

POST-TRAUMATIC STRESS DISORDER

1	Course Title:	POST-TRAUMATIC STRESS DISORDER	
2	Course Code:	RPD6116	
3	Type of Course:	Optional	
4	Level of Course:	Third Cycle	
5	Year of Study:	1	
6	Semester:	2	
7	ECTS Credits Allocated:	4.00	
8	Theoretical (hour/week):	2.00	
9	Practice (hour/week):	0.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:	None	
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Prof. Dr. FİGEN AKÇA	
15	Course Lecturers:		
16	Contact information of the Course Coordinator:	Prof. Dr. Figen Akça figenakca@uludag.edu.tr Tel: +90 224 2942278	
17	Website:		
18	Objective of the Course:	Recognize post-traumatic disorder, child, adolescent, family, and to learn about ways to study	
19	Contribution of the Course to Professional Development:	The course is to enable students to recognize and evaluate advanced post-traumatic situations, and especially in crisis intervention. It foresees to prepare a psychological counselor to make decisions in institutions where it works and to implement the most appropriate interventions in a short time, especially on issues such as earthquakes, natural disasters, harassment, abuse, or individuals who come with the trauma of migration.	
20	Learning Outcomes:		
		1	To define the traumatic experiences and reaction to traumatic experience
		2	to explain the post-traumatic reactions in children
		3	to explain the post-traumatic reactions in adolescence
		4	to explain the post-traumatic reactions in adulthood
		5	to explain Determining Factors of traumatic experiences
		6	to discuss properties of the trauma-resistant individuals
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21	Course Content:		
		Course Content:	
Week	Theoretical	Practice	
1	Traumatic experiences		

2	Reactions to traumatic experiences	
3	Effects of trauma on individuals and families	
4	Determining Factors of traumatic experiences	
5	Distortion-normal life after the traumatic event and the Importance of the Role of Schools	
6	Characteristics of traumatic events Resistant Individuals	
7	Travma and child	
8	Post-traumatic growth	
9	relief workers in the post-traumatic stress disorder	
10	After trauma specialist help	
11	Outline of the study, with children	
12	Outline of the study with family	
13	Outline of the study with teacher	
14	After a Traumatic Event psychoeducation program	

22	Textbooks, References and/or Other Materials:	Başoğlu, M. (1992). Psikolojik travma sonrası stres hastalığı: Psikolojik kuramlar, tedavide yeni gelişmeler ve güncel konular. Türk Psikiyatri Dergisi, 3, 9–21. Dyregrov, A. (2000). Çocuk, kayıplar ve yas: Yetişkinler için bir rehber. İstanbul: Epsilon Yayınları.
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Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical	14	2.00	28.00
Practicals/Labs	0	0.00	0.00
Self study and preperation	12	14.00	28.00
Homeworks	1	12.00	12.00
Projects	1	10.00	10.00
Field Studies	0	0.00	0.00
Midterm exams	1	14.00	14.00
Others	6	2.00	12.00
Final Exams	1	16.00	16.00
Total Work Load			120.00
Total work load/ 30 hr			4.00
ECTS Credit of the Course			4.00

23	Assesment	
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TERM LEARNING ACTIVITIES	NUMBER	WEIGHT
Midterm Exam	1	20.00
Quiz	1	10.00
Home work-project	1	20.00
Final Exam	1	50.00
Total	4	100.00
Contribution of Term (Year) Learning Activities to Success Grade		50.00
Contribution of Final Exam to Success Grade		50.00

Total									100.00								
Measurement and Evaluation Techniques Used in the Course									Midterm, homework								
24	ECTS / WORK LOAD TABLE																
25		CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16	
ÖK1	4	1	2	1	1	3	1	1	1	1	1	1	1	1	1	1	
ÖK2	4	1	3	1	2	1	1	3	1	1	1	1	1	1	1	1	
ÖK3	4	2	1	4	1	1	3	1	1	1	1	1	1	1	1	1	
ÖK4	5	4	1	1	3	1	3	1	1	1	1	1	1	1	1	1	
ÖK5	4	3	1	2	1	1	1	3	1	1	1	1	1	1	1	1	
ÖK6	5	3	1	2	1	3	1	1	1	1	1	1	1	1	1	1	
LO: Learning Objectives PQ: Program Qualifications																	
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High				