

TABLE TENNIS I

1	Course Title:	TABLE TENNIS I
2	Course Code:	AEB3115
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	3
6	Semester:	5
7	ECTS Credits Allocated:	6.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	2.00
10	Laboratory (hour/week):	0
11	Prerequisites:	unavailable
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Prof. Dr. Şenay ŞAHİN
15	Course Lecturers:	Öğrt. Gör Faruk Korkmaz
16	Contact information of the Course Coordinator:	sksahin@uludag.edu.tr
17	Website:	
18	Objective of the Course:	Knowing the rules of the game industry in the table tennis competition and regulation
19	Contribution of the Course to Professional Development:	Ensure that you can apply and teach the basic techniques and tactics of the table tennis branch at a certain level.
20	Learning Outcomes:	
	1	To Learn the rules of table tennis game
	2	Table Tennis warm up technique
	3	To learn the steps to shift For new table tennis racket grip, ball familiarization, basic postures and be able to learn the steps to shift
	4	To learn Forehand and backhand straight shots
	5	To learn strokes Fh. and Bh. cut from the bottom (Backspin)
	6	To learn Bh Fh and side kicks (Sidespin)
	7	To learn Kick the ball from the top (topspin)
	8	To learn Blocks and Bh to Fh
	9	To prepare Match fixtures
	10	Learning to Match
21	Course Content:	
	Course Content:	
Week	Theoretical	Practice
1	Forehand stroke technique and application	Forehand stroke technique
2	Forehand stroke technique and application	Forehand stroke technique
3	Forehand stroke technique and application	Forehand stroke technique
4	Backhand stroke technique and application	Forehand stroke technique
5	Backhand stroke technique and application	Backhand stroke technique

6	Backhand stroke technique and application and game	Backhand stroke technique
7	Backhand stroke technique and application and game combinations	Backhand stroke technique
8	Forehand spin technique	Spin
9	Forehand spin technique	Spin
10	Forehand spin technique	Spin
11	Forehand spin technique	Spin
12	Forehand spin technique and application and game combinations	Spin
13	Forehand spin technique and tactice and application and game combinations	Spin
14	Forehand spin technique Forehand spin technique and application and game combinations	Spin

22	Textbooks, References and/or Other Materials:	TMTF oyun kuralları ve müsabaka yönetmeliği Turhan,B.Masa Tenisi Teknik ve Öğretim,Saray Kitapevi,İzmir,1997. Erdil,G.Masa tenisi teknik-taktik-kondisyon, Alaş Matbaası,İstanbul 1987 Behdari, R., Zorba, E., Göktepe, M., & Bayram, M. (2016). 9-12 yaş masa teniştirlerin vücut kompozisyonu, antropometrik ve somatotip özelliklerinin belirlenmesi. Sportif Bakış: Spor ve Eğitim Bilimleri Dergisi, 3(1), 61-69. Inanoğlu, D. (2015). Bedensel Engelli Masa Tenisi Sporcularının Karın ve Sırt Kaslarının Desteklenmesinde İki Farklı Yöntemin Karşılaştırılması. Uluslararası İnsan Bilimleri Dergisi, 7(1), 193-206.
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Activites		Number	Duration (hour)	Total Work Load (hour)
Theoretical		14	2.00	28.00
Practicals/Labs		14	2.00	28.00
SELF-LEARNING ACTIVITIES	NUMBER	WEIGHT	15.00	30.00
Homeworks	2	20.00		40.00
Midterm Exam	1	10.00		10.00
Projects	3	10.00		30.00
Quiz	0	0.00		0.00
Field Studies	0	0.00		0.00
Home work project	0	0.00		0.00
Midterm exams	1	10.00		10.00
Final Exam	1	20.00		20.00
Others	0	0.00		0.00
Total	2	100.00		100.00
Final Exams	1	20.00		20.00
Contribution of Term (Year) Learning Activities to		40.00		40.00
Total Work Load				186.00
Total work load/30 hr				6.20
Contribution of Final Exam to Success Grade		60.00		
ECTS Credit of the Course				6.00
Total		100.00		
Measurement and Evaluation Techniques Used in the Course	multiple choice true False gap-filling			

24	ECTS / WORK LOAD TABLE
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25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	4	3	2	5	5	4	3	4	5	5	0	0	0	0	0	0
ÖK2	4	5	4	4	3	4	4	4	3	5	0	0	0	0	0	0

ÖK3	5	3	4	4	5	3	4	5	4	5	0	0	0	0	0	0
ÖK4	2	2	3	3	4	2	2	2	2	3	0	0	0	0	0	0
ÖK5	4	4	4	4	5	4	4	4	4	3	0	0	0	0	0	0
ÖK6	3	4	3	3	3	3	5	2	3	4	0	0	0	0	0	0
ÖK7	5	4	3	3	3	5	3	5	3	4	0	0	0	0	0	0
ÖK8	4	4	5	3	3	4	5	5	4	3	0	0	0	0	0	0
ÖK9	4	5	3	3	5	4	5	4	3	4	0	0	0	0	0	0
ÖK10	4	4	4	4	3	4	4	5	4	3	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contrib ution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			