HORSE TRAINING TECHNIQUES I

1	Course Title:	HORSE TRAINING TECHNIQUES I
2	Course Code:	AAAZ203
3	Type of Course:	Compulsory
4	Level of Course:	Short Cycle
5	Year of Study:	2
6	Semester:	3
7	ECTS Credits Allocated:	3.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	0.00
10	Laboratory (hour/week):	0
11	Prerequisites:	None
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Öğr.Gör. KEMAL YILMAZ
15	Course Lecturers:	Öğr.Gör. Kemal YILMAZ U.Ü. Mennan Pasinli Atçılık M.Y.O. kemalyilmaz@uludag.edu.tr 0(224) 2941376
16	Contact information of the Course Coordinator:	Öğr.Gör. Kemal YILMAZ U.Ü. Mennan Pasinli Atçılık M.Y.O. kemalyilmaz@uludag.edu.tr 0(224) 2941376
17	Website:	
18	Objective of the Course:	The aim of the course provide systematic development, protection and learn to follow with growing and long-term issues using principles of scientific training, sports horses to reach the required performance, Compatible functional and morphological changes in the technical and tactical elements of basic skills, within a program of individualized motor skills and psychological factors.
19	Contribution of the Course to Professional Development:	Can plan appropriate training programs for sports horses to reach the required performance.
20	Learning Outcomes:	

	1	Understand the basic principles of horse training
	2	That may explain the events that occur in metabolism in horses of different levels of exercise.
	3	Focusing the relationship between training systems and structures that make up the body of the horse.
	4	establish the relationship between energy metabolism and horse training methods.
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21	Course Content:

	Course Content:

Week	Theoretical	Practice
1	Definition and objectives of the training.	
2	Planning principles and types of training	
3	Factors affecting the performance of sport horses	
4	Factors affecting the performance of sport horses	
5	Sport horses in training musculature relationship	
6	Horse Training in the aerobic and anaerobic systems	
7	Horse Training in the aerobic and anaerobic systems	
8	Thermoregulation in horse training	
9	Analysis of VO2 and the horse training Heart rate graph	
10	Analysis of VO2 and the horse training Heart rate graph	
11	Methods used to evaluate the performance of the horse	
12	Biomechanical and Genetic Characteristics and workout Relation to Horses	

Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical of horse training	14	2.00	28.00
Practicals/Labs	0	0.00	0.00
Self study and preperation	Materials: Successfully Understanding and Training Your Horse by Colin Gildon	0.00	0.00
Homeworks	0	0.00	0.00
Projects	Horse Training In-Hand: A Modern Guide to Working from the Ground by Ellen Schuthof-Lesmeister and Kip Mistral	0.00	0.00
Field Studies	0	0.00	0.00
Midterm exams	Training Thoroughbred Horses by Preston M. Burch 1	25.00	25.00
Others	0	0.00	0.00
Final Exams / Assesment	1	40.00	40.00
Total Work Load			118.00
Total work load/ 30 hr / Midterm Exam	1	40.00	3.10
ECTS Credit of the Course			3.00

Home work-project	0	0.00
Final Exam	1	60.00
Total	2	100.00

Contribution of Term (Year) Learning Activities to Success Grade	40.00
Contribution of Final Exam to Success Grade	60.00
Total	100.00
Measurement and Evaluation Techniques Used in the Course	Summative Evaluation, Formative Evaluation

24	**ECTS / WORK LOAD TABLE**

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	1	2	3	4	3	2	3	2	4	2	2	4	0	0	0	0
ÖK2	2	2	2	5	3	2	3	2	4	2	2	5	0	0	0	0
ÖK3	2	4	3	4	2	2	3	1	5	2	3	4	0	0	0	0
ÖK4	1	4	3	4	2	1	2	2	4	2	2	4	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			