

HANDBALL I

1	Course Title:	HANDBALL I
2	Course Code:	AEB3107
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	3
6	Semester:	5
7	ECTS Credits Allocated:	6.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	2.00
10	Laboratory (hour/week):	0
11	Prerequisites:	Optional
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Öğr. Gör. MİNE TOPSAÇ
15	Course Lecturers:	
16	Contact information of the Course Coordinator:	mtopsaç@uludag.edu.tr , 0 224 294 06 96 Uludağ Üniversitesi Spor Bilimleri Fakültesi Antrenörlük Bölümü
17	Website:	
18	Objective of the Course:	The aim of this course is to teach the definition and history of handball , the rules of the game , handball warm-up , all the basic techniques of handball with and without the ball , the definition and classification of tactics in handball , offensive and defensive tactics , game systems , theoretically and practically. At the same time , it is to provide knowledge and skills about how to teach a school team , club team , theoretically and practically.
19	Contribution of the Course to Professional Development:	Have a high level of knowledge of the rules of the game , basic technical and tactical knowledge and offensive defense systematics in the handball branch. He / she can train a team in the handball branch at club and school level.
20	Learning Outcomes:	
	1	Student knows the definition of handball and does explanations about history of handball.
	2	Student understands the game rules. Student is respectful to the referee's decisions.
	3	Student can apply the basic technical skills of handball.
	4	Student can comprehend the tactic applications of handball.
	5	Student can play handball gentlemanly.
	6	Student can move with more healthy structure thanks to handball exercises. Student does the warming-up exercises before playing handball
	7	Student uses trainer skills beter during the training.
	8	Student does positive criticisms as a good handball viewer.
	9	Student uses the basic skills of handball effectively for psychosocial developments of students..
	10	Student can teach the technique and tactic subjects of handball with appropriate teaching techniques.

21	Course Content:			
	Course Content:			
Week	Theoretical	Practice		
1	Meeting. General and specific explanations about lesson. The aim(s) and subjects of lesson and competencies. Importance of handball in Turkey and world. History of handball	Students learn general informations about handball by searching the resources.		
2	Game rules of handball	Students gain the ability of doing practice about game rules.		
3	Passes that are used in handball. Basic pass (with and without side steps), snap pass (inner wrist- outer wrist), catching and crashing in handball.	Students can apply the basic passes and catching and crashing exercises.		
4	Passes that are used in handball. Jump pass, bouncing pass, back hand pass, chest pass, neck pass, shovel pass, dribbling.	Students can practice the Jump pass, bouncing pass, back hand pass, chest pass, neck pass, shovel pass, dribbling.		
5	Goal kickers that are used in handball. Basic goal kickers (high basic goal kickers- hip height basic goal kick- low basic goal kick)	Students can practice basic goal kickers (high basic goal kickers- hip height basic goal kick- low basic goal kick)		
6	Dive shot (diving forward shot- diving side shot- shot in bending sideways- jump shot)	Students can practice Dive shot (diving forward shot- diving side shot- shot in bending sideways- jump shot)		
7	Fakes that are used in handball (fakes with and without ball). Goal keepers' exercises in handball.	Fakes that are used in handball (fakes with and without ball). Goal keepers' exercises in handball.		
8	repeat the courses	repeat the courses		
Activites		Number	Duration (hour)	Total Work Load (hour)
10	Team Defense (6:0, 5:1, 4:2, 3:2:1)	Students can practice team defenses.	28.00	28.00
Practicals/Labs		14	2.00	28.00
Self study and preparation		14	4.00	56.00
12	Team attack (attack stages and systems).	Students can practice types of attacks..	70.00	70.00
Homeworks		5	14.00	70.00
13	2:2, 3:3, 4:4 game, visual education with video cassettes	Students can do match practices	0.00	0.00
Field Studies		0	0.00	0.00
Midterm exams		1	1.00	1.00
Others		0	0.00	0.00
Final Exams		2. MURATLI, S. ÖNER, K. "Hentbol da Savunma" Basimevi , İstanbul.	1.00	1.00
Total Work Load				185.00
Total work load/ 30 hr		4. MURATLI, S. ÖNER, K. "Hentbol da Savunma"		6.13
ECTS Credit of the Course				6.00
		5. KAYMAZ, S. DİŞ, T. "Hentbol de Savunma" 6. ÇELİKSOY, M. "Hentbol de Teori ve Uygulama" Eskişehir, 1996. 7. BAĞIRGAN, T. "Hentbol de Antrenman" Bağırhan Kitapevi, Ankara, 1990 8. BAĞIRGAN, T. "Hentbol de Performans" Bağırhan Kitapevi Ankara, 1998 9. MURATLI, S. : "Çocuk ve Antrenman", Kültür Matbaası, Ankara, 1997.		
23	Assesment			
TERM LEARNING ACTIVITIES		NUMBER	WEIGHT	
Midterm Exam		1	40.00	
Quiz		0	0.00	
Home work-project		0	0.00	

Final Exam	1	60.00
Total	2	100.00
Contribution of Term (Year) Learning Activities to Success Grade	40.00	
Contribution of Final Exam to Success Grade	60.00	
Total	100.00	
Measurement and Evaluation Techniques Used in the Course	Classic exam practical exam multiple choice gap-filing true false	

24	ECTS / WORK LOAD TABLE
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25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	4	2	3	4	3	3	2	3	1	3	0	0	0	0	0	0
ÖK2	3	3	4	3	4	4	3	4	1	2	0	0	0	0	0	0
ÖK3	2	1	5	2	4	1	3	4	3	2	0	0	0	0	0	0
ÖK4	3	2	1	3	4	5	3	4	3	2	0	0	0	0	0	0
ÖK5	2	1	2	1	5	2	3	3	5	4	0	0	0	0	0	0
ÖK6	3	3	3	3	4	2	3	5	3	5	0	0	0	0	0	0
ÖK7	3	3	4	4	4	4	2	1	3	2	0	0	0	0	0	0
ÖK8	2	2	1	2	3	3	3	4	3	4	0	0	0	0	0	0
ÖK9	3	2	3	1	1	1	1	2	1	2	0	0	0	0	0	0
ÖK10	2	2	3	2	3	3	4	3	2	2	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low		2 low		3 Medium		4 High		5 Very High							