

PERSONAL DEVELOPMENT

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| 1 | Course Title: | PERSONAL DEVELOPMENT | |
| 2 | Course Code: | ÇCKS224 | |
| 3 | Type of Course: | Optional | |
| 4 | Level of Course: | Short Cycle | |
| 5 | Year of Study: | 2 | |
| 6 | Semester: | 4 | |
| 7 | ECTS Credits Allocated: | 3.00 | |
| 8 | Theoretical (hour/week): | 2.00 | |
| 9 | Practice (hour/week): | 0.00 | |
| 10 | Laboratory (hour/week): | 0 | |
| 11 | Prerequisites: | | |
| 12 | Language: | Turkish | |
| 13 | Mode of Delivery: | Face to face | |
| 14 | Course Coordinator: | Öğr.Gör. EMRE BOZDEMİR | |
| 15 | Course Lecturers: | | |
| 16 | Contact information of the Course Coordinator: | Öğr. Gör. Emre BOZDEMİR 0224 294 26 65 - 61734 bozdemre@uludag.edu.tr | |
| 17 | Website: | | |
| 18 | Objective of the Course: | This course aims to contribute to personal and professional development by providing students with a better understanding of what they are and what they are, their development, the factors and issues that affect them, and their obstacles. | |
| 19 | Contribution of the Course to Professional Development: | | |
| 20 | Learning Outcomes: | | |
| | | 1 | To understand the concept of personality and self and its development |
| | | 2 | To understand self-theories |
| | | 3 | Understanding their own characteristics and needs |
| | | 4 | Be able to bring creativity to professional practice |
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| 21 | Course Content: | | |
| | | Course Content: | |
| Week | Theoretical | Practice | |
| 1 | Definition and scope of personality and self | | |

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| Contribution Level: | 1 very low | 2 low | 3 Medium | 4 High | 5 Very High |
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