

FUNDAMENTALS OF NURSING-I

1	Course Title:	FUNDAMENTALS OF NURSING-I
2	Course Code:	SHE5045
3	Type of Course:	Optional
4	Level of Course:	Second Cycle
5	Year of Study:	1
6	Semester:	1
7	ECTS Credits Allocated:	7.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	2.00
10	Laboratory (hour/week):	0
11	Prerequisites:	None
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Doç. Dr. DİLEK YILMAZ
15	Course Lecturers:	-
16	Contact information of the Course Coordinator:	Doç. Dr. Dilek Yılmaz Bursa Uludağ Üniversitesi, Sağlık Bilimleri Fakültesi, Hemşirelik Esasları AD e-mail: dilekk@uludag.edu.tr Telefon: 0224 294 2454
17	Website:	
18	Objective of the Course:	This course aims to teach nursing care by analyzing principles and concepts in order to resolve current nursing problems in terms of physiological and psychological needs of the adult patient.
19	Contribution of the Course to Professional Development:	This course includes an introduction to nursing principles and developing basic nursing skills.
20	Learning Outcomes:	
	1	To be able to perform basic nursing skills in accordance with the professional principles.
	2	To be able to administer drugs in a safety manner.
	3	To be able to deliver patient care in accordance with nursing process.
	4	To be able determine the basic needs of the patient.
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21	Course Content:	
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Week	Theoretical	Practice
1	Introduction of the Course / Sharing Principles and Objectives	
2	Health and nursing	
3	Learning and teaching process	

