

# HANDBALL

1	Course Title:	HANDBALL
2	Course Code:	AEB0014
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	1
6	Semester:	2
7	ECTS Credits Allocated:	5.00
8	Theoretical (hour/week):	1.00
9	Practice (hour/week):	2.00
10	Laboratory (hour/week):	0
11	Prerequisites:	Optional
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Öğr. Gör. MİNE TOPSAÇ
15	Course Lecturers:	
16	Contact information of the Course Coordinator:	mtopsac@uludag.edu.tr , 0 224 294 06 96 Bursa Uludağ Üniversitesi Spor Bilimleri Fakültesi Antrenörlük Bölümü
17	Website:	
18	Objective of the Course:	The aim of this course is to teach the coaching department students the definition of handball, its history, game rules, handball warm-up, all the basic techniques of handball with and without the ball, the definition and classification of tactics in handball, offensive and defensive tactics, game systems theoretically and practically.

At the same time, it aims to provide a school team with knowledge and skills on how to teach these subject contents both theoretically and practically.

Activites		Number	Duration (hour)	Total Work Load (hour)
Theoretical		14	1.00	14.00
Practicals/Labs		14	2.00	28.00
Self study and preperation		11	5.00	55.00
Homeworks		0	0.00	0.00
Projects		0	0.00	0.00
Field Studies		0	0.00	0.00
Midterm exams		1	20.00	20.00
Others		0	0.00	0.00
Final Exams		1	30.00	30.00
Total Work Load				167.00
Total work load/ 30 hr				4.90
ECTS Credit of the Course				5.00

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19	Contribution of the Course to Professional Development:	Knows all kinds of basics and tactics and game rules related to handball branch. With this information, one has the first level coaching information.	
20	Learning Outcomes:		
		1	To explain the definition and history of handball.
		2	To interpret the game rules..
		3	To comprehend the basic technical skills of handball.
		4	Explains the rules.
		5	To explain the handball game with the view of ethic rules
		6	To interpret the handball exercises by using the creativity.
		7	To explain the technic and tactic knowledges to the students.
		8	To do positive criticisms as a good handball viewer.
		9	To comprehend the basic skills of handball effectively for psychosocial developments of students..
		10	To explain the technique and tactic subjects of handball with appropriate teaching techniques.
21	Course Content:		
	Course Content:		

Week	Theoretical	Practice
1	Meeting. General and specific explanations about lesson. The aim(s) and subjects of lesson and competencies. Importance of handball in Turkey and world. History of handball	Students learn general informations about handball by searching the resources.
2	Game rules of handball	Students gain the ability of doing practice about game rules.
3	Passes that are used in handball. Basic pass (with and without side steps), snap pass (inner wrist- outer wrist), catching and crashing in handball.	Students can apply the basic passes and catching and crashing exercises.
4	Passes that are used in handball. Jump pass, bouncing pass, back hand pass, chest pass, neck pass, shovel pass, dribbling.	Students can practice the Jump pass, bouncing pass, back hand pass, chest pass, neck pass, shovel pass, dribbling.
5	Goal kickers that are used in handball. Basic goal kickers (high basic goal kickers- hip height basic goal kick- low basic goal kick)	Students can practice basic goal kickers (high basic goal kickers- hip height basic goal kick- low basic goal kick)
6	Dive shot (diving forward shot- diving side shot- shot in bending sideways- jump shot)	Students can practice Dive shot (diving forward shot- diving side shot- shot in bending sideways- jump shot)
7	Fakes that are used in handball (fakes with and without ball). Goal keepers' exercises in handball.	Fakes that are used in handball (fakes with and without ball). Goal keepers' exercises in handball.
8	repeat the courses	repeat the courses
9	General informations about defense in handball. Features of defense.	General informations about defense in handball. Features of defense.
10	Team Defense (6:0, 5:1, 4:2, 3:2:1)	Students can practice team defenses.
11	General informations about attack in handball. Features of attack.	Students can explain general informations about attack in handball and features of attack
12	Team attack (attack stages and systems). Types of attacks.	Students can practice types of attacks..
13	2:2, 3:3, 4:4 game, visual education with video cassettes.	Students can do match practices
14	General Evaluation	Students can do match practices
22	Textbooks, References and/or Other Materials:	1. SEVİM, Y. "Hentbol Teknik Taktik", Ankara, 1992 2. MURATLI, S. ASLAN, M. AĞAN, Y. "Hentbol" Oto Basımevi , İstanbul. 3. DORAK, F. "Hentbol I Bireysel Hücum ve Savunma" İzmir, 1994. 4. MURATLI, S. ÖNER, K. "Hentbol da Savunma" İstanbul, 1985 5. KAYMAZ, S. BAŞ, F. "Hentbol de 3 Anahtar" 6. ÇELİKSOY, M. "Hentbol de Teori ve Uygulama" Eskişehir, 1996. 7. BAĞIRGAN, T. "Hentbol de Antrenman" Bağırman Kitapevi, Ankara, 1990 8. BAĞIRGAN, T. "Hentbol de Performans" Bağırman Kitapevi Ankara, 1998 9. MURATLI, S. : "Çocuk ve Antrenman", Kültür Matbaası, Ankara, 1997.
23	Assesment	
TERM LEARNING ACTIVITIES		NUMBE R
Midterm Exam		1
Quiz		0
Home work-project		0
Final Exam		1
Total		2
		WEIGHT
		40.00
		0.00
		0.00
		60.00
		100.00



Contribution of Term (Year) Learning Activities to Success Grade	40.00
Contribution of Final Exam to Success Grade	60.00
Total	100.00
Measurement and Evaluation Techniques Used in the Course	Classic exam Practical exam
<b>24</b>	<b>ECTS / WORK LOAD TABLE</b>

<b>25</b>	<b>CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS</b>															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	4	2	3	2	3	3	2	2	1	3	0	0	0	0	0	0
ÖK2	3	3	4	3	4	4	3	4	1	2	0	0	0	0	0	0
ÖK3	2	1	1	2	4	4	3	4	3	2	0	0	0	0	0	0
ÖK4	2	2	1	2	1	3	3	2	3	1	0	0	0	0	0	0
ÖK5	1	1	2	1	3	2	3	4	5	5	0	0	0	0	0	0
ÖK6	3	3	3	3	4	2	3	5	3	5	0	0	0	0	0	0
ÖK7	3	3	4	4	4	2	1	3	2	1	0	0	0	0	0	0
ÖK8	2	2	1	2	3	3	3	4	4	3	0	0	0	0	0	0
ÖK9	3	2	3	1	1	1	2	1	2	2	0	0	0	0	0	0
ÖK10	2	2	3	2	3	3	4	3	2	2	0	0	0	0	0	0
<b>LO: Learning Objectives    PQ: Program Qualifications</b>																
<b>Contribution Level:</b>	<b>1 very low</b>		<b>2 low</b>		<b>3 Medium</b>		<b>4 High</b>		<b>5 Very High</b>							