

CHILDREN MENTAL HEALTH

1	Course Title:	CHILDREN MENTAL HEALTH
2	Course Code:	OKU3204
3	Type of Course:	Compulsory
4	Level of Course:	First Cycle
5	Year of Study:	3
6	Semester:	6
7	ECTS Credits Allocated:	5.00
8	Theoretical (hour/week):	3.00
9	Practice (hour/week):	0.00
10	Laboratory (hour/week):	0
11	Prerequisites:	None
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Prof. Dr. HANDAN ASUDE BAŞAL
15	Course Lecturers:	Prof. Dr. Handan Asûde BAŞAL asubasal@uludag.edu.tr
16	Contact information of the Course Coordinator:	Prof. Dr. Handan Asude BAŞAL asubasal@uludag.edu.tr, 0 224 2942295 Bursa Uludağ Üniversitesi Eğitim Fakültesi, A Blok, Temel Eğitim Bölümü, 16059 Nilüfer, Bursa
17	Website:	
18	Objective of the Course:	Understanding Importance Of Mental Health, Explanation, Anomaly Mental' Definition And Anomaly Mental' Causes Understanding. Family-Child-Teacher Communication Understand The Importance And Correct Methods Of Communication
19	Contribution of the Course to Professional Development:	Students define mental health. Students explain the importance of mental health. Students summarize the historical development of mental health. Students list theories about mental health. Students list the characteristics of individuals with and without mental health. Students explain the diagnosis and treatment of behavioral and adaptation problems in children. Students interpret the effects of special situations in the family on the mental health of the child.
20	Learning Outcomes:	
	1	At the completion of this course, students will be able to describe in oral and written form; Importance of positive mental health
	2	Mental health in the school and family
	3	Normal and abnormal behaviors of children
	4	The underlying reasons for abnormal behaviors
	5	The parental attitudes
	6	Important behavioral problems in children

		7	The solutions and suggestions for behavioral problems in children and adolescents		
		8	The management of anxiety and stress		
		9	The different therapy techniques		
		10	The play therapy		
21	Course Content:				
	Course Content:				
Week	Theoretical		Practice		
1	Introduction - Introduction Course				
2	Introduction To Children's Mental Health				
3	Important of positive mental health				
4	Mental health in the family				
5	Mental health in the school				
6	Normal and abnormal behaviors of children				
7	The underlying reasons for abnormal				
Activites			Number	Duration (hour)	Total Work Load (hour)
Theoretical			14	3.00	42.00
8	Important behavioral problems in children				
Practicals/Labs			0	0.00	0.00
10	Self study and preparation		14	6.00	84.00
Homeworks			0	0.00	0.00
11	Projects		5	4.00	20.00
Field Studies			0	0.00	0.00
12	Midterm exams		1	1.00	1.00
Others			0	0.00	0.00
13	Final Exam		1	1.00	1.00
Total Work Load					149.00
Total work load/ 30 hr					4.93
ECTS Credit of the Course					5.00

ÖK5	2	1	2	2	2	2	3	0	0	0	0	0	0	0	0	0
ÖK6	4	2	2	1	3	2	3	0	0	0	0	0	0	0	0	0
ÖK7	3	2	2	1	1	3	3	0	0	0	0	0	0	0	0	0
ÖK8	3	2	2	2	1	2	2	0	0	0	0	0	0	0	0	0
ÖK9	1	1	2	2	2	2	2	0	0	0	0	0	0	0	0	0
ÖK10	1	3	3	3	1	2	2	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			