

# PSYCHOLOGY OF HEALTH

1	Course Title:	PSYCHOLOGY OF HEALTH
2	Course Code:	SOSP149
3	Type of Course:	Optional
4	Level of Course:	Short Cycle
5	Year of Study:	1
6	Semester:	2
7	ECTS Credits Allocated:	3.00
8	Theoretical (hour/week):	2.00
9	Practice (hour/week):	0.00
10	Laboratory (hour/week):	0
11	Prerequisites:	None
12	Language:	Turkish
13	Mode of Delivery:	Face to face
14	Course Coordinator:	Öğr. Gör. HÜLYA ZANBAK
15	Course Lecturers:	Psikolog Hülya Zanbak
16	Contact information of the Course Coordinator:	Hülya Zanbak hulyaz@uludag.edu.tr 0224-2950644 - 2950640
17	Website:	
18	Objective of the Course:	To learn about the science of psychology. And the right to communicate effectively with Patients and relatives to help. Given the behavior of health professionals in basic psychology, education and health care, awareness to the effects on Institutions by Increasing other people, is to increase the quality of service and communication skills.
19	Contribution of the Course to Professional Development:	
20	Learning Outcomes:	
	1	Introduce the science of Psychology
	2	To understand human behavior and learning theory
	3	Memory, reminders, and teaching not to forgetting the status
	4	Intelligence, personality and developmental psychology to gain information
	5	To learn ways to cope with stress
	6	Normal, abnormal behavior and psychological disorders, have them identify
	7	Give information about the psychology of patients and their relatives
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21	Course Content:	
	Course Content:	

Week	Theoretical	Practice
1	Psychology as a Science	
2	Historical development of psychology and Schools	
3	Research Methods in Psychology	
4	Behaviour	
5	Learning	
6	Human Learning and Memory	
7	Remembering and Forgetting	
8	Sensation and Perception	
9	Developmental psychology	
10	Intelligence	
11	Personality and Adjustment	
12	Stress	
13	Normal and Abnormal Behavior	

Activites		Number	Duration (hour)	Total Work Load (hour)
Theoretical	Materials: prepared. Abnormal Psychology, Understanding Psychology. Introduction to Psychology. Health	12	2.00	28.00
Practicals/Labs		0	0.00	0.00
Self study and preperation		13	1.00	13.00
Homeworks		1	15.00	15.00
Projects		0	0.00	0.00
Field Studies		0	0.00	0.00
Midterm Exam		1	15.00	15.00
Others		0	0.00	0.00
Home work-project		1	15.00	15.00
Final Exams		1	15.00	15.00
Total Work Load				86.00
Total work load/ 30 hr		2	100.00	2.87
ECTS Credit of the Course				3.00
Contribution of Final Exam to Success Grade		60.00		
Total		100.00		
Measurement and Evaluation Techniques Used in the Course				

24	<b>ECTS / WORK LOAD TABLE</b>
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25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	2	1	0	0	1	0	0	0	0	0	0	1	0	0	0	0

ÖK2	2	1	0	0	1	0	3	0	0	0	0	1	0	0	0	0
ÖK3	2	1	0	0	1	0	2	0	0	0	0	1	0	0	0	0
ÖK4	2	1	0	0	1	0	2	0	0	0	0	1	0	0	0	0
ÖK5	2	1	0	0	1	0	0	0	0	0	0	1	0	0	0	0
ÖK6	2	1	0	0	1	0	1	0	0	0	0	1	0	0	0	0
ÖK7	2	1	0	0	1	0	2	0	0	0	0	1	0	0	0	0
LO: Learning Objectives    PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			