

# TECHNOLOGY ADDICTION

1	Course Title:	TECHNOLOGY ADDICTION
2	Course Code:	PSI3092
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	3
6	Semester:	6
7	ECTS Credits Allocated:	6.00
8	Theoretical (hour/week):	3.00
9	Practice (hour/week):	0.00
10	Laboratory (hour/week):	0
11	Prerequisites:	None
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Dr. Öğr. Üyesi BURCU KORKMAZ YAYIN
15	Course Lecturers:	-
16	Contact information of the Course Coordinator:	Dr. Öğr. Üyesi Burcu Korkmaz Yayın burcukorkmaz@uludag.edu.tr Ofis Numarası: 0224 275 50 89  Bursa Uludağ Üniversitesi Fen-Edebiyat Fakültesi Psikoloji Bölümü Nilüfer/Bursa
17	Website:	
18	Objective of the Course:	To define technology addiction concept and its criteria, to explain the causes of technology addiction, and to have knowledge about the prevention and intervention programs of technology addiction.
19	Contribution of the Course to Professional Development:	Because technology addiction is one of the common and current problems, the Technology Addiction course will provide psychology undergraduate students to raise awareness about the relevant subject, to get knowledge about the intervention methods and to convey current scientific information.
20	Learning Outcomes:	
	1	Learning the technology addiction concept and defining its characteristics.
	2	Gaining information about the causes of technology addiction.
	3	Recognizing the prevention programs of technology addiction.
	4	Having the current knowledge about the determination of technology addiction and the ways to intervene.
	5	Determining the risk groups in terms of technology addiction.
	6	Evaluating the negative consequences of technology addiction.
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21	Course Content:	
	Course Content:	

Week	Theoretical	Practice			
1	Definition of technology addiction & characteristics of technology addiction (1)				
2	Definition of technology addiction & characteristics of technology addiction (2)				
3	Evaluation of risk groups for technology addiction.				
4	Types and prevalence of technology addiction				
5	Causes of technology addiction (1)				
6	Causes of technology addiction (2)				
7	The relationship between the technology addiction and the other mental health problems				
8	The consequences of technology addiction				
9	Prevention of technology addiction (1)				
10	Prevention of technology addiction (2)				
11	The intervention programs for technology addiction (1)				
12	The intervention programs for technology addiction (2)				
13	Technology addiction in children and adolescents (1)				
14	Technology addiction in children and adolescents (2)				
Activites		Number	Duration (hour)	Total Work Load (hour)	
23	Assessment Theoretical	14	3.00	42.00	
TERM LEARNING ACTIVITIES		NUMBER	WEIGHT		
Practicals/Labs		0	0.00	0.00	
Self study and preparation		1	40.00	0.00	0.00
Homeworks		0	0.00	0.00	
Project work-project		0	0.00	0.00	0.00
Field Studies		0	0.00	0.00	
Mid term exams		2	100.00	50.00	50.00
Others		0	0.00	0.00	
Success Grade Final Exams		1	90.00	90.00	
Total Work Load				232.00	
Total work load/ 30 hr		100.00		6.07	
ECTS Credit of the Course				6.00	
Course					
24	ECTS / WORK LOAD TABLE				

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	0	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0
ÖK2	0	0	0	0	0	0	0	0	4	0	0	0	0	0	0	0
ÖK3	0	0	0	2	0	0	0	0	0	5	0	0	0	0	0	0

ÖK4	0	0	0	2	0	0	0	0	0	5	0	0	0	0	0	0
ÖK5	0	0	0	0	0	2	3	0	0	3	0	0	0	0	0	0
ÖK6	0	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0
LO: Learning Objectives    PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			