

TRAINING AND CONDITION OF THE RIDER

1	Course Title:	TRAINING AND CONDITION OF THE RIDER	
2	Course Code:	AAAS235	
3	Type of Course:	Optional	
4	Level of Course:	Short Cycle	
5	Year of Study:	2	
6	Semester:	3	
7	ECTS Credits Allocated:	3.00	
8	Theoretical (hour/week):	2.00	
9	Practice (hour/week):	0.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:	None	
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Öğr.Gör. KEMAL YILMAZ	
15	Course Lecturers:	Öğr.Gör. Kemal YILMAZ U.Ü. Mennan Pasinli Atçılık M.Y.O. kemalyilmaz@uludag.edu.tr 0(224) 2941376	
16	Contact information of the Course Coordinator:	Öğr.Gör. Kemal YILMAZ U.Ü. Mennan Pasinli Atçılık M.Y.O. kemalyilmaz@uludag.edu.tr 0(224) 2941376	
17	Website:		
18	Objective of the Course:	To increase the athletic developmental ability, knowledge and skills of the rider	
19	Contribution of the Course to Professional Development:	In-depth knowledge of equestrian sport is acquired.	
20	Learning Outcomes:		
		1	Knows the errors and difficulties caused by horse and rider in equestrian sports according to the branches and produces solutions accordingly.
		2	Understands the relationship between riding and different disciplines.
		3	To focus on the relationship between equestrian sport and anatomy and physiology.
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21	Course Content:		
		Course Content:	

Week	Theoretical	Practice		
1	Equestrian Sport overview			
2	aids in equestrian sport			
3	aids in equestrian sport			
4	aids in equestrian sport			
5	Correct position in equestrian sport			
6	Functions of body limbs			
7	Functions of body limbs			
8	Functions of body limbs			
9	Balance in Equestrian Sport			
10	Balance in Equestrian Sport			
11	Moving Forward (Pulse)			
12	Position-Bending			
13	Teaching Horse Riding and Becoming a Rider Instructor			
14	Teaching Horse Riding and Becoming a Rider Instructor			
22	Textbooks, References and/or Other	Besser Reiten für Fortgeschrittene: Dressur, Springen		
Activites		Number	Duration (hour)	Total Work Load (hour)
Theoretical		11	2.00	28.00
Practicals/Labs		0	0.00	0.00
Self study and preperation		-	0.00	0.00
Homeworks		0	0.00	0.00
Projects		3702012818	0.00	0.00
Field Studies		0	0.00	0.00
Midterm exams		Kerstin Schmitz, Silvia B. u. a., Verlag, 2021, 2. Aufl., ISBN 13: 9783440133897, ISBN 10: 3440133893	25.00	25.00
Others		0	0.00	0.00
Final Exams		-	40.00	40.00
Total Work Load				93.00
Total work load/ 30 hr		344011175X		3.10
ECTS Credit of the Course				3.00
		ISBN-13: 9783440133897, ISBN-10: 3440133893		
23	Assesment			
TERM LEARNING ACTIVITIES		NUMBER	WEIGHT	
Midterm Exam		1	40.00	
Quiz		0	0.00	
Home work-project		0	0.00	
Final Exam		1	60.00	
Total		2	100.00	
Contribution of Term (Year) Learning Activities to Success Grade		40.00		
Contribution of Final Exam to Success Grade		60.00		

Total									100.00								
Measurement and Evaluation Techniques Used in the Course									Exam and Evaluation								
24		ECTS / WORK LOAD TABLE															
25		CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16	
ÖK1	4	5	4	3	1	5	1	1	1	1	2	2	0	0	0	0	
ÖK2	3	4	3	2	1	1	1	1	1	1	1	1	0	0	0	0	
ÖK3	2	2	4	4	3	3	3	3	2	2	2	2	0	0	0	0	
LO: Learning Objectives PQ: Program Qualifications																	
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High				