

CHILD NUTRITION

1	Course Title:	CHILD NUTRITION
2	Course Code:	SHE5056
3	Type of Course:	Optional
4	Level of Course:	Second Cycle
5	Year of Study:	1
6	Semester:	2
7	ECTS Credits Allocated:	3.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	2.00
10	Laboratory (hour/week):	0
11	Prerequisites:	
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Prof. Dr. Nurcan Özyazıcıoğlu
15	Course Lecturers:	Doç. Dr. Metin Gölbaş Bursa Uludağ Üniversitesi, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik Bölümü mgoldas@uludag.edu.tr
16	Contact information of the Course Coordinator:	Prof. Dr. Nurcan Özyazıcıoğlu Bursa Uludağ Üniversitesi, Sağlık Bilimleri Fakültesi, Hemşirelik Bölümü nurcanoz@uludag.edu.tr
17	Website:	
18	Objective of the Course:	To train nurses who know the basic knowledge and principles of nutrition, nutrition-health interaction, nutrition in childhood and its importance and can guide in this direction
19	Contribution of the Course to Professional Development:	The student knows the basic concepts of nutrition, diet according to childhood periods and gains the ability to plan interventions to solve nutritional problems.
20	Learning Outcomes:	
	1	Knows healthy eating, nutritional principles and their importance.
	2	Knows the causes and results of unhealthy diet.
	3	Defines unhealthy nutrition and inadequate and unbalanced nutrition.
	4	Knows nutrition in childhood
	5	Contributes to gaining healthy eating habits
	6	Guiding nurses for nutrition in special situations and diseases
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21	Course Content:	
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Week	Theoretical	Practice
1	Nutrition Concept	

2	Nutrition and Health	
3	Food Components (Carbohydrates)	
4	Nutritional Components (Proteins)	
5	Nutritional Components (Oils).	
6	Food Components (Vitamins and Minerals).	
7	Food Components (Water and other nutritional components).	
8	Energy Metabolism	
9	Nutrition During Pregnancy and Breastfeeding.	
10	Nutrition in Preschool Period.	
11	Nutrition in School Period and Adolescence Period.	
12	Nutritional Diseases (Infectious Diseases, Diabetes and Nutrition in Cancer Patients, etc.)	
13	Child and Nursing Care with Nutritional Problems	
14	Prevention of Nutritional Errors and Nursing Approaches	

24	ECTS / WORK LOAD TABLE
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[illegible]

ÖK3	0	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK4	3	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK5	0	0	3	4	0	0	0	0	0	0	0	0	0	0	0	0
ÖK6	0	0	0	0	0	0	5	0	5	5	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			