SWIMMING									
1	Course Title:	SWIMM	ING						
2	Course Code:	AEB100	2						
3	Type of Course:	Compuls	Compulsory						
4	Level of Course:	First Cycle							
5	Year of Study:	1							
6	Semester:	2	2						
7	ECTS Credits Allocated:	4.00	4.00						
8	Theoretical (hour/week):	1.00	1.00						
9	Practice (hour/week):	2.00	2.00						
10	Laboratory (hour/week):	0							
11	Prerequisites:	no							
12	Language:	Turkish							
13	Mode of Delivery:	Face to face							
14	Course Coordinator:	Prof. Dr. Şenay Şahin							
15	Course Lecturers:								
16	Contact information of the Course Coordinator:	Prof. Dr. Şenay ŞAHİN sksahin@uludag.edu.tr							
17	Website:								
18	Objective of the Course:	Description. History. Basic preparatory work, (to remain superior to the water, breathing, leg kick, arm pull, scissor, etc.) Freestyle, backstroke, breaststroke, butterfly swimming, jumping and rules. Swimming sitillerini basamaklamalarıyla learning to learn. Swimming teaching skills and knowledge to win.							
19	Contribution of the Course to Professional Development:	learns a	nd teaches to perform basic technical teaching of swimming						
20	Learning Outcomes:								
		1	Knows the definition of a swim, make statements about the history.						
		2	Knows the rules of swimming competition.						
		3	Implements the basic technical skills of swimming.						
		4	Moments of tactical applications and interpretations of swimming.						
		5	Swimming exercises to improve coordination.						
		6	Swimming heating and cooling applications knows.						
		7	Uses Coaching skills.						
		8	Psycho-social development of students' basic knowledge and skills to effectively use the swimming.						
		9	Teach swimming techniques.						

	10	Pets can teach tactics.							
		Pets can teach tactics.							
		Pets can teach tactics.							
		Pets can teach tactics.							
21	Course Content:								
		Course Content:							
Week	Theoretical	Practice							
1	General and specific disclosures related to	Swimming lessons method.							
	the course. Course goals, objectives and achievements of students. The history of								
	swimming. The pool and the rules of hygier								
2	Sports in swimming pool rules.	life safety.							
3	Instructions for teachers and coaches.	Swimming physiology. Swimming exercise training effects to the human body							
4	Swimming training work organization.	The pool usage.							
5	auxiliary materials used in Swimming.	The style of free education.							
6	The style of technical analysis of the free.	Swimming lessons security and assistance.							
7	The style's the return of free technical analysis and its applications.	Visual education.							
8	Coordination studies and theoretical free-sivisa	yle Coordination studies and theoretical							
9	The style's the return of free technical analysis and its applications.	Free-style co-ordination work and visa application.							
10	The style's the return of free technical analysis and its applications.	Swimmers, coaches, parents evaluate the relationship.							

11	Training concept and the general		example of training						
	classification of a swimming workout sporty workout.	. Logic							
12	Technical analysis of style of your ba	ıck.	Studies in swimming ashore, and warming.						
13	Learning style of the steps on your ba	ack.	Learning style of the steps on your back. Video of visual education.						
14	Learning style of the steps on your ba	ack.	Sırtüstü sitili öğrenim adımları. Sırtüstü yüzme uygulamaları.						
22	Textbooks, References and/or Other Materials:		1. AÇIKADA, C. ,ERGEN,E.: "Bilim ve Spor", Büro-tek Ofset Matbaacılık, Ankara, 1990. 2. Whitten, P.: the complete book of swimming,New York, 1994. 3. Maglischo Ernest.W. Swimming Even Faster, Arizona State University,1993. 4. Alpar Reha Yüzme ve su topu antrenmanlarının temelleri, 5. Maria Olaru.Sportif yüzme, bağırgan yayınevi , Ankara , 1998 6. Yüzme federasyonu yayınları, 1997, İSTANBUL. 7. Yüzme teknik dergileri, Hacettepe Üniversitesi yayınları, ANKARA. 8. Maria Olaru, Sportif yüzme, 1996, Adana. 9. Swim Tecnique dergisi, 1998. 10. Swim Word Yüzme Dergileri, 1999 – 2002. 11. Yüzme öğretmen el kitabı, Yüzme atlama sutopu federasyonu, 1992, ANKARA. 12. Urbaniksy Norbert, çev. Dr. Apti Yaltırak Yüzme derslerinin metodu, , 1994, ANKARA. 13. Yüzme Antrenmanı, Seminer notları. 14. D.S.İ. Nilüferspor Doğru yüzme kitabı, 1986, Bursa. 15. YÜZME İnternet çevirileri.						
23	Assesment								
TERM L	EARNING ACTIVITIES	NUMBE R	WEIGHT						
Midtern	n Exam	1	20.00						
Quiz		1	10.00						
Home v	vork-project	1	10.00						
Final Ex	xam	1	60.00						
Total		4	100.00						
Contribution of Term (Year) Learning Activities to Success Grade			40.00						
Contribution of Final Exam to Success Grade			60.00						
Total			100.00						
Measurement and Evaluation Techniques Used in the Course			clasiccal and practical exam						
24	ECTS / WORK LOAD TABLE								

Activites		Number	Duration (hour	Total Work Load (hour)					
Theoretical		14	1.00	14.00					
Practicals/L	abs	14	2.00	28.00					
Self study a	and preperation	2	10.00	20.00					
Homeworks	3	2	10.00	20.00					
Projects		1	10.00	10.00					
Field Studie	es	0	0.00	0.00					
Midterm ex	ams	1	20.00	20.00					
Others		0	0.00	0.00					
Final Exam	S	1	2.00	2.00					
Total Work	Load			134.00					
Total work I	load/ 30 hr			3.80					
ECTS Cred	lit of the Course			4.00					
25 CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME									

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ1 0	PQ11	PQ12	PQ1 3	PQ14	PQ15	PQ16
ÖK1	4	1	2	2	3	3	2	2	2	2	0	0	0	0	0	0
ÖK2	2	3	3	2	4	2	2	2	2	2	0	0	0	0	0	0
ÖK3	5	4	3	3	3	5	5	4	2	5	0	0	0	0	0	0
ÖK4	4	4	4	4	4	4	3	4	5	5	0	0	0	0	0	0
ÖK5	4	4	3	3	4	5	4	4	4	5	0	0	0	0	0	0
ÖK6	5	5	5	4	5	4	4	4	4	4	0	0	0	0	0	0
ÖK7	4	5	5	4	4	5	5	4	4	4	0	0	0	0	0	0
ÖK8	3	4	4	5	4	4	5	5	5	5	0	0	0	0	0	0
ÖK9	5	4	4	4	4	4	3	5	4	4	0	0	0	0	0	0
ÖK10	5	3	4	4	3	4	3	4	3	4	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contrib 1 very low ution Level:		2	2 low	3 Mediu		um	4 High		5 Very High							