına genel bir bakış Türk Aile Hek Derg 2017; 21 (4): 159-162. 6. Tosun B., Unal N., Yigit D., Can N., Aslan O., Tunay S. Effects of Self-Knee Massage With Ginger Oil in Patients With Osteoarthritis: An Experimental Study. Research and Theory for Nursing Practice: An International Journal 2017;31(4):379-392.
----	---	---

23	Assesment		
TERM LEARNING ACTIVITIES		NUMBE R	WEIGHT
Midterm Exam		1	30.00
Quiz		0	0.00
Home work-project		1	10.00
Final Exam		1	60.00
Total		3	100.00
Contribution of Term (Year) Learning Activities to Success Grade		40.00	
Contribution of Final Exam to Success Grade		60.00	
Total		100.00	
Measurement and Evaluation Techniques Used in the Course		Performance-based metrics Measurement with multiple methods	
24	ECTS / WORK LOAD TABLE		

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	4	1	1	1	1	1	5	1	1	1	1	1	1	1	0	0
ÖK2	1	1	1	1	1	1	1	1	4	1	1	1	1	1	0	0
ÖK3	3	1	5	1	1	1	1	1	1	1	1	5	1	1	0	0
ÖK4	1	1	4	1	1	1	5	1	1	1	1	1	1	1	0	0
ÖK5	1	1	1	1	1	1	1	4	1	4	1	1	1	1	0	0
ÖK6	1	1	1	4	1	1	1	1	1	1	1	1	1	1	0	0
ÖK7	1	1	1	4	1	1	1	1	1	1	1	1	1	1	0	0
ÖK8	1	3	1	1	1	1	1	1	1	1	5	1	1	1	0	0
LO: Learning Objectives PQ: Program Qualifications																

Contribution Level:	1 very low	2 low	3 Medium	4 High	5 Very High
----------------------------	-------------------	--------------	-----------------	---------------	--------------------