

MENTAL HEALTH IN SCHOOL

1	Course Title:	MENTAL HEALTH IN SCHOOL	
2	Course Code:	RPD0008	
3	Type of Course:	Optional	
4	Level of Course:	First Cycle	
5	Year of Study:	2	
6	Semester:	3	
7	ECTS Credits Allocated:	4.00	
8	Theoretical (hour/week):	2.00	
9	Practice (hour/week):	0.00	
10	Laboratory (hour/week):	0	
11	Prerequisites:		
12	Language:	Turkish	
13	Mode of Delivery:	Face to face	
14	Course Coordinator:	Prof. Dr. FİGEN AKÇA	
15	Course Lecturers:	Prof. Dr. FİGEN AKÇA	
16	Contact information of the Course Coordinator:		
17	Website:		
18	Objective of the Course:		
19	Contribution of the Course to Professional Development:		
20	Learning Outcomes:		
	1	Defines mental health; describe the characteristics of individuals with mental health; lists normal and abnormal behavior criteria.	
	2	Define the factors affecting mental health depending on the characteristics of personality development and explain the difference from adult mental health.	
	3	Knows how to work with reflections of mental health threats to the educational environment at school.	
	4	Knows how mental health counseling is handled from the perspective of school administrators and field teachers and can provide consultation services.	
	5	Knows the effects of open and implicit programs on students' mental health and can make necessary measures and practices	
	6	Internal and external migration, disadvantaged students and the reflection of the problems arising from cultural differences on mental health at school, and make the necessary guidance and interventions.	
	7	Can explain the effects of personality differences on learning factors created by students according to personal and educational guidance.	
	8	Discusses suggestions for families and teachers on the prevention and correction of various emotional and behavioral problems in children.	
	9	He / she can relate positive mental health and mental well-being models to positive psychology practices.	
	10	Recognizes the basic counseling approaches used to respond to mental health problems in children and adolescents.	

21	Course Content:			
	Course Content:			
Week	Theoretical	Practice		
1	Course introduction and definition of mental health			
2	Concepts and historical process related to mental health			
3	Mental health in the family			
4	4 Çocuk ve ergen gelişim dönemlerinin okul ruh sağlığı kapsamında ele alınması Addressing child and adolescent development periods within the scope of school mental health			
5	Mental Health Consultancy			
6	Perspectives of school administrators and field teachers on mental health			
7	Midterm			
8	Student's personality development and reflections on learning			
9	Explicit and implicit programs and mental health			
10	Internal migration, external migration, stigmatization and mental health			
11	Internalized-extroverted personality structure			
Activites		Number	Duration (hour)	Total Work Load (hour)
13	Theoretical Counseling theories and approaches applied	14	2.00	28.00
Practicals/Labs		0	0.00	0.00
14	General evaluation	12	2.00	24.00
Self study and preperation				
Homeworks		1	24.00	24.00
Projects	Materials:	1. Arıcioglu, A. (2008). Okullarda Ruh Sağlığı Hizmetleri. Kuramsal Eğitimbilim 1 (2): 76-83. Ankara: Hacettepe	6.00	6.00
Field Studies		2. Firdevs Savi Cakar (2018) Öncevici Psikolojik Danışma	0.00	0.00
Midterm exams		3. Arıcioglu, A. (2008). Okullarda Ruh Sağlığı Hizmetleri. Kuramsal Eğitimbilim 1 (2): 76-83. Ankara: Hacettepe	10.00	10.00
Others		3	6.00	18.00
Final Exams		4. Çokamay, G., Kapçı, E.G. & Sever, M. (2017). Okul Ruh sağlığı hizmetlerinde yaşanan sorunlar: Psikolojik	10.00	10.00
Total Work Load				120.00
Total work load/ 30 hr		4.00,		4.00
ECTS Credit of the Course				4.00
		7. Yönelir, B. (2015). Öğrenme ilişkileri: eğitimde psikanalitik düşünce. Bağlam Yayıncılık. 8. Waller, R.J. (2017). Mental health promotion in schools: Foundations. Electronic reproduction. Ann Arbor, Michigan: ProQuest Central. 9. http://dergipark.gov.tr/download/article-file/184699 10. Büyükkaragöz, S. S. (1986). Okulda Ruh Sağlığı. Necmettin Erbakan Üniversitesi İlahiyat Fakültesi Dergisi, 2(2).		
23	Assesment			
TERM LEARNING ACTIVITIES		NUMBE R	WEIGHT	
Midterm Exam		1	40.00	
Quiz		0	0.00	
Home work-project		0	0.00	

Final Exam	1	60.00
Total	2	100.00
Contribution of Term (Year) Learning Activities to Success Grade	40.00	
Contribution of Final Exam to Success Grade	60.00	
Total	100.00	
Measurement and Evaluation Techniques Used in the Course		
24	ECTS / WORK LOAD TABLE	

25	CONTRIBUTION OF LEARNING OUTCOMES TO PROGRAMME QUALIFICATIONS															
	PQ1	PQ2	PQ3	PQ4	PQ5	PQ6	PQ7	PQ8	PQ9	PQ10	PQ11	PQ12	PQ13	PQ14	PQ15	PQ16
ÖK1	2	1	0	0	0	5	0	0	2	3	0	0	0	0	0	0
ÖK2	0	0	0	0	0	4	0	0	3	3	0	0	0	0	0	0
ÖK3	0	0	0	0	0	4	0	0	2	2	0	0	0	0	0	0
ÖK4	0	0	0	0	0	2	0	0	2	2	0	0	0	0	0	0
ÖK5	0	0	0	0	0	2	0	0	2	3	0	0	0	0	0	0
ÖK6	0	0	0	0	0	3	0	5	2	3	0	0	0	0	0	0
ÖK7	0	0	0	0	0	3	0	0	2	2	0	0	0	0	0	0
ÖK8	0	0	0	0	0	3	0	0	2	2	0	3	0	0	0	0
ÖK9	0	4	0	0	0	2	0	0	1	2	0	0	0	0	0	0
ÖK10	0	0	0	0	0	2	0	0	0	3	0	0	0	0	0	0
LO: Learning Objectives PQ: Program Qualifications																
Contribution Level:	1 very low		2 low		3 Medium		4 High		5 Very High							