4	Teaching methods																																																			
5	Drug interactions, drug allergies, drug use in old age and children																																																			
6	Sleep and rest																																																			
7	Stress and health, individual coping strategies																																																			
8	Pain and pain control- I																																																			
9	Intravenous fluid therapy																																																			
10	Nurse's responsibilities in laboratory sample taking and diagnostic procedures																																																			
11	Pressure ulcers and their care																																																			
12	Nursing process																																																			
13	Hot cold applications																																																			
14	Evaluation of the lesson																																																			
22	Textbooks, References and/or Other Materials:	<ul style="list-style-type: none">• Kara Kaşıkçı M, Akın E (Ed). Temel Hemşirelik-Esaslar, Kavramlar, İlkeler, Uygulamalar. İstanbul Tıp Kitabevleri, İstanbul, 2021.• Atabek Aştı T, Karadağ A (Ed). Hemşirelik Esasları Hemşirelik Bilimi ve Sanatı. Akademi Basın ve Yayıncılık, İstanbul, 2012.• Atabek Aştı T, Karadağ A (Ed). Klinik Uygulama Becerileri ve Yöntemleri. Nobel Tıp Kitabevleri, Adana, 2011.• Dikmen Y, Korhan EA (ed). Hemsirelik Esasları Klinik																																																		
Activites		<table><tr><th>Number</th><th>Duration (hour)</th><th>Total Work Load (hour)</th></tr><tr><td>Theoretical</td><td>Değerlendirilmesi, Hasta Bakım ve Takibi. Nobel Tıp Kitabevleri, İstanbul, 2012.</td><td>28.00</td></tr><tr><td>Practicals/Labs</td><td>14</td><td>2.00</td></tr><tr><td>Self study and preperation</td><td>Edişon, Mosby, 2009.</td><td>5.00</td></tr><tr><td>Homeworks</td><td>12</td><td>5.00</td></tr><tr><td>Projects</td><td>2008.</td><td>0.00</td></tr><tr><td>Field Studies</td><td>0</td><td>0.00</td></tr><tr><td>Midterm exams</td><td><ul style="list-style-type: none">• Netina SM. Lippincott Manual of Nursing Practice, 8th edition, Lippincott Williams & Wilkins, 2005.</td><td>0.00</td></tr><tr><td>Others</td><td>0</td><td>0.00</td></tr><tr><td>Final Exams</td><td><ul style="list-style-type: none">• Guide to Planning Care, 7th Edition, Mosby, 2005.• Ochs G. Study Guide & Skills Performance Checklists to</td><td>10.00</td></tr><tr><td>Total Work Load</td><td></td><td>206.00</td></tr><tr><td>Total work load/ 30 hr</td><td>2004.</td><td>6.87</td></tr><tr><td>ECTS Credit of the Course</td><td><ul style="list-style-type: none">• White L. Foundations of Basic Nursing, 2 Edition</td><td>7.00</td></tr><tr><td></td><td></td><td><ul style="list-style-type: none">• Kozier B, Erb G, Berman AJ, Snyder S, Berman A. Fundamentals of Nursing: Concepts, Process, and Practice, 7th Edition, Prentice Hall, 2003.• Johnson M, Bulechek G, Dochterman JM, Maas M, Moorhead S. Nursing Diagnoses, Outcomes, and Interventions: NANDA, NOC and NIC Linkages, 1st edition, C.V. Mosby, 2001.• Taylor C, Lillis, C, Le Mone P. Fundamentals of Nursing The Art & Science of Nursing Care. Lippincott Co., Philadelphia, 2001.• Timby BK. Fundamental Skills and Concept in Patient Care. 7th Edition, Lippincott Co., Philadelphia, 2001.</td></tr><tr><td>23</td><td>Assesment</td><td></td></tr><tr><td colspan="2">TERM LEARNING ACTIVITIES</td><td><table><tr><th>NUMBE R</th><th>WEIGHT</th></tr></table></td></tr></table>	Number	Duration (hour)	Total Work Load (hour)	Theoretical	Değerlendirilmesi, Hasta Bakım ve Takibi. Nobel Tıp Kitabevleri, İstanbul, 2012.	28.00	Practicals/Labs	14	2.00	Self study and preperation	Edişon, Mosby, 2009.	5.00	Homeworks	12	5.00	Projects	2008.	0.00	Field Studies	0	0.00	Midterm exams	<ul style="list-style-type: none">• Netina SM. Lippincott Manual of Nursing Practice, 8th edition, Lippincott Williams & Wilkins, 2005.	0.00	Others	0	0.00	Final Exams	<ul style="list-style-type: none">• Guide to Planning Care, 7th Edition, Mosby, 2005.• Ochs G. Study Guide & Skills Performance Checklists to	10.00	Total Work Load		206.00	Total work load/ 30 hr	2004.	6.87	ECTS Credit of the Course	<ul style="list-style-type: none">• White L. Foundations of Basic Nursing, 2 Edition	7.00			<ul style="list-style-type: none">• Kozier B, Erb G, Berman AJ, Snyder S, Berman A. Fundamentals of Nursing: Concepts, Process, and Practice, 7th Edition, Prentice Hall, 2003.• Johnson M, Bulechek G, Dochterman JM, Maas M, Moorhead S. Nursing Diagnoses, Outcomes, and Interventions: NANDA, NOC and NIC Linkages, 1st edition, C.V. Mosby, 2001.• Taylor C, Lillis, C, Le Mone P. Fundamentals of Nursing The Art & Science of Nursing Care. Lippincott Co., Philadelphia, 2001.• Timby BK. Fundamental Skills and Concept in Patient Care. 7th Edition, Lippincott Co., Philadelphia, 2001.	23	Assesment		TERM LEARNING ACTIVITIES		<table><tr><th>NUMBE R</th><th>WEIGHT</th></tr></table>	NUMBE R	WEIGHT
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Midterm Exam	0	0.00
Quiz	0	0.00
Home work-project	4	30.00
Final Exam	1	70.00
Total	5	100.00
Contribution of Term (Year) Learning Activities to Success Grade	30.00	
Contribution of Final Exam to Success Grade	70.00	
Total	100.00	
Measurement and Evaluation Techniques Used in the Course	Measurement and evaluation are performed according to the Rules & Regulations of Bursa Uludağ University on Undergraduate Education.	

24 ECTS / WORK LOAD TABLE

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	5	5	5	3	5	5	5	5	5	5	0	0	0	0	0	0
ÖK2	4	4	4	3	4	4	4	4	4	4	0	0	0	0	0	0
ÖK3	5	5	5	3	5	5	5	5	5	5	0	0	0	0	0	0
ÖK4	4	4	4	3	4	4	4	4	4	4	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			