		S	KI III								
1	Course Title:	SKI III									
2	Course Code:	AEB412	5								
3	Type of Course:	Optional									
4	Level of Course:	First Cyc	ele								
5	Year of Study:	4									
6	Semester:	7									
7	ECTS Credits Allocated:	6.00									
8	Theoretical (hour/week):	2.00									
9	Practice (hour/week):	2.00									
10	Laboratory (hour/week):	0									
11	Prerequisites:	Having to	aken Ski Expertise 2 course								
12	Language:	Turkish									
13	Mode of Delivery:	Face to f	ace								
14	Course Coordinator:	Dr. Ögr.	Üyesi OKAN GÜLTEKİN								
15	Course Lecturers:	Prof.Dr. Nimet Haşıl Korkmaz nhasil@uludag.edu.tr									
16	Contact information of the Course Coordinator:	otekin@ 0 224 29 B U Ü, S	an Gültekin Duludag.edu.tr , 294 06 99 Spor Bilimleri Fakültesi, Eğitimi ve Spor Öğretmenliği Bölümü AD								
17	Website:										
18	Objective of the Course:  Comprehending the teaching methods of the technical and motoric features that need to be developed in ski training and developing skills related to this.										
19	Contribution of the Course to Professional Development:	Have ski	knowledge and technique for top performance.								
20	Learning Outcomes:										
		1	Have practical skills in ski sport.								
		2	Knows the technical terms in skiing and shows them h to apply them.								
		3	Skiing develops in different slopes characteristics								
		4	Can do slalaom exercises in Alpine Skiing								
		5	Can do giant slalom exercises in Alpine Skiing								
		6									
		7									
		8									
		9									
		10									
21	Course Content:										
10/	<b>T</b>	Со	purse Content:								
	Theoretical	nloc of	Practice Conving technique work on anow								
1	Explanation of the mechanical princi		Carving technique work on snow								
2	Explanation of the mechanical princi the carving technique	ples of	Studies on the center of gravity								

25	CONTRIBUTION OF			O TO DECOD							
	ECTS / WORK LOAD TABLE	<u> </u>									
weasur Course	ement and Evaluation Techniques Used	in the	theory and practice e	xam							
	Credit of the Course				6.00						
Total w	ork load/ 30 hr		100.00		6.10						
	/ork Load				183.00						
Singles	ution or reminited to Learning Activities to Section 1988	10	1	1.00	1.00						
Others	la.	14	0 0.00 0.00								
Midtern	n exams		<del>10.00</del>	1.00							
Field St	work-project In	lc	0.00 0.00								
Projects	s		700	0.00	0.00						
Midtern			10 0 0	0.00	0.00						
	ady and preperation		25 10 00	5.00	125.00						
	als/Labs		14	2.00	28.00						
Theore	KSlesment	<u> </u>	14	2.00	28.00						
Activit	es		Number Duration (hour) Total Wo								
22	Textbooks, References and/or Other Materials:	F	Nat Brown, 1999, Complete Guide To Cross Country Ski Preparation. Cevdet Bereket, 2000, Uluslararası Kayak Yarışmaları. John Moynier, 2003, Cross - Country (Racing) Cross- Country Skiing. Kayak Tarihi. Gazi Kitabevi · Yavuz Tanyeri. Cilt Durumu								
14	Start and finish timekeepers and other referees		Examination of the start and finish time referees and other referees' duties during the competition.								
13	Training or setting up a race slope. ( Sla	alom) F	Preparing a race slope	e for seniors (slalom)							
12	Training or setting up a race slope. ( Sla	alom) F	Preparing a race slope for seniors (slalom)								
11	Training or setting up a race slope.(Giar Slalom)	nt F	Preparing a race slope for kids (Giant Slalom)								
10	Training or setting up a race slope. (Gia Slalom)		Preparing a race slope Giant Slalom)	e for kids							
9	The phases of the slalom turn technique		Stages of pressure in Beginning, middle an		ique						
8	The phases of the slalom turn technique	ie I	Implementation of slalom turn links								
7	The phases of the slalom turn technique		Application of the slalom Turn phases								
6	The phases of the giant slalom turn tech		Stages of pressure in the giant slalom turn technique (Beginning, middle and end)								
5	The phases of the giant slalom turn tech	nnique I	Implementation of giant slalom turn links								
4	-	nnique <i>A</i>	Application of the giant slalom Turn phases								
3	Explanation of the mechanical principles the carving technique		exercises to maintain natural openness and balance exercises in turns								

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME  QUALIFICATIONS															
	PQ1 PQ2 PQ3 PQ4 PQ5 PQ6 PQ7 PQ8 PQ9 PQ1 PQ11 PQ12 PQ1 PQ14 PQ15 PQ16												PQ16			
ÖK1	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK2	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK3	0	0	4	0	0	0	0	0	0	0	0	0	0	0	0	0

ÖK4	0	0	0	4	0	0	0	0	0	0	0	0	0	0	0	0
ÖK5 0 0 0 4 0 0 4 4 0 0 0 0 0 0 0 0 0 0 0									0	0						
Contrib 1 very low 2 low ution Level:						3 1	Medi	um	,	4 Higl	n	5 Very High				