

HANDBALL I

1	Course Title:	HANDBALL I
2	Course Code:	AEB3107
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	3
6	Semester:	5
7	ECTS Credits Allocated:	6.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	2.00
10	Laboratory (hour/week):	0
11	Prerequisites:	Compulsory
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Öğr. Gör. MİNE TOPSAÇ
15	Course Lecturers:	
16	Contact information of the Course Coordinator:	tekin@uludag.edu.tr , 0 224 294 06 99 Uludağ Üniversitesi Eğitim Fakültesi Beden Eğitimi ve Spor Bölümü
17	Website:	
18	Objective of the Course:	This is a course which offers philosophy of handball, game rules, knowledge of facility and court, warm up and cooling down periods in the game, practices of individual techniques with-without a ball, improving attack-defence systems individually and in groups and analysing goalkeeper and features of a goalkeeper.
19	Contribution of the Course to Professional Development:	
20	Learning Outcomes:	
	1	To explain the definition and history of handball.
	2	To interpret the game rules..
	3	To comprehend the basic technical skills of handball.
	4	Explains the rules.
	5	To explain the handball game with the view of ethic rules
	6	To interpret the handball exercises by using the creativity.
	7	To explain the technic and tactic knowledges to the students.
	8	To do positive criticisms as a good handball viewer.
	9	To comprehend the basic skills of handball effectively for psychosocial developments of students..
	10	To explain the technique and tactic subjects of handball with appropriate teaching techniques.
21	Course Content:	
	Course Content:	
Week	Theoretical	Practice
1	Meeting. General and specific explanations about lesson. The aim(s) and subjects of lesson and competencies. Importance of handball in Turkey and world. History of handball	Students learn general informations about handball by searching the resources.

2	Game rules of handball	Students gain the ability of doing practice about game rules.
3	Passes that are used in handball. Basic pass (with and without side steps), snap pass (inner wrist- outer wrist), catching and crashing in handball.	Students can apply the basic passes and catching and crashing exercises.
4	Passes that are used in handball. Jump pass, bouncing pass, back hand pass, chest pass, neck pass, shovel pass, dribbling.	Students can practice the Jump pass, bouncing pass, back hand pass, chest pass, neck pass, shovel pass, dribbling.
5	Goal kicks that are used in handball. Basic goal kicks (high basic goal kicks- hip height basic goal kick- low basic goal kick)	Students can practice basic goal kicks (high basic goal kicks- hip height basic goal kick- low basic goal kick)
6	Dive shot (diving forward shot- diving side shot- shot in bending sideways- jump shot)	Students can practice Dive shot (diving forward shot- diving side shot- shot in bending sideways- jump shot)
7	Fakes that are used in handball (fakes with and without ball). Goal keepers' exercises in handball.	Fakes that are used in handball (fakes with and without ball). Goal keepers' exercises in handball.
8	repeat the courses	repeat the courses
9	General informations about defense in handball. Features of defense.	General informations about defense in handball. Features of defense.
10	Team Defense (6:0, 5:1, 4:2, 3:2:1)	Students can practice team defenses.
11	General informations about attack in handball. Features of attack.	Students can explain general informations about attack in handball and features of attack
12	Team attack (attack stages and systems). Types of attacks.	Students can practice types of attacks..
13	2:2, 3:3, 4:4 game, visual education with video cassettes.	Students can do match practices
14	General Evaluation	Students can do match practices

22	Textbooks, References and/or Other Materials:	1. SEVİM, Y. "Hentbol Teknik Taktik", Ankara, 1992 2. MURATLI, S. ASLAN, M. AĞAN, Y. "Hentbol" Oto Basımevi , İstanbul. 3. DORAK, F. "Hentbol I Bireysel Hücum ve Savunma" İzmir, 1994. 4. MURATLI, S. ÖNER, K. "Hentbol da Savunma" İstanbul, 1985 5. KAYMAZ, S. BAŞ, F. "Hentbol de 3 Anahtar" 6. ÇELİKSOY, M. "Hentbol de Teori ve Uygulama" Eskişehir, 1996. 7. BAĞIRGAN, T. "Hentbol de Antrenman" Bağırğan Kitapevi, Ankara, 1990 8. BAĞIRGAN, T. "Hentbol de Performans" Bağırğan Kitapevi Ankara, 1998 9. MURATLI, S. : "Çocuk ve Antrenman", Kültür Matbaası, Ankara, 1997.
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23	Assesment	
TERM LEARNING ACTIVITIES	NUMBE R	WEIGHT
Midterm Exam	1	40.00
Quiz	0	0.00
Home work-project	0	0.00
Final Exam	1	60.00
Total	2	100.00
Contribution of Term (Year) Learning Activities to Success Grade		40.00
Contribution of Final Exam to Success Grade		60.00
Total		100.00

Measurement and Evaluation Techniques Used in the Course	
24	ECTS / WORK LOAD TABLE

Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical	14	2.00	28.00
Practicals/Labs	14	2.00	28.00
Self study and preperation	14	4.00	56.00
Homeworks	5	14.00	70.00
Projects	0	0.00	0.00
Field Studies	0	0.00	0.00
Midterm exams	1	1.00	1.00
Others	0	0.00	0.00
Final Exams	1	1.00	1.00
Total Work Load			184.00
Total work load/ 30 hr			6.13
ECTS Credit of the Course			6.00

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	3	3	0	4	0	3	0	3	0	0	0	0	0	0	0	0
ÖK2	0	0	4	0	0	4	0	0	0	0	0	0	0	0	0	0
ÖK3	2	0	5	0	0	1	0	0	3	0	0	0	0	0	0	0
ÖK4	3	0	0	3	0	5	0	4	0	0	0	0	0	0	0	0
ÖK5	2	0	0	0	5	0	0	3	0	4	0	0	0	0	0	0
ÖK6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK7	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK9	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK10	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contrib ution Level:	1 very low		2 low		3 Medium		4 High		5 Very High							