

POSTTRAUMATIC PSYCHOLOGICAL COUNSELING

1	Course Title:	POSTTRAUMATIC PSYCHOLOGICAL COUNSELING	
2	Course Code:	RPD4004	
3	Type of Course:	Compulsory	
4	Level of Course:	First Cycle	
5	Year of Study:	4	
6	Semester:	8	
7	ECTS Credits Allocated:	3.00	
8	Theoretical (hour/week):	2.00	
9	Practice (hour/week):	0.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:	None	
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Prof. Dr. FİGEN AKÇA	
15	Course Lecturers:		
16	Contact information of the Course Coordinator:	Prof. Dr. Figen Akça U.Ü. Eğitim Fakültesi 16056 Nilüfer Bursa E Mail: figenakca@uludag.edu.tr Tel: +902942278	
17	Website:		
18	Objective of the Course:	Recognize post-traumatic disorder, child, adolescent, family, and to learn about ways to study	
19	Contribution of the Course to Professional Development:		
20	Learning Outcomes:		
		1	To define the trumatic experiences and reaction to traumatic experience
		2	to explain the post-traumatic reactions in children
		3	to explain the post-traumatic reactions in adolescence
		4	to explain the post-traumatic reactions in adulth
		5	to explain Determining Factors of traumatic experiences
		6	to discuss properties of the trauma-resistant individuals
		7	to explain post-traumatic psychological counseling services
		8	to explain outline of the study with children
		9	to explain outline of the study with family
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21	Course Content:		
		Course Content:	
Week	Theoretical	Practice	
1	Traumatic experiences		
2	Reactions to traumatic experiences		
3	Effects of trauma on individuals and families		
4	Determining Factors of traumatic experiences		

5	Distortion-normal life after the traumatic event and the Importance of the Role of Schools	
6	Characteristics of traumatic events Resistant Individuals	
7	MidTerm Exam	
8	Post-traumatic growth	
9	relief workers in the post-traumatic stress disorder	
10	After trauma specialist help	
11	Outline of the study, with children	
12	Outline of the study with family	
13	Outline of the study with teacher	
14	After a Traumatic Event psychoeducation program	

22	Textbooks, References and/or Other Materials:	Başıoğlu, M. (1992). Psikolojik travma sonrası stres hastalığı: Psikolojik kuramlar, tedavide yeni gelişmeler ve güncel konular. Türk Psikiyatri Dergisi, 3, 9–21. Dyregrov, A. (2000). Çocuk, kayıplar ve yas: Yetişkinler için el kitabı. Ankara: Türk Psikologlar Derneği Yayınları. Ekşi, A. (2000). Travma sonrası stres bozukluğu; depremi yeniden yaşama, yenileyen davranışlar, aşırı uyarılma ve kaçınma örnekleri. Türk Psikiyatri Dergisi, 11 (4), 309–317. Herbert, C. & Sungur, M. Z. (1999). Travmayı ve deprem
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Activites	Number	Duration (hour)	Total Work Load (hour)
Theoretical	Türk Psikoloji Bülteni Yayınları. Hergrofe Yayınevi. (1999). Travma sonrası stres bozukluğu: Yazar.	2.00	28.00
Practicals/Labs	0	0.00	0.00
Self study and preperation	Yazar. Kılıç F. Z. Uslu B. İ. Erden G. ve Kerimoğlu E. (1999).	2.00	24.00
Homeworks	1	8.00	8.00
Projects	alel etmenler. Kriz Dergisi, 7 (2), 1-8. Özkan N. Aydın G. Eroğlu C. ve Stuvland B. (2001).	10.00	10.00
Field Studies	0	0.00	0.00
Midterm exams	Baskı). Ankara: MEB Yayınları. Yarlık Ö. Türkbay T. Ekmen M. Demirkan S. Ve	10.00	10.00
Others	0	0.00	0.00
Final Exams	stres bozukluğu belirtilerinin araştırılması. Çocuk ve Gençlik Ruh Sağlığı Dergisi, 6, 158–164.	10.00	10.00
Total Work Load			90.00
23 Assessment			3.00
ECTS Credit of the Course			3.00

Midterm Exam	1	20.00
Quiz	1	10.00
Home work-project	1	20.00
Final Exam	1	50.00
Total	4	100.00
Contribution of Term (Year) Learning Activities to Success Grade		50.00
Contribution of Final Exam to Success Grade		50.00
Total		100.00
Measurement and Evaluation Techniques Used in the Course		

24	ECTS / WORK LOAD TABLE															
25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	4	0	2	0	0	3	0	0	0	0	0	0	0	0	0	0
ÖK2	4	0	3	0	2	0	0	3	0	0	0	0	0	0	0	0
ÖK3	4	2	0	4	0	0	3	0	0	0	0	0	0	0	0	0
ÖK4	5	4	0	0	3	0	3	0	0	0	2	0	0	0	0	0
ÖK5	4	3	0	2	0	0	0	3	0	0	0	0	0	0	0	0
ÖK6	5	3	0	2	0	3	0	0	0	0	0	0	0	0	0	0
ÖK7	4	4	0	3	0	4	0	0	2	0	0	0	0	0	0	0
ÖK8	5	3	0	2	0	1	0	0	3	0	0	0	0	0	0	0
ÖK9	4	0	2	0	2	0	0	0	0	0	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low			2 low			3 Medium			4 High			5 Very High			