

COMPLEMENTARY AND INTEGRATIVE MEDICINE

1	Course Title:	COMPLEMENTARY AND INTEGRATIVE MEDICINE
2	Course Code:	TIP1089
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	1
6	Semester:	1
7	ECTS Credits Allocated:	3.00
8	Theoretical (hour/week):	1.00
9	Practice (hour/week):	0.00
10	Laboratory (hour/week):	0
11	Prerequisites:	Participation is limited to 25 students
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Prof. Dr. ALİS ÖZÇAKIR
15	Course Lecturers:	Konu ile ilgili ve eğitimli diğer uzmanlar ve öğretim elemanları
16	Contact information of the Course Coordinator:	Tıp Fakültesi Aile Hekimliği Anabilim Dalı 0224 295 42 11 alis@uludag.edu.tr
17	Website:	http://bilgipaketi.uludag.edu.tr/Ders/IndexENG/1116531
18	Objective of the Course:	Provide information about the various traditional and complementary methods which are increasingly used by society in the world, explain frequently used methods and the legal status of complementary methods in our country, communicate with patients appropriately and understand useless and useful ones, demonstrate ways to integrate into conventional medicine when needed, investigate current methods, provide counseling to patients
19	Contribution of the Course to Professional Development:	To have knowledge about complementary medicine practices, to distinguish between useful and unhelpful, and to guide their patients.
20	Learning Outcomes:	
	1	Definition and types of traditional and complementary medicine
	2	Integrative medicine/ Holistic medicine concepts
	3	Psychosocial determinants of health and illness; mind, body and spirit
	4	Traditional and complementary methods used in Turkey and legislation
	5	Closer look to some commonly used methods (Phytotherapy, Acupuncture, Vitamin and diets, Manipulative methods, relaxation techniques, Hypnosis, Homeopathy, etc) and integration
	6	Research and free work related issues
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21	Course Content:	
	Course Content:	

Week	Theoretical	Practice
1	Definition and types of traditional and complementary methods	
2	The philosophy, concept and development of Integrative medicine	
3	Traditional and complementary methods in Turkey and their legislations/regulations	
4	Biologically based approaches --examples	
5	Energy therapies--examples	
6	Mind-body interventions—examples	
7	Manipulative and body body-based therapies--examples	
8	Integration of complementary medicine into primary health care	
9	Research and free work	
10	-	
11	-	
12	-	
13	-	
14	-	

22	Textbooks, References and/or Other Materials:	1-Rakel D. "Integrative Medicine". 3rd edition. Saunders Com;2012
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Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical	14	1.00	14.00
Practicals/Labs	0	0.00	0.00
Self study and preparation	0	0.00	0.00
Homeworks	14	4.00	56.00
Projects	0	0.00	0.00
Field Studies	0	0.00	0.00
Midterm Exams	1	10.00	10.00
Others	0	0.00	0.00
Final Exams	1	10.00	10.00
Contribution of Term (Year) Learning Activities to Total Work Load	40	10.00	10.00
Contribution of Final Exam to Success Grade	60.00		3.00
ECTS Credit of the Course			3.00

Measurement and Evaluation Techniques Used in the Course	There is a midterm and a final exam in the form of a multiple choice test.
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24	ECTS / WORK LOAD TABLE
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25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	5	0	5	0	5	0	5	0	5	0	0	0	0	0	0	0
ÖK2	5	0	0	5	0	5	0	5	0	5	0	0	0	0	0	0
ÖK3	5	5	0	5	0	5	0	5	0	5	5	0	0	0	0	0

ÖK4	5	0	5	0	5	0	5	0	5	0	0	0	0	0	0	0
ÖK5	5	0	5	5	0	5	0	5	0	0	0	0	0	0	0	0
ÖK6	5	0	5	0	5	0	5	0	5	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			