

## PRACTICE OF ADVANCED GROUP COUNSELING

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|------|---|--|---|
| 1    | Course Title:   | PRACTICE OF ADVANCED GROUP COUNSELING  |   |
| 2    | Course Code:  | RPD6114  |   |
| 3    | Type of Course:   | Optional   |   |
| 4    | Level of Course:  | Third Cycle  |   |
| 5    | Year of Study:  | 1  |   |
| 6    | Semester:   | 2  |   |
| 7    | ECTS Credits Allocated:   | 4.00   |   |
| 8    | Theoretical (hour/week):  | 2.00   |   |
| 9    | Practice (hour/week):   | 0.00   |   |
| 10   | Laboratory (hour/week):   | 0  |   |
| 11   | Prerequisites:  | None   |   |
| 12   | Language:   | Turkish  |   |
| 13   | Mode of Delivery:   | Face to face   |   |
| 14   | Course Coordinator:   | Dr. Öğr. Üyesi ASUMAN YÜKSEL   |   |
| 15   | Course Lecturers:   |  |   |
| 16   | Contact information of the Course Coordinator:  |  |   |
| 17   | Website:  |  |   |
| 18   | Objective of the Course:  | At the end of this course, students will conduct 12 weeks group sessions with their own group leadership style depending on the theories of group counseling and process |   |
| 19   | Contribution of the Course to Professional Development:   |  |   |
| 20   | Learning Outcomes:  |  |   |
|      |   | 1  | be able to provide therapeutic conditions during group counseling process                     |
|      |   | 2  | be able to apply counseling skills during group counseling process                            |
|      |   | 3  | be able to apply the principles and rules of starting and finishing group counseling sessions |
|      |   | 4  | be able to use appropriate counseling intervention to counseling and problem                  |
|      |   | 5  | be able to apply group counseling skills while working with real clients                      |
|      |   | 6  | be able to develop their own leadership style depending on group counseling theories          |
|      |   | 7  |   |
|      |   | 8  |   |
|      |   | 9  |   |
|      |   | 10   |   |
| 21   | Course Content:   |  |   |
|      |   | <b>Course Content:</b>   |   |
| Week | Theoretical   | Practice   |   |
| 1    | Introduction to course objectives, content and references, explanations about home work, exam and course activities |  |   |
| 2    | Preparing the knowledge about group counseling from theory to practices   |  |   |

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| <b>3</b>  | Preparing using the group counseling techniques  |  |
| <b>4</b>  | Preparing the group counseling program   |  |
| <b>5</b>  | Developing coping strategies against problems appeared in group and investigate the applications for group |  |
| <b>6</b>  | Facilitating, opening, and closing: The foundation of group skills   |  |
| <b>7</b>  | Study Week   |  |
| <b>8</b>  | Working with tension and conflict  |  |
| <b>9</b>  | Taking risks in communication: Toward greater group closeness  |  |
| <b>10</b> | The Hot-Seat method: A Knee-Jerk experience  |  |
| <b>11</b> | Method of stirring the pot: Stimulating group affect   |  |
| <b>12</b> | Skills of termination: Completing the cycle  |  |
| <b>13</b> | Further development of the group leader  |  |
| <b>14</b> | General Evaluation   |  |

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| <b>22</b> | Textbooks, References and/or Other Materials: | <p>Chen, M., &amp; Rybak, C. J. (2004). Group leadership skills. United States: Thomson: Brooks/Cole</p> <p>Corey, G. (2008). Theory and practice of group counseling. (7th. Ed.). Pacific Grove: Brooks/Cole.</p> <p>Corey, M. S., Callanan, P., &amp; Russell, J. M. (2004). Group techniques. (3rd. Ed.).</p> |
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| Activites  | Number | Duration (hour) | Total Work Load (hour) |
|--|--------|-----------------|------------------------|
| Theoretical  | 1      | 6.00            | 6.00                   |
| Practicals/Labs  | 0      | 0.00            | 0.00                   |
| Self study and preperation                                       | 12     | 2.00            | 24.00                  |
| Homeworks  | 1      | 20.00           | 20.00                  |
| Projects/Assesment   | 0      | 0.00            | 0.00                   |
| Field Studies  | 0      | 0.00            | 0.00                   |
| Midterm exams  | 1      | 6.00            | 6.00                   |
| Midterm Exam   | 1      | 30.00           | 30.00                  |
| Others   | 0      | 0.00            | 0.00                   |
| Final Exams  | 1      | 12.00           | 12.00                  |
| Home work-project  | 1      | 20.00           | 20.00                  |
| Total Work Load  |        |                 | 90.00                  |
| Final Exam   | 1      | 30.00           | 30.00                  |
| Total work load/ 30 hr   |        |                 | 3.00                   |
| Total  | 3      | 100.00          |                        |
| ECTS Credit of the Course  |        |                 | 4.00                   |
| Contribution of Term (Year) Learning Activities to Success Grade | 50.00  |                 |                        |
| Contribution of Final Exam to Success Grade                      | 50.00  |                 |                        |
| Total  | 100.00 |                 |                        |
| Measurement and Evaluation Techniques Used in the Course         |        |                 |                        |

24 | ECIS / WORK LOAD TABLE[illegible]

|   |            |   |   |       |   |   |          |   |   |        |   |   |             |   |   |   |
|---|------------|---|---|-------|---|---|----------|---|---|--------|---|---|-------------|---|---|---|
| ÖK2   | 0          | 0 | 0 | 0     | 0 | 0 | 0        | 0 | 0 | 0      | 0 | 0 | 0           | 0 | 0 | 0 |
| ÖK3   | 0          | 0 | 0 | 0     | 0 | 0 | 0        | 0 | 0 | 0      | 0 | 0 | 0           | 0 | 0 | 0 |
| ÖK4   | 5          | 0 | 0 | 0     | 0 | 5 | 0        | 0 | 0 | 0      | 0 | 0 | 0           | 0 | 0 | 0 |
| ÖK5   | 0          | 0 | 0 | 0     | 0 | 0 | 0        | 0 | 0 | 0      | 0 | 0 | 0           | 0 | 0 | 0 |
| ÖK6   | 0          | 0 | 0 | 0     | 0 | 0 | 4        | 0 | 0 | 0      | 0 | 0 | 0           | 0 | 0 | 0 |
| LO: Learning Objectives    PQ: Program Qualifications |            |   |   |       |   |   |          |   |   |        |   |   |             |   |   |   |
| Contribution Level:                                   | 1 very low |   |   | 2 low |   |   | 3 Medium |   |   | 4 High |   |   | 5 Very High |   |   |   |