

# BASIC PHYSIOTHERAPY APPROACHES IN MUSCULOSKELETAL PROBLEMS

1	Course Title:	BASIC PHYSIOTHERAPY APPROACHES IN MUSCULOSKELETAL PROBLEMS	
2	Course Code:	FTR2008	
3	Type of Course:	Optional	
4	Level of Course:	First Cycle	
5	Year of Study:	2	
6	Semester:	4	
7	ECTS Credits Allocated:	3.00	
8	Theoretical (hour/week):	3.00	
9	Practice (hour/week):	0.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:	None	
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Doç. Dr. Çetin SAYACA	
15	Course Lecturers:	Prof. Dr. Defne KAYA UTLU Dr. Öğr. Üyesi Özden ÖZKAL	
16	Contact information of the Course Coordinator:	Çetin SAYACA cetinsayaca@uludag.edu.tr	
17	Website:		
18	Objective of the Course:	To define the disorders that occur frequently in the musculoskeletal system, to develop the ability to use appropriate evaluation methods, to draw the therapy program in the light of the data obtained after the evaluation and the information obtained from the literature research.	
19	Contribution of the Course to Professional Development:	He/she learns to define the problems that occur frequently in the musculoskeletal system and to draw the evaluation and therapy program with methods suitable for physiotherapy rehabilitation.	
20	Learning Outcomes:		
		1	Defines common musculoskeletal problems.
		2	Applies evaluation methods of musculoskeletal system.
		3	Draws the physiotherapy and rehabilitation program in the light of the information obtained as a result of the evaluation.
		4	After literature research have knowledge about other therapy methods in the light of data obtained.
		5	Being able to criticize existing practices in accordance with the principle of lifelong learning related to the profession.
		6	To be able to do research on physiotherapy-related subjects within the scope of given assignments, to convey the solution proposals related to the problem verbally and in writing.
		7	
		8	
		9	
		10	
21	Course Content:		
		<b>Course Content:</b>	

Week	Theoretical	Practice		
1	information about the lesson			
2	Basic physiotherapy approaches in gonarthrosis			
3	Basic physiotherapy approaches in gonarthrosis			
4	Frozen shoulder basic physiotherapy approaches			
5	Frozen shoulder basic physiotherapy approaches			
6	Basic physiotherapy approaches in mechanical low back pain			
7	Basic physiotherapy approaches in mechanical low back pain			
8	Basic physiotherapy approaches in lateral chronic ankle instability			
9	Basic physiotherapy approaches in lateral chronic ankle instability			
10	Basic physiotherapy approaches in coxarthrosis			
11	Basic physiotherapy approaches in coxarthrosis			
12	Basic physiotherapy approaches in ankylosing spondylitis (cervical involvement)			
13	Basic physiotherapy approaches in lateral			
Activites		Number	Duration (hour)	Total Work Load (hour)
Theoretical		14	3.00	42.00
Textbooks, References and/or Other		1	Arzu Bezek Özdoğan, Kees İskelet sistemi	
Practicals/Labs		0	0.00	0.00
Self study and preperation		2	Murat Dalkılıç, Bülent Elbasan, İlkin Çirak Karakaya, Uluk Yurdalan, Nöromuskuloskeletal Muayene ve	28.00
Homeworks		2	10.00	20.00
Projects		3	Bülent ELBASAN, Murat DALKILINÇ. Fizik Tedavi Muayenesinin Esasları, Ankara Nobel Tıp Kitabevi, 2017	9.00
Field Studies		0	0.00	0.00
Midterm Assessment		1	3.00	3.00
Others		0	0.00	0.00
Final Exams		1	3.00	3.00
Midterm Exam		1	40.00	
Total Work Load				99.00
Total work load/ 30 hr				3.20
Home work project		0	0.00	
ECTS Credit of the Course				3.00
Final Exam		1	60.00	
Total		2	100.00	
Contribution of Term (Year) Learning Activities to Success Grade		40.00		
Contribution of Final Exam to Success Grade		60.00		
Total		100.00		
Measurement and Evaluation Techniques Used in the Course		Practical Exam, Homework		
24	ECTS / WORK LOAD TABLE			

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	4	2	3	5	2	0	0	0	5	0	0	0	0	0	0	0
ÖK2	1	5	5	5	1	0	3	0	5	4	0	0	0	0	0	0
ÖK3	1	5	5	5	3	0	4	0	5	4	0	0	0	0	0	0
ÖK4	2	0	5	5	3	0	5	0	5	0	0	0	0	0	0	0
ÖK5	0	0	0	0	0	0	5	5	5	0	0	0	0	0	0	0
ÖK6	0	4	4	5	0	0	5	5	0	0	0	0	0	0	0	0
LO: Learning Objectives    PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			