

FAMILY PLANNING AND SEXUAL EDUCATION

1	Course Title:	FAMILY PLANNING AND SEXUAL EDUCATION
2	Course Code:	HEM3209
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	3
6	Semester:	5
7	ECTS Credits Allocated:	3.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	0.00
10	Laboratory (hour/week):	0
11	Prerequisites:	None
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Öğr. Gör. PAKİZE CİNDAŞ
15	Course Lecturers:	
16	Contact information of the Course Coordinator:	U.Ü Sağlık Yüksekokulu Bursa e-mail:pogur@uludağ.edu.tr tel:02242942457
17	Website:	
18	Objective of the Course:	Sexuality of physical, emotional, social and intellectual aspects of the personality and direction to improve communication and understanding by integrating the acquisition of knowledge of sexual health protection purposes. Gaining knowledge about family planning, counseling and education to make grasping the importance of human life in society and gain the knowledge and skills.
19	Contribution of the Course to Professional Development:	
20	Learning Outcomes:	
	1	Sexual and reproductive health in a holistic perspective of lifelong health and explains the importance of place
	2	Ignores the effects of reproductive health, reproductive rights and gender discrimination are discussed.
	3	View of sexuality and sexual values in the community understands the processes of developing
	4	Women and men in sexual and reproductive health risks facing explains
	5	Male and female sexuality, processes, know the differences and similarities in the sexual organs
	6	Comments and objectives of the importance of family planning
	7	Family planning methods, the mechanism of action, characteristics, effects, and knows the warning signs.
	8	Sexually transmitted infections, early diagnosis, treatment and prevention needs to be done to tell
	9	Know the symptoms of sexual abuse and ways to avoid
	10	False beliefs about sexuality comments
21	Course Content:	
	Course Content:	

Week	Theoretical	Practice
1	Disclosure Of The Content And Objectives Of The Course Presentation	
2	The Introduction To Sexual Health Course	
3	Community View To Sexuality .To Determine Values About Sexuality	
4	The Development Of Sexual Identity. The Physical Al And Psychological Changes At Adolescence	
5	Health Of Reproduction. Sexual Health Rights	
6	Anatomy Of The Reproductive And Sexual Function And Physiology And Disorders	
7	Family Planning	
8	Family Planning	
9	Family Planning	
10	Infertility – Assisted Reproductive Techniques	
11	Enfections Caused By Sexual Transmission	
12	Enfections Caused By Sexual Transmission	
13	Enfections Caused By Sexual Transmission	
14	Sexual Abuse .False Knowledge And Believing About Sexuality	
22	Textbooks, References and/or Other Materials:	Taşkın L (2009). Doğum ve Kadın Sağlığı Hemşireliği. Genişletilmiş VIII. Baskı, Sistem Ofset Matbaacılık, Ankara. Coşkun A, Karanisoğlu H (1992). Doğum ve Kadın Hastalıkları Hemşireliği. Seçim H (Ed). Anadolu Üniversitesi Açıköğretim Fakültesi Yayınları No:556, Eskişehir. Coşkun A, İnanç N, Ekizler H ve Ark. (1996). Doğum ve Kadın Hastalıkları Hemşireliği El Kitabı. Coşkun A (Ed). Vehbi Koç Vakfı Yayınları No:11, İstanbul. Kişnişçi H, Gökşin E ve Ark. (1996). Temel Kadın Hastalıkları ve Doğum Bilgisi. Güneş Kitabevi, Ankara, Berek JS, Adashi EY, Hillard PA (1998). Novak Jinekoloji. Nobel Tıp Kitabevi, İstanbul. Ulusal Aile Planlaması Hizmet Rehberi, Aile Planlaması Ve Üreme Sağlığı, TC Sağlık Bakanlığı Ana Çocuk Sağlığı Ve Aile Planlaması Genel Müdürlüğü, Ankara,2005 Şirin A.,(ed)Kadın Sağlığı,Bedray Yayıncılık,İstanbul,2008 Öğretmen Ve Öğretmen Adayları İçin Cinsel Sağlık Eğitimi, İnsan Kaynağını Geliştirme Vakfı, Ceren Yayın Dağıtım, İstanbul,2006 Taşcı A İ.,Cinsel Eğitim,İz Yayıncılık,İstanbul ,2003 Ulusal Aile Planlaması Hizmet Rehberi, Kontraseptif Yöntemler, TC Sağlık Bakanlığı Ana Çocuk Sağlığı Ve Aile Planlaması Genel Müdürlüğü, Ankara,2005
23	Assesment	
TERM LEARNING ACTIVITIES		NUMBE R
Midterm Exam		1
Quiz		0
Home work-project		0
Final Exam		1
Total		2
Contribution of Term (Year) Learning Activities to Success Grade		50.00

Contribution of Final Exam to Success Grade	50.00
Total	100.00
Measurement and Evaluation Techniques Used in the Course	
24	ECTS / WORK LOAD TABLE

Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical	14	2.00	28.00
Practicals/Labs	0	0.00	0.00
Self study and preperation	14	2.00	28.00
Homeworks	0	0.00	0.00
Projects	0	0.00	0.00
Field Studies	0	0.00	0.00
Midterm exams	1	12.00	12.00
Others	0	0.00	0.00
Final Exams	1	22.00	22.00
Total Work Load			90.00
Total work load/ 30 hr			3.00
ECTS Credit of the Course			3.00

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	5	0	0	0	0	0	0	0	0	4	0	0	0	0	0	0
ÖK2	5	0	0	0	4	0	0	4	0	4	0	0	0	0	0	0
ÖK3	5	0	0	0	4	0	0	0	0	4	0	0	0	0	0	0
ÖK4	5	0	0	0	4	0	0	0	0	4	0	0	0	0	0	0
ÖK5	5	0	0	0	4	0	0	0	0	4	0	0	0	0	0	0
ÖK6	5	0	0	0	4	0	0	0	0	4	0	0	0	0	0	0
ÖK7	5	0	0	4	4	0	0	0	0	4	0	0	0	0	0	0
ÖK8	5	0	0	4	4	0	0	0	0	4	0	0	0	0	0	0
ÖK9	5	0	0	4	4	0	0	4	0	4	0	0	0	0	0	0
ÖK10	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low		2 low		3 Medium		4 High		5 Very High							