

TENNIS

1	Course Title:	TENNIS
2	Course Code:	
3	Type of Course:	Optional
4	Level of Course:	First Cycle
5	Year of Study:	4
6	Semester:	8
7	ECTS Credits Allocated:	
8	Theoretical (hour/week):	
9	Practice (hour/week):	
10	Laboratory (hour/week):	
11	Prerequisites:	none
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Öğr. Gör. GÜNAYDIN KIRCI
15	Course Lecturers:	
16	Contact information of the Course Coordinator:	Günaydın KIRCI gunaydin@uludag.edu.tr 2940296 Eğitim Fak.Beden Eğt.ve Spor Bölümü
17	Website:	
18	Objective of the Course:	The objectives of this course are to teach students the definition and the history of tennis, the rules of the game, tennis warm up, all basic techniques of tennis with or without ball, tactics of the game theoretically and practically. And also to give students knowledge and skills about how to teach these contents theoretical and practical to a school team.
19	Contribution of the Course to Professional Development:	
20	Learning Outcomes:	
	1	Be able to know the description of tennis and explain the history of it.
	2	Be able to understand the rules of the game and is respectful to referee's decisions.
	3	Be able to apply the basic technical skills.
	4	Be able to understand and comment on the tactical applications of tennis.
	5	Be able to play the tennis game friendly and gentlemanly.
	6	Be able to play healthier with developed coordination by practising tennis.
	7	Be able to apply warming up before starting the tennis game.
	8	Be able to use the skills of coaching better in training.
	9	Be able to criticism positively as a good tennis spectator.
	10	Be able to teach technical and tactical subjects of tennis with appropriate teaching methods.
21	Course Content:	
	Course Content:	
Week	Theoretical	Practice

1	Introduction of tennis sports, history of tennis and equipments(racket, clothes, sneakers, balls).	Forehand stroke work		
2	Ready position, accordance of the racket, ball and player, 3 parts of stroke, timing, pivoting, ideal stroke point, introduction of forehand and backhand strokes, grip of the racket.	Backhand stroke work		
3	Theory of forehand stroke	Forehand stroke; Theory, Technique, showing the movement, exercises with the students		
4	Theory of backhand stroke	Backhand stroke; Theory, Technique, showing the movement, exercises with the students		
5	Basic groundstrokes exercises, micro tennis drills	Micro and mini tennis exercises		
6	Mini Tennis Drills, Teaching Midi Tennis	Teaching and practice of mini and midi tennis		
7	Theory and techniques of serve and return, exercises with students, service strategies, groundstroke drills(forehand, backhand)	Practice of serve and return		
8	Theory and techniques of serve and return, exercises with students, service strategies, groundstroke drills(forehand, backhand)	Practice of serve and return		
9	Game rules, rules and matches of singles and doubles	Practicing in court		
10	Supportive and special strokes: volley, half – volley, approach shots: theory, showing techniques, exercises with students.	Exercises with the students		
11	Supportive and special strokes: smash, lob, drop shot	Exercises with the students		
Activites		Number	Duration (hour)	Total Work Load (hour)
14	Theoretical	14	2.00	28.00
Practicals/Labs		14	2.00	28.00
11	Self study/Workshop	11	3.00	33.00
Homeworks		10	3.00	30.00
Projects		10	3.00	30.00
Field Studies		20	2.00	40.00
Midterm exams		10	2.00	20.00
Others		20	2.00	40.00
23	Final Exam	1	20.00	20.00
Total Work Load				212.00
Total work load/ 30 hr				7.03
Midterm Exam		4	40.00	
ECTS Credit of the Course				
Quiz		0	0.00	
Home work-project		0	0.00	
Final Exam		1	60.00	
Total		2	100.00	
Contribution of Term (Year) Learning Activities to Success Grade		40.00		
Contribution of Final Exam to Success Grade		60.00		
Total		100.00		
Measurement and Evaluation Techniques Used in the Course				
24	ECTS / WORK LOAD TABLE			

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK2	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK3	0	0	0	0	0	4	0	0	0	0	0	0	0	0	0	0
ÖK4	0	0	0	0	0	0	4	0	0	0	0	0	0	0	0	0
ÖK5	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0	0
ÖK6	0	0	4	0	0	0	0	0	0	0	0	0	0	0	0	0
ÖK7	0	0	0	0	5	0	0	0	0	0	0	0	0	0	0	0
ÖK8	0	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0
ÖK9	0	0	0	4	0	0	0	0	0	0	0	0	0	0	0	0
ÖK10	0	0	0	0	4	0	0	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			