

MENTAL HEALTH AND PSYCHIATRIC NURSING I

1	Course Title:	MENTAL HEALTH AND PSYCHIATRIC NURSING I	
2	Course Code:	SHE6039	
3	Type of Course:	Optional	
4	Level of Course:	Third Cycle	
5	Year of Study:	1	
6	Semester:	1	
7	ECTS Credits Allocated:	4.00	
8	Theoretical (hour/week):	2.00	
9	Practice (hour/week):	2.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:	None	
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Doç. Dr. BURCU ARKAN	
15	Course Lecturers:		
16	Contact information of the Course Coordinator:	Doç. Dr. Burcu Arkan Bursa Uludağ Üniversitesi Sağlık Bilimleri Fakültesi Hemşirelik Bölümü Psikiyatri Hemşireliği Anabilim Dalı arkanburcu@yahoo.com 02242942477	
17	Website:	https://uludag.edu.tr/saglikbilimleri	
18	Objective of the Course:	It is aimed to earn graduate level knowledge, skills and attitudes related to psychiatric nursing of the students in this course.	
19	Contribution of the Course to Professional Development:	It is dealt with issues related to introduction to psychiatric nursing and basic concepts, the conceptual framework and theories of psychiatric nursing.	
20	Learning Outcomes:		
		1	Explain the basic concepts of psychiatric nursing
		2	Ability to use counseling and communication skills
		3	Apply a systematic approach in psychiatric nursing
		4	Develop positive attitudes towards people with mental health problems
		5	Ability to use appropriate nursing skills for people with mental disorders
		6	To exhibit appropriate behavior with ethical
		7	To use the psychiatric nursing knowledge and skills learned in class their own life
		8	
		9	
		10	
21	Course Content:		
		Course Content:	
Week	Theoretical	Practice	
1	Introduction to psychiatric nursing and basic concepts		
2	The conceptual framework and theories of psychiatric nursing		

3	Psychiatric nursing theorists (Peplau, Orlando, Travelbee vb.)	
4	Evidence-based practice in psychiatric nursing	
5	Psychiatry diagnostic systems and use of psychiatric nursing	
6	Therapeutic communication in psychiatric nursing	
7	Ethical and legal issues in psychiatry	
8	Transcultural psychiatry	
9	Stress, anxiety, adjustment and coping	
10	Crisis and crisis intervention	
11	Consulting and helping skills	
12	The concept of group and group dynamics	
13	Pharmacological treatments used in psychiatry and nursing approaches	
14	Complementary and psychosocial therapies in psychiatry	

22	Textbooks, References and/or Other Materials:	1. Halter MJ. Varcarolis' Foundations of Psychiatric Mental Health Nursing: A Clinical Approach. 7th Edition, Elsevier Health Sciences; 2013. 2. Mohr WK. Foundational Concepts in Psychiatric Mental Health Nursing. Lippincott, Philadelphia; 2009. 3. Öztürk O, Uluşahin A. Ruh Sağlığı ve Bozuklukları.
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Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical	5	2.00	10.00
Practicals/Labs	14	2.00	28.00
Self study and preperation	12	3.00	36.00
Homeworks	0	0.00	0.00
Projects	0	0.00	0.00
Field Studies	0	0.00	0.00
Midterm exams	0	0.00	0.00
Others	0	0.00	0.00
Final Exams	1	20.00	20.00
Total Work Load			118.00
Total work load/ 30 hr			3.93
ECTS Credit of the Course			4.00

TERM LEARNING ACTIVITIES	NUMBER	WEIGHT
Midterm Exam	0	0.00
Quiz	0	0.00
Home work-project	0	0.00
Final Exam	1	100.00
Total	1	100.00
Contribution of Term (Year) Learning Activities to Success Grade		0.00
Contribution of Final Exam to Success Grade		100.00
Total		100.00
Measurement and Evaluation Techniques Used in the Course	Presentation and final exam	

24	ECTS / WORK LOAD TABLE															
25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	5	0	0	5	0	0	5	4	0	0	0	0	0	0	0	0
ÖK2	5	0	0	0	0	0	0	5	5	0	5	0	0	0	0	0
ÖK3	0	5	0	0	0	5	5	0	5	0	5	0	0	0	0	0
ÖK4	0	0	5	0	0	0	0	0	0	5	0	0	0	0	0	0
ÖK5	5	5	0	0	0	5	5	0	4	0	0	0	0	0	0	0
ÖK6	0	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK7	0	5	0	0	0	0	0	0	0	5	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low		2 low		3 Medium		4 High		5 Very High							