

SKI IV

1	Course Title:	SKI IV
2	Course Code:	AEB4126
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	4
6	Semester:	8
7	ECTS Credits Allocated:	6.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	2.00
10	Laboratory (hour/week):	0
11	Prerequisites:	Having taken Ski Expertise 3 course
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Dr. OKAN GÜLTEKİN
15	Course Lecturers:	Prof.Dr. Nimet Haşıl Korkmaz nhasil@uludag.edu.tr
16	Contact information of the Course Coordinator:	Dr. Okan Gültekin otekin@uludag.edu.tr , 0 224 294 06 99 B U Ü, Spor Bilimleri Fakültesi, Beden Eğitimi ve Spor Öğretmenliği Bölümü AD
17	Website:	
18	Objective of the Course:	Comprehending the teaching methods of the technical and motoric features that need to be developed in ski training and developing skills related to this.
19	Contribution of the Course to Professional Development:	Have ski knowledge and technique for top performance.
20	Learning Outcomes:	
	1	Have information about skiing
	2	Have practical skills in ski sport.
	3	Knows the technical terms in skiing and shows them how to apply them.
	4	Skiing develops in different slopes characteristics
	5	Can do slalom exercises in Alpine Skiing
	6	Can do giant slalom exercises in Alpine Skiing
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21	Course Content:	
	Course Content:	
Week	Theoretical	Practice
1	Studying the mechanics of the carving technique	Exercises of the sense of rhythm in the carving technique
2	Studying the mechanics of the carving technique	Coordination exercises in the carving technique

3	Preparation of race slope for the category of women (Giant slalom)	Preparation of race slope for the category of women on snow (Giant slalom)
4	Preparation of race slope for the category of women (Giant slalom)	Preparation of race slope for the category of women on snow (Giant slalom)
5	Preparation of race slope for the category of women (slalom)	Preparation of race slope for the category of women on snow (slalom)
6	Kar üzerinde kadınlar kategorisi için yarışma pisti hazırlama (slalom)	Kar üzerinde kadınlar kategorisi için yarışma pisti hazırlama (slalom)
7	Preparation of race slope for the category of men (Giant slalom)	Preparation of race slope for the category of men on snow (Giant slalom)
8	Preparation of race slope for the category of men (Giant slalom)	Preparation of race slope for the category of men on snow (Giant slalom)
9	Preparation of race slope for the category of men (slalom)	Preparation of race slope for the category of men on snow (slalom)
10	Preparation of race slope for the category of men (slalom)	Preparation of race slope for the category of men on snow (slalom)
11	Examination of races other than giant slalom and slalom competitions	Application of racing techniques other than giant slalom and slalom competitions
12	Examination of races other than giant slalom and slalom competitions	Application of racing techniques other than giant slalom and slalom competitions
13	Mountain management and inspection of mechanical facilities	Mountain management and inspection of mechanical facilities in winter environment
14	Avalanche, search and rescue and first aid	avalanche, search and rescue and first aid practices on snow

Activites			Number	Duration (hour)	Total Work Load (hour)
Theoretical		Kayak Tarihi, Gazi Kitabevi, Yavuz Tanyeri, Cilt Durumu	14	2.00	28.00
Practicals/Labs			14	2.00	28.00
Self study and preperation			15	5.00	75.00
Homeworks			0	0.00	0.00
Projects	Assesment	Gültekin Okan, Mekanik Prensipleriyle Kayak (Aile Disiplini)Efe Akdemi Yayinlari2021 ISBN: 978-625-444453-	0	0.00	0.00
Field Studies			0	0.00	0.00
Midterm exams			1	1.00	1.00
Midterm Exam			1	40.00	40.00
Others			0	0.00	0.00
Final Exams			1	1.00	1.00
Home work-project			0	0.00	0.00
Total Work Load					183.00
Total work load/ 30 hr			2	100.00	6.10
ECTS Credit of the Course					6.00
Success Grade					
Contribution of Final Exam to Success Grade			60.00		
Total			100.00		
Measurement and Evaluation Techniques Used in the Course			Theory and practice exam		

[illegible]

ÖK2	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK3	0	0	4	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK4	0	0	0	4	0	0	0	0	0	0	0	0	0	0	0	0
ÖK5	0	0	0	0	4	0	0	4	4	0	0	0	0	0	0	0
ÖK6	0	0	0	0	0	4	4	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			