

GROUP DYNAMICS IN PHYSICAL EDUCATION AND SPORTS

1	Course Title:	GROUP DYNAMICS IN PHYSICAL EDUCATION AND SPORTS	
2	Course Code:	BED5118	
3	Type of Course:	Optional	
4	Level of Course:	Second Cycle	
5	Year of Study:	1	
6	Semester:	2	
7	ECTS Credits Allocated:	4.00	
8	Theoretical (hour/week):	2.00	
9	Practice (hour/week):	0.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:		
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Doç. Dr. RECEP GÖRGÜLÜ	
15	Course Lecturers:		
16	Contact information of the Course Coordinator:	Doç. Dr. Recep GÖRGÜLÜ gorgulu@uludag.edu.tr gorgulurecep@gmail.com 0 (224) 294 2931 B.U.Ü. Spor Bilimleri Fakültesi AD, Görükle-Bursa	
17	Website:		
18	Objective of the Course:	Theories about group and group integrity in sport, group and group dynamics in sports, how the group becomes a group, group-individual interaction, group association, size and integrity of the group, examination of group members' roles and interactions. Social locomotion and social facilitation theories in sports.	
19	Contribution of the Course to Professional Development:	Have an idea about group dynamics in sport.	
20	Learning Outcomes:		
		1	Explain the concept of group and team in sports.
		2	Defines group dynamics in sports.
		3	Explain the group norms and relationships in sports.
		4	Explain the relationship between group dynamics and sportive performance.
		5	Create methods for group dynamics
		6	They can develop in group communication and dynamics
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21	Course Content:		
		Course Content:	
Week	Theoretical	Practice	
1	Basic concepts of group dynamics		
2	Relationship between individual and team team dynamics		

3	Group dynamics and performance relationship in sports	
4	Group dynamics and performance relationship in sports	
5	Group norms and communication	
6	Group norms and leadership	
7	Methods for group dynamics	
8	Determination of methods for group dynamics	
9	Planning methods for group dynamics	
10	Development of methods for group dynamics	
11	Group dynamics researches in sports	
12	Examples of group dynamics research in sports	
13	Examples of group dynamics in sport	
14	Student presentations	

22	Textbooks, References and/or Other Materials:	<ol style="list-style-type: none"> 1. Weinberg, R., & Gould, D. (2015). Foundations of Sport and Exercise Psychology 6th Edition. 2. Carron, A., & Eys, A. M. (2011). Group Dynamics in sport. 3. Mark, R. Beauchamp, Mark A., Eys. Group Dynamics in Exercise and Sport Psychology (2014). Routledge. 4. Bruner, M., Mark Eys., & Martin, L. (2020). The Power of Groups in Youth Sport. Academic Press.
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Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical	14		
Midterm Exam	1	40.00	28.00
Practicals/Labs	0	0.00	0.00
Self study and preparation	0	0.00	0.00
Home work-project	0	0.00	0.00
Homeworks	1	20.00	20.00
Projects	0	0.00	0.00
Total	2	100.00	0.00
Field Studies	0	0.00	0.00
Students Grade	1	30.00	30.00
Others	0	0.00	0.00
Final Exams	1	40.00	40.00
Total	1	100.00	40.00
Total Work Load			148.00
Total work load/ 30 hr			3.93
ECTS Credit of the Course			4.00

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ÖK5	0	4	0	5	0	0	0	3	0	0	0	3	0	0	0	0
ÖK6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			