

FAMILY PLANNING AND SEXUAL EDUCATION

1	Course Title:	FAMILY PLANNING AND SEXUAL EDUCATION
2	Course Code:	HEM3209
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	3
6	Semester:	5
7	ECTS Credits Allocated:	3.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	0.00
10	Laboratory (hour/week):	0
11	Prerequisites:	None
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Öğr. Gör. PAKİZE CİNDAS
15	Course Lecturers:	
16	Contact information of the Course Coordinator:	Bursa Uludağ Üniversitesi Sağlık Bilimleri Fakültesi e-mail:pakize@uludağ.edu.tr tel:02242942457
17	Website:	
18	Objective of the Course:	Sexuality of physical, emotional, social and intellectual aspects of the personality and direction to improve communication and understanding by integrating the acquisition of knowledge of sexual health protection purposes. Gaining knowledge about family planning, counseling and education to make grasping the importance of human life in society and gain the knowledge and skills.
19	Contribution of the Course to Professional Development:	To contribute to the strengthening of the role of the nursing profession in providing sexual education and counseling to healthy / sick individuals.
20	Learning Outcomes:	
	1	Sexual and reproductive health in a holistic perspective of lifelong health and explains the importance of place
	2	Ignores the effects of reproductive health, reproductive rights and gender discrimination are discussed.
	3	View of sexuality and sexual values in the community understands the processes of developing
	4	Women and men in sexual and reproductive health risks facing explains
	5	Male and female sexuality, processes, know the differences and similarities in the sexual organs
	6	Comments and objectives of the importance of family planning
	7	Family planning methods, the mechanism of action, characteristics, effects, and knows the warning signs.
	8	Sexually transmitted infections, early diagnosis, treatment and prevention needs to be done to tell
	9	Know the symptoms of sexual abuse and ways to avoid
	10	False beliefs about sexuality comments
21	Course Content:	
	Course Content:	

Week	Theoretical	Practice
1	Disclosure Of The Content And Objectives Of The Course Presentation	
2	The Introduction To Sexual Health Course	
3	Community View To Sexuality .To Determine Values About Sexuality	
4	The Development Of Sexual Identity. The Physical And Psychological Changes At Adolescence	
5	Health Of Reproduction. Sexual Health Rights	
6	Anatomy Of The Reproductive And Sexual Function And Physiology And Disorders	
7	Family Planning	
8	Family Planning	
9	Family Planning	
10	Infertility – Assisted Reproductive Techniques	
11	Infections Caused By Sexual Transmission	
12	Infections Caused By Sexual Transmission	
13	Infections Caused By Sexual Transmission	
14	Sexual Abuse .False Knowledge And Believing About Sexuality	
22	Textbooks, References and/or Other	Taşkın L (2009). Doğum ve Kadın Sağlığı Hemşireliği.
Activites		Number Duration (hour) Total Work Load (hour)
Theoretical	Universitesi Açıköğretim Fakültesi Yayınları No:556, Eskişehir	2.00 28.00
Practicals/Labs	0	0.00 0.00
Self study and preperation	Kadın Hastalıkları Hemşireliği El Kitabı. Coşkun A (Ed). Vehbi Koc Vakfı Yayınları No:11. İstanbul.	12.00 28.00
Homeworks	0	0.00 0.00
Projects	Hastalıkları ve Doğum Bilgisi. Güneş Kitabevi, Ankara, Berek JS, Adashi EY, Hillard PA (1998). Novak Jinekoloji.	0.00 0.00
Field Studies	0	0.00 0.00
Midterm exams	Ulusal Aile Planlaması Hizmetleri, Aile Planlaması Ve Üreme Sağlığı, TC Sağlık Bakanlığı Ana Çocuk Sağlığı	12.00 12.00
Others	0	0.00 0.00
Final Exams	Şirin A.,(ed)Kadın Sağlığı, Değerli Faydacılar, İstanbul,2000	22.00 22.00
Total Work Load		102.00
Total work load/ 30 hr	Eğitim, İnsan Kaynakları ve Geliştirme Vakfı, Geliştirme Yayınları, İstanbul,2006	3.00
ECTS Credit of the Course		3.00
		Ulusal Aile Planlaması Hizmetleri, Aile Planlaması Ve Üreme Sağlığı, TC Sağlık Bakanlığı Ana Çocuk Sağlığı Ve Aile Planlaması Genel Müdürlüğü, Ankara,2005
23	Assesment	
TERM LEARNING ACTIVITIES		NUMBER WEIGHT
Midterm Exam	1	40.00
Quiz	0	0.00
Home work-project	0	0.00
Final Exam	1	60.00
Total	2	100.00
Contribution of Term (Year) Learning Activities to Success Grade		40.00

Contribution of Final Exam to Success Grade	60.00
Total	100.00
Measurement and Evaluation Techniques Used in the Course	Mid-term and half-year exams are applied as multiple-choice test exams.
24	ECTS / WORK LOAD TABLE

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	5	0	0	0	0	0	0	0	0	4	0	0	0	0	0	0
ÖK2	5	0	0	0	4	0	0	4	0	4	0	0	0	0	0	0
ÖK3	5	0	0	0	4	0	0	0	0	4	0	0	0	0	0	0
ÖK4	5	0	0	0	4	0	0	0	0	4	0	0	0	0	0	0
ÖK5	5	0	0	0	4	0	0	0	0	4	0	0	0	0	0	0
ÖK6	5	0	0	0	4	0	0	0	0	4	0	0	0	0	0	0
ÖK7	5	0	0	4	4	0	0	0	0	4	0	0	0	0	0	0
ÖK8	5	0	0	4	4	0	0	0	0	4	0	0	0	0	0	0
ÖK9	5	0	0	4	4	0	0	4	0	4	0	0	0	0	0	0
ÖK10	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			