

PSYCHOLOGICAL COUNSELING SKILLS

1	Course Title:	PSYCHOLOGICAL COUNSELING SKILLS	
2	Course Code:	RPD3004	
3	Type of Course:	Compulsory	
4	Level of Course:	First Cycle	
5	Year of Study:	3	
6	Semester:	6	
7	ECTS Credits Allocated:	4.00	
8	Theoretical (hour/week):	1.00	
9	Practice (hour/week):	2.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:	None	
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Doç. Dr. FİLİZ GÜLTEKİN	
15	Course Lecturers:		
16	Contact information of the Course Coordinator:	gultekinfiliz@uludag.edu.tr Uludağ Üniversitesi Eğitim Fakültesi Eğitim Bilimleri Bölümü Görükle-Bursa	
17	Website:		
18	Objective of the Course:	The aim of this course is to know the knowledge and skills necessary for evaluating and conceptualizing client problems, creating goals, using advanced counseling skills, determining strategy and choosing intervention, termination and follow up and managing the counseling process.	
19	Contribution of the Course to Professional Development:		
20	Learning Outcomes:		
		1	To comprehend the rol and tasks of the counselor in counseling process.
		2	To know the therapeutic skills and conditions.
		3	To know how to menage counseling process.
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21	Course Content:		
		Course Content:	
Week	Theoretical	Practice	
1	Qualifications that a counselor should have Ethical and legal obligations of the counselor for the psychological counseling process	Role playing	

2	Counseling process and the role of counselor in the process	Role playing
3	The problems encountered by counselors	Role playing
4	Therapeutic relationship and therapeutic skills	Role playing
5	Therapeutic relationship and therapeutic skills	Role playing
6	Therapeutic relationship and therapeutic skills	Role playing
7	Initial session	Role playing
8	Evaluation of client's problems in counseling	Role playing
9	Setting the measurable goals in counseling	Role playing
10	Selecting strategic intervention in counseling	Case study
11	Selecting strategic intervention in counseling	Case study
12	Selecting strategic intervention in counseling	Role playing
13	Termination of counseling and follow up	Role playing
14	Assessment of the counseling process	Role playing

22	Textbooks, References and/or Other Materials:	<p>Carroll, M.R. & Wiggins, J.D. (2008). Grupla psikolojik danışmanın öğeleri. S.Doğan (Çev.Ed)Ankara: Pegem Akademi.</p> <p>Corey, M.S: & Corey, G. (2006). Process and practice groups. Belmont: Thomson Brooks/Cole.</p> <p>Çetinkaya, R.S. (2009). Psikolojik danışmanlık meslek etiği el kitabı. İstanbul: Aktif Yayınevi.</p> <p>Gladding, S.T. (2013). Çok kültürlü toplumda psikolojik danışma. Psikolojik Danışma. N. Voltan Acar (Çev. Ed.), Ankara: Nobel Yayın Dağıtım.</p> <p>Mahmood, O.M. & Ahmed, S.R. (2015). Psikolojik ölçme ve değerlendirme. Müslümanlar için psikolojik danışma. Ahmed, S. & Amer, M. M. (Ed). Ankara: Nobel Yayın.</p> <p>Milne, A. (2014). Psikolojik danışmanlığı anlamak. İstanbul: Optimist Yayınları</p> <p>Meier, S. T. & Davis, S. R. (2009). Psikolojik danışmanın temel öğeleri. Ankara: Pegem Akademi Yayıncılık.</p> <p>Rahiem, F.T. & Hamid, H. (2015). Ruh sağlığı görüşmesi ve kültürel formülasyon. Müslümanlar için psikolojik danışma. Ahmed, S. & Amer, M. M. (Ed). Ankara: Nobel Yayın.</p> <p>Voltan Acar, N. (2008). Yeniden terapötik iletişim kişiler arası ilişkiler. Ankara: Nobel Yayın Dağıtım.</p> <p>Voltan Acar, N. (2008) İnsan ilişkileri iletişim. Ankara: Nobel Yayın Dağıtım.</p> <p>Voltan Acar, N. (2001) PDR'de yirmibeş yıl makaleler. Ankara: Nobel Yayın Dağıtım.</p> <p>Voltan Acar, N. (2011). Grupla psikolojik danışma ilke ve teknikleri. Ankara: Nobel Yayın Dağıtım.</p> <p>Yalom, I. (2004). Bağışlanan terapi. İstanbul: Kabalıcı Yayınevi.</p>
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23	Assesment		
TERM LEARNING ACTIVITIES		NUMBE R	WEIGHT
Midterm Exam		1	40.00
Quiz		0	0.00
Home work-project		0	0.00
Final Exam		1	60.00
Total		2	100.00
Contribution of Term (Year) Learning Activities to Success Grade			40.00
Contribution of Final Exam to Success Grade			60.00
Total			100.00

Measurement and Evaluation Techniques Used in the Course

24 ECTS / WORK LOAD TABLE

Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical	14	1.00	14.00
Practicals/Labs	14	2.00	28.00
Self study and preperation	14	3.00	42.00
Homeworks	0	0.00	0.00
Projects	0	0.00	0.00
Field Studies	0	0.00	0.00
Midterm exams	1	14.00	14.00
Others	0	0.00	0.00
Final Exams	1	28.00	28.00
Total Work Load			126.00
Total work load/ 30 hr			4.20
ECTS Credit of the Course			4.00

25 CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS

	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	5	5	0	5	5	5	0	0	5	5	0	0	0	0	0	5
ÖK2	5	5	0	5	5	5	0	0	5	5	0	0	0	0	0	0
ÖK3	0	5	0	5	5	5	0	0	5	5	0	0	0	0	0	5

LO: Learning Objectives PQ: Program Qualifications

Contrib ution Level:	1 very low	2 low	3 Medium	4 High	5 Very High
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