

VOICE HEALTH AND PROTECTION

1	Course Title:	VOICE HEALTH AND PROTECTION	
2	Course Code:	MUZ6124	
3	Type of Course:	Optional	
4	Level of Course:	Third Cycle	
5	Year of Study:	1	
6	Semester:	2	
7	ECTS Credits Allocated:	4.00	
8	Theoretical (hour/week):	2.00	
9	Practice (hour/week):	0.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:		
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Doç. Dr. GÜLNIHAL GÜL	
15	Course Lecturers:		
16	Contact information of the Course Coordinator:	U.Ü. Eğitim Fakültesi Güzel Sanatlar Eğitimi Bölümü Müzik Eğitimi Ana Bilim Dalı gulnihal@uludag.edu.tr	
17	Website:		
18	Objective of the Course:	The aim of this course is to enable students to use their voices more effectively, to recognize the organs involved in the systems involved in sound production, to know about important voice disorders, to have information about the measures that can be taken to protect voice health.	
19	Contribution of the Course to Professional Development:	This course will increase the awareness of individuals who will use their voice in their professional life, and will contribute to the awareness of voice disorders they will encounter and to the solution of problems they may experience.	
20	Learning Outcomes:		
		1	Knows the correct posture and position in producing sound.
		2	Recognizes the organs producing sound.
		3	Knows the organs in the vibrator system and their features in sound production.
		4	Knows the organs in the vibrator system and their features in sound production.
		5	Knows the organs in the articulatory system and their features in sound production.
		6	Knows the correct breathing and voice technique.
		7	Knows the main voice disorders.
		8	It can take measures to protect sound health.
		9	
		10	
21	Course Content:		
		Course Content:	
Week	Theoretical	Practice	

1	Introduction to sound health and protection course. Course description, content, method of teaching, measurement and evaluation methods. Terms and concepts.			
2	What is sound? What are the necessary conditions for a healthy voice to occur?			
3	The importance of correct posture and correct posture in healthy voice production.			
4	The benefits of knowing the organs in the vibrator system and their roles in sound production on vocal health.			
5	The benefits of knowing the organs in the resonance system and their effects on quality sound production on vocal health.			
6	Organs in the articulatory system and their place in sound production			
7	How does correct articulation occur in healthy sound production?			
8	The importance of correct posture and correct posture in healthy voice production.			
9	Systems involved in sound production and Breathing System.			
10	What is correct breathing? What are the vocal health benefits?			
11	What are the main voice disorders?			
12	Methods of avoiding voice disorders.			
Activites		Number	Duration (hour)	Total Work Load (hour)
Theoretical do	how to protect their voice health and what to do	14	2.00	28.00
Practicals/Labs		0	0.00	0.00
22	Textbooks, References and/or Other Self-study and preparation Materials:	14	6.00	84.00
Homeworks		0	0.00	0.00
Projects		0	0.00	0.00
Field Studies		0	0.00	0.00
Midterm exams		5	10.00	50.00
Others		0	0.00	0.00
Final Exams		0	0.00	0.00
Total Work Load				114.00
Total work load/ 30 hr				3.80
ECTS Credit of the Course				4.00
		Gürnar, D. (2019). Ses Eğitimi ve Konuşma [voice Training and Speech], Prosodi (Bu'ru'n Bı-lı-mı) ve Konuşma Çalışmayı. Türk Dil Kurumu Yayınları. HELVACI Ayhan, Şarkı Söyleme Eğitimi[Singing Training], Temel Konular ve Uygulamalar, Ekin Yayınevi, Bursa, 2012.		
23	Assesment			
TERM LEARNING ACTIVITIES		NUMBE R	WEIGHT	
Midterm Exam		0	0.00	
Quiz		0	0.00	
Home work-project		0	0.00	
Final Exam		1	100.00	

Total	1	100.00
Contribution of Term (Year) Learning Activities to Success Grade	0.00	
Contribution of Final Exam to Success Grade	100.00	
Total	100.00	
Measurement and Evaluation Techniques Used in the Course	Open Ended Written Exam	
24	ECTS / WORK LOAD TABLE	

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	5	1	1	1	1	4	2	4	1	2	2	3	0	0	0	0
ÖK2	5	1	1	1	1	4	1	5	1	3	1	2	0	0	0	0
ÖK3	5	1	1	1	1	4	1	5	1	3	1	2	0	0	0	0
ÖK4	5	1	1	1	1	4	1	4	1	3	1	2	0	0	0	0
ÖK5	5	1	1	1	1	4	1	4	1	3	1	2	0	0	0	0
ÖK6	5	1	1	1	1	4	1	4	1	3	1	2	0	0	0	0
ÖK7	3	1	1	1	1	1	1	5	1	1	1	5	0	0	0	0
ÖK8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low		2 low		3 Medium		4 High		5 Very High							