		TRE	KKING						
1	Course Title:	TREKKI	NG						
2	Course Code:	AEB003	1						
3	Type of Course:	Optional	1						
4	Level of Course:	· ·	First Cycle						
5	Year of Study:	1							
6	Semester:	2							
7	ECTS Credits Allocated:	5.00							
8	Theoretical (hour/week):	1.00							
9	Practice (hour/week):	2.00							
10	Laboratory (hour/week):	0							
11	Prerequisites:	unavaila	ble						
12	Language:	Turkish							
13	Mode of Delivery:	Face to f	face						
14	Course Coordinator:	Öğr. Gör	. FARUK KORKMAZ						
15	Course Lecturers:								
16	Contact information of the Course Coordinator:	fkorkmaz	z@uludag.edu.tr						
17	Website:								
18	Objective of the Course:		the nature, to teach students how to live in the nature and dopt to the nature.						
19	Contribution of the Course to Professional Development:	to nature	knowledge, skills and experience in sports branches related e. Learns leadership, group dynamics, and teaching s of the branches.						
20	Learning Outcomes:								
		1	To follow the improvements in nature sports and be able to implement it.						
		2	To have the knowledge related with the general equipment and be able to use them in proper time.						
		3	walking practices						
		4	Walking tecnicks						
		5	Energy conservation and Walking Leadership						
		6	first aid techniques						
		7	In nature, the security and navigation						
		8	Nature and outdoor sports people have knowledge about the health of the body.						
		9	development of walking ability						
		10	Transmission of other information on these issues makes quiches						
21	Course Content:								
		Co	ourse Content:						
	Theoretical		Practice						
1	Knowledge of nature, nature conserv nature, sports, general knowledge		walking practices						
2	What is treaking, walking techniques		walking practices						
3	Navigation techniques		walking practices						
4	Materials		walking practices						

6 Organizations, first aid walking practices 7 Scouting, mountaineering, nordic walking walking practices 8 Recognition of the cultural environment walking practices 9 Principles walking practices 10 Protection of the environment walking practices 11 Group walking organizations tecnick walking practices 12 Group leadership principles walking practices 13 In wildlife protection walking practices 14 Skill development technicks walking practices 22 Textbooks, References and/or Other DOGA SPORLAR: Dostum Doga Sporlari ve Turizm. Or Kitabevi HAYATTA KALMA KILAVUZU-Yayinevi: Bilge Kültür Sanat, 2003 Dogada Yaşam Ve Gezi Notlan: Haldun Aydingün, Yayi Yayincilik, 1992. 23 Assesment Activites Number Duration (hour) Total Wo Load (hour Doga VAPILAN YURDYÜŞLER Trekking & Hiking-Genişletilmiş 2. Baski (2021) Kutisal Zafer Şahn 1.00 14.00 14.00 Practical U U/Q4V 6.00 24.00 Practicals/Labs 14 2.00 28.00 24.00 Practicals/Labs 1	5	Time	out							wa	alking	oractice	es									
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ÖK9	0	0	5	4	5	4	0	0	2	0	0	0	0	0	0	0
